

# PLACE

PLATFORM OF LABORATORIES FOR ADVANCES IN CARDIAC EXPERIENCE

**ROMA**

Centro Congressi  
di Confindustria

**Auditorium  
della Tecnica**

**9ª Edizione**

**30 Settembre**

**1 Ottobre**

**2022**

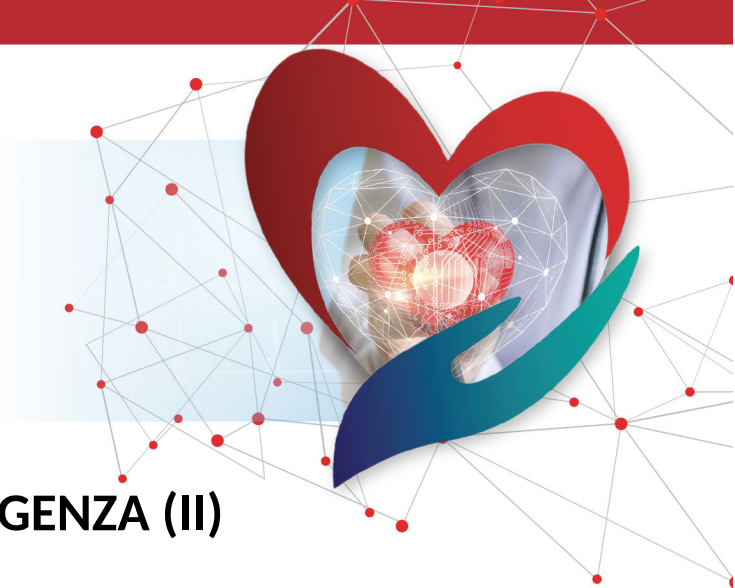
## **TEN MINUTES ANSWERS IN CARDIOLOGIA D'URGENZA (II)**

Insufficienza cardio-respiratoria acuta in PS:  
utilità di una NIV precoce e modalità di ventilazione

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# INSUFFICIENZA RESPIRATORIA ACUTA

*Arterial Hypoxemia*



*End-organ Hypoxia*



*Anoxic brain injury*



*Cardiac Arrest*



## Indications and practical approach to non-invasive ventilation in acute heart failure

Nearly 90% of AHF patients complain of dyspnoea but fewer than half present respiratory failure affecting blood gas analysis, in form of hypoxaemia, hypercapnia or acidosis



## Indications and practical approach to non-invasive ventilation in acute heart failure

### AHF AND....

- ✓ COPD
- ✓ ASTHMA
- ✓ LARGE PLEURAL EFFUSION
- ✓ ATELECTASIS
- ✓ PULMONARY EMBOLISM

*may precipitate or aggravate respiratory failure*



# Insufficienza cardio-respiratoria acuta in PS

## Insufficienza Cardiaca Acuta (AHF)

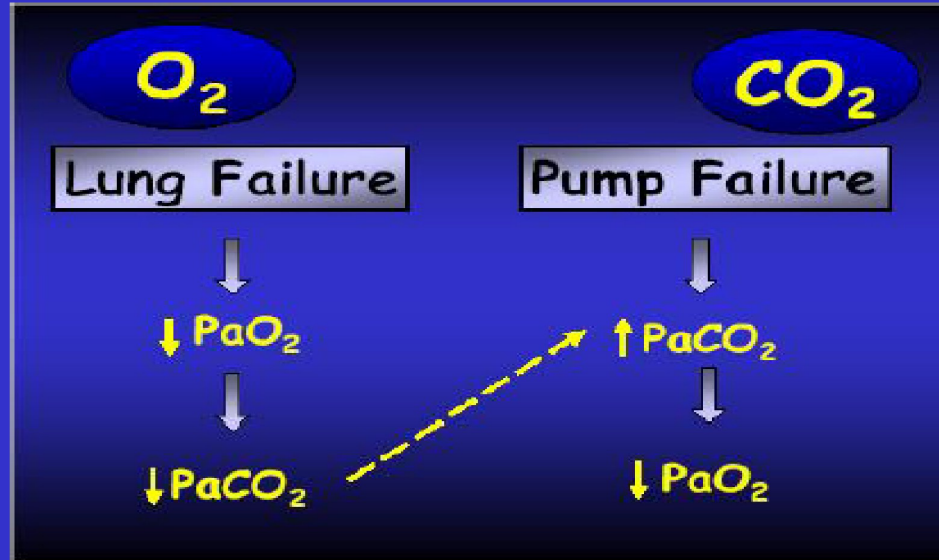
Edema Polmonare Acuto Cardiogeno  
Shock Cardiogeno

## ACUTE HYPOXEMIC RESPIRATORY FAILURE

- INCREASED BREATHING FREQUENCY
- LOW OXYGEN SATURATION OR  $\text{PaO}_2/\text{FiO}_2$  while receiving supplemental oxygen

# Fatica dei muscoli respiratori

- **Condizione caratterizzata dall'incapacità di un muscolo di sviluppare forza o velocità contrattile in seguito ad un aumentato carico di lavoro, reversibile dopo il riposo**
- **Il volume corrente dei gas (volume minuto) non è più in grado di soddisfare le richieste dell'organismo**







## Indications and practical approach to non-invasive ventilation in acute heart failure

### Acute Cardiogenic pulmonary oedema

*Pulmonary Oedema is the second most frequent (after pneumonia) acute parenchymal alteration causing Respiratory Failure*

- ✓ *Rapid increase in pulmonary hydrostatic pressure and trans-vascular fluid filtration*
- ✓ *Excess of interstitial and alveolar fluid € significant reduction of gas exchange and a concomitant shunt effect*

*Cardiorespiratory collapse in hours or minutes unless therapeutic action is taken*



## Indications and practical approach to non-invasive ventilation in acute heart failure

**Table 1** Diagnostic criteria for acute cardiogenic pulmonary oedema

### Clinical criteria (all of them)

- Acute respiratory distress<sup>1</sup>
- Physical examination<sup>2</sup>
- Orthopnoea
- Respiratory failure<sup>3</sup>

### Diagnostic confirmation (at least two of the following)

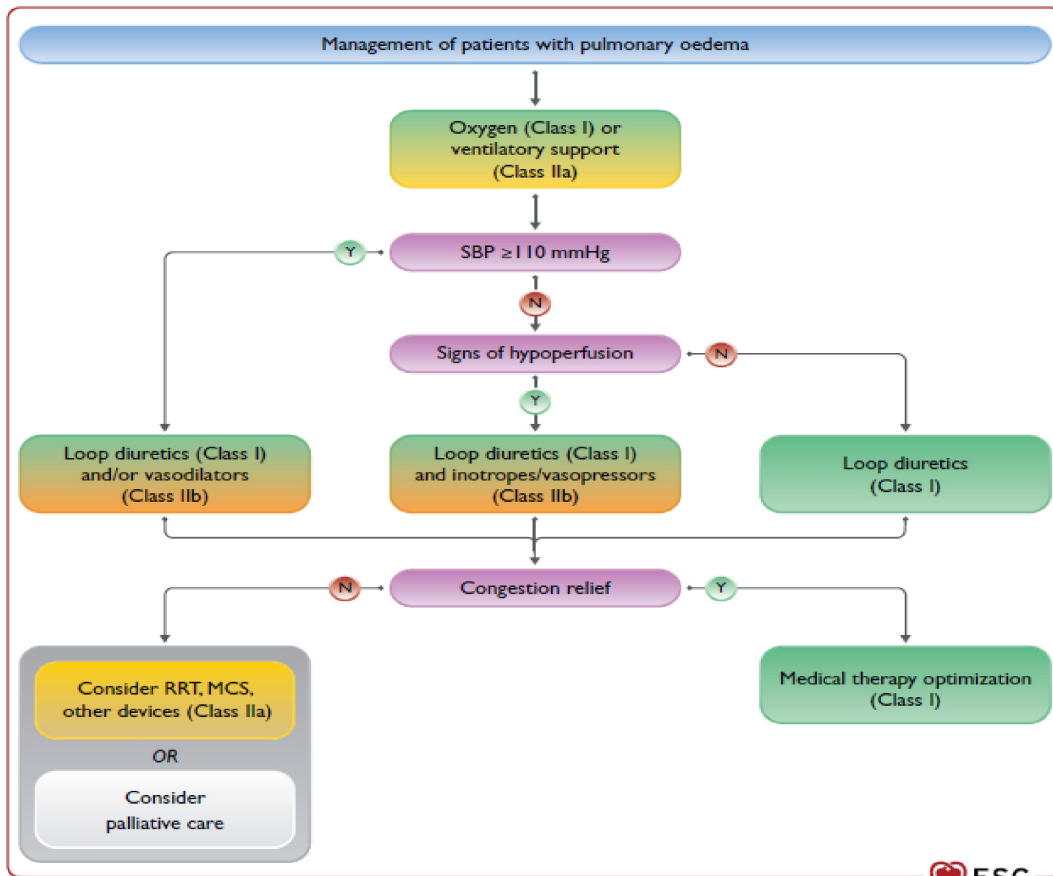
- Clear signs of pulmonary congestion on chest radiography or CT scan
- Multiple B-lines on lung ultrasound<sup>4</sup>
- Elevated pulmonary capillary pressure on catheterization
- Increased total lung water on pulse contour and thermodilution analysis system
- Signs of elevated filling pressures on echocardiography<sup>5</sup>
- Significant elevation of natriuretic peptides<sup>6</sup>

- (1) Respiratory distress: Acute increase in the work of breathing (assessed by single inspection), significant tachypnea ( $RR > 25$  breaths/min)<sup>a</sup>, may be with the use of accessory muscles or abdominal paradox
- (2) Crackles  $\pm$  wheezes over the lungs, third heart sound<sup>b</sup>
- (3) Oxygen saturation on room air by pulse-oximetry ( $SpO_2$ )  $< 90\%$ . Arterial blood gases may also show  $PaO_2 < 60$  mmHg,  $PaCO_2 > 45$  mmHg or  $PaO_2/FiO_2 < 300$  mmHg
- (4)  $\geq 3$  B-Lines in two chest zones on each hemithorax<sup>7,8</sup>
- (5)  $E/E' > 15$ . Other parameters of elevated left atrial pressure may also be considered
- (6) Natriuretic peptides<sup>c</sup> BNP  $> 400$  or N-ProBNP  $> 900$  (or 1800 in  $> 75$  years)

<sup>a</sup>Respiratory rate may be lower and orthopnoea may be absent in obtunded patients.

<sup>b</sup>Patients with low systolic blood pressure (i.e.  $< 90$  mmHg) may be considered to have cardiogenic shock rather than ACPE.

<sup>c</sup>In 'flash pulmonary oedema' BNP may be lower. RR, respiratory rate; CT, computer tomography.





European Heart Journal (2021) 42, 3599–3726

## **2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure**

- *Non invasive positive pressure ventilation, either continuous positive airway pressure and pressure support, improves oxygenation and ph and decreases pCO<sub>2</sub> and work of breathing.*
- *Meta-analyses suggest it may improve dyspnoea and reduce the need for intubation and mortality, compared with traditional oxygen therapy*
- *Non-invasive positive pressure ventilation should be started as soon as possible in patients with respiratory distress (respiratory rate > 25 breaths/min, spO<sub>2</sub> < 90%) to improve gas exchange and reduce the rate of endotracheal intubation.*
- *The fraction of inspired oxygen (FiO<sub>2</sub>) should be increased up to 100%, if necessary, according to oxygen saturation level*



## Indications and practical approach to non-invasive ventilation in acute heart failure

### Cardiogenic shock

- When Cardiogenic Shock is secondary to *LV failure*, acute *respiratory failure* is nearly *always present*, with concomitant *pulmonary oedema* and *tissue hypoperfusion*.
- The reduction in Lung Perfusion produces an *increas in pulmonary dead space* (some ventilated areas receive less blood) *increasing the ventilation perfusion mismatch*

Reconsidering Vasopressors for  
Cardiogenic Shock  
Everything Should Be Made as Simple as Possible, but Not Simpler

*Pierre Squara, MD; Steven Hollenberg, MD; and Didier Payen, MD, PhD*

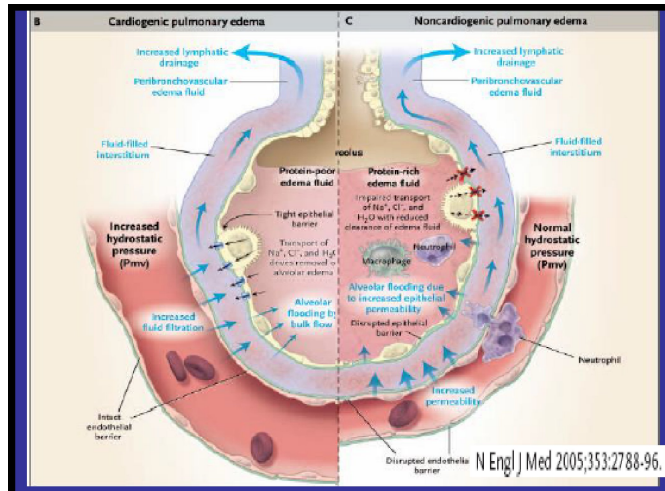
**CHEST 2019; 156(2):392-401**

*After time, in any shock state the symptoms can be dominated in different proportion by the systemic inflammatory response*

*Compensatory mechanisms may be less efficient €  
alterations in myocardial contraction, lung function, microcirculation and organ function*

*The response to vasoactive mediators and drugs can be severely altered*

# ARDS



Chiumello and Brioni *Critical Care* (2016) 20:132  
DOI 10.1186/s13054-016-1304-7

## Lung Edema

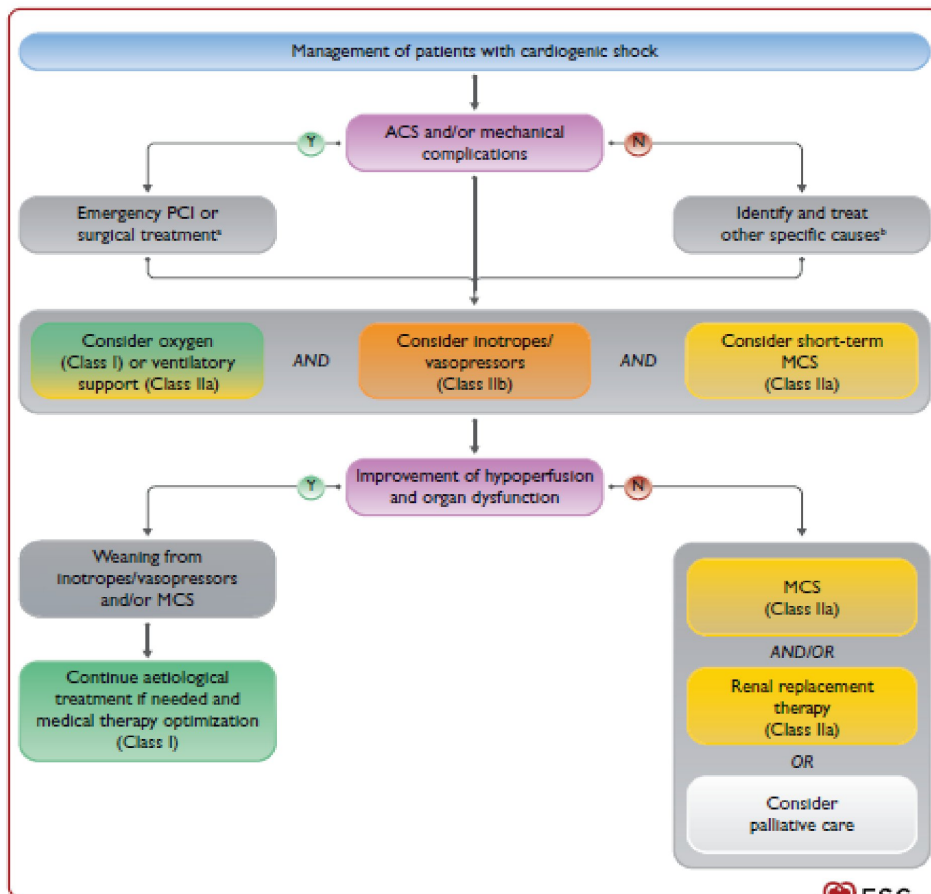
*Increased Pleural Pressure*

*Increased Hydrostatic Pressure*

*Reduced Lung Gas Volume*

**Nonaerated Regions**

Consolidated or Atelectatic  
Mainly in the more dependent lung  
regions







## Indications and practical approach to non-invasive ventilation in acute heart failure

**Table 2** Main physiologic effects of positive intrathoracic pressure

### Cardiovascular

↓ Venous return → ↓ RV preload → ↓ LV preload

↑ Pulmonary vascular resistance → ↑ RV afterload → RV enlargement  
 → ↓ LV Compliance

↓ LV afterload (↓ systolic wall stress)

↓ Systemic blood pressure → ↓ Cardiac output<sup>a</sup>



### Respiratory

Recruitment of collapsed alveoli → ↑ Functional residual capacity

Maintenance continuously opened alveoli → Gas exchange during the whole respiratory cycle

Intra-alveolar pressure against oedema

↓ Work of breathing

↑ Oxygenation

<sup>a</sup>In patients with AHF with elevated LV preload and afterload, cardiac output may increase as consequence of the application of positive intrathoracic pressure. RV, right ventricle; LV, left ventricle.

*In AHF patients with elevated preload and afterload PIP may increase cardiac output by reducing both pre- and after load*

*Isolated RV dysfunction: PIP may be detrimental increase in RV afterload precipitates or aggravates RV failure*



## Indications and practical approach to non-invasive ventilation in acute heart failure

### Cardiogenic Shock

*Although the use of NIV remains limited in hypotensive patients, it may be cautiously considered in selected CS patients without severe haemodynamic instability*

*The potential use of HFNC in this context should be assessed*



## Noninvasive Ventilation and Oxygenation Strategies

Patrycja Popowicz, MD, MS<sup>a,\*</sup>, Kenji Leonard, MD<sup>b,1</sup>

*Surg Clin N Am* 102 (2022) 149–157



### High Flow Nasal Cannulas

- Blend 100% O<sub>2</sub> and room air to produce gas with the desired FiO<sub>2</sub>
- High enough flow up to 60 L/min providing heated humidified air
- Delivery of air volumes greater than physiological tidal volume creating greater oxygen diffusion gradient
- Wash out of physiological dead space
- Increased tidal volume
- Increased end expiratory volume
- Approximate 1 mmHg of PEEP for every 10L/min of flow

## ACUTE HYPOXEMIC RESPIRATORY FAILURE

2017 American Thoracic Society AND European Respiratory Society

### LINEE GUIDA

**Table 1. Current Guidelines for Adult Noninvasive Ventilation**

Patient Category	Recommendation	Certainty of Evidence
Hypercapnic COPD exacerbation	Do it*	High
Cardiogenic pulmonary edema	Do it*	Moderate
Postoperative patients	Do it	Moderate
Palliative care	Do it	Moderate
Immunocompromised	Do it	Moderate
Postextubation in patients at high risk	Do it	Low
Trauma	Do it	Moderate
Weaning patients who are hypercapnic	Do it	Moderate
Prevention of hypercapnia COPD exacerbation	Do not do it	Low
Postextubation respiratory failure	Do not do it	Low
Acute asthma exacerbation	No recommendation	
De novo respiratory failure	No recommendation	
Pandemic viral illness	No recommendation	

\* Indicates a strong recommendation, all other recommendations (for or against) are conditional; further evidence may impact the certainty of effect for conditional recommendations (From Reference 13).

## ACUTE HYPOXEMIC RESPIRATORY FAILURE

*NIV: BENEFICIO CERTO*

- ✓ *Edema Polmonare Acuto Cardiogeno (CPAP O NIV € riduzione mortalità ed IOT)*
- ✓ *Pazienti post-operati (resezione polmonare, chirurgia addominale)*
- ✓ *Trauma toracico (CPAP O NIV € riduzione mortalità, IOT, degenza in T.I. e polmonite nosocomiale)*

# ACUTE HYPOXEMIC RESPIRATORY FAILURE

*2017 American Thoracic Society AND European Respiratory Society*

*LINEE GUIDA*

*L'USO DELLA NIV NON E' RACCOMANADATO NELL'INSUFFICIENZA RESPIRATORIA IPOSSICA ACUTA DI NUOVA INSORGENZA.*

## **INSUFFICIENZA RESPIRATORIA IPOSSICA ACUTA DI NUOVA INSORGENZA**

*(De Novo Hypoxemic Respiratory Failure):*

*Insufficienza respiratoria ipossica in assenza di sottostante patologia cronica dell'apparato respiratorio o di scompenso cardiaco (sepsi, polmonite, atelettasia)*

**TASSO DI INTUBAZIONE DOPO TRATTAMENTO CON NIV 50 – 66%**

## CPAP Continuous Positive Airway Pressure

- La pressione applicata durante la fase inspiratoria è uguale alla pressione di fine espirazione.
- Inizio e fine dell'inspirazione sono determinate dal paziente
- Flusso e Volume sono completamente generati dai muscoli del paziente

***Il suo uso è appropriato quando i muscoli respiratori del paziente sono in grado di generare una forza muscolare sufficiente***

## Effetti della CPAP

### Miglioramento dell'ossigenazione ( $PaO_2$ )

- *Riduzione della probabilità del collasso delle piccole vie aeree*
- *Riapertura delle aree atelettasiche del polmone (reclutamento alveolare)*
- *Aumento della CFR e quindi della compliance*



***“However CPAP is not indicated in the presence of symptomatic CO<sub>2</sub> retention”***



## **Non-invasive ventilation in cardiogenic pulmonary edema**

**Giuseppe Bello, Paolo De Santis, Massimo Antonelli**

*Ann Transl Med* 2018;6(18):355

### **NON INVASIVE VENTILATION (NIV)**

- Mechanical respiratory support using techniques that do not bypass the upper airway
- Is generally delivered using a combination of pressure support ventilation (PSV) plus positive end-expiratory pressure (PEEP)
- Unlike NIV, CPAP does not deliver ventilation per se because it does not assist inspiration

## OBIETTIVI DELLA NIV

- *Ridurre il lavoro respiratorio*
- *Migliorare gli scambi gassosi*
- *Ridurre Intubazione Oro - Tracheale*





## Indications and practical approach to non-invasive ventilation in acute heart failure

### CPAP OR NIPPV

*«Either technique can be used as first line in ACPE but it seems reasonable to prefer NIPPV in patients with severe hypercapnia, although little evidence supports this recommendation»*

## Non-invasive Ventilation Guidelines for Adult Patients with Acute Respiratory Failure 2014

16.	Patients receiving NIV are to be positioned to achieve maximal chest wall movement and prevent upper airway obstruction <sup>3</sup> .	Consensus
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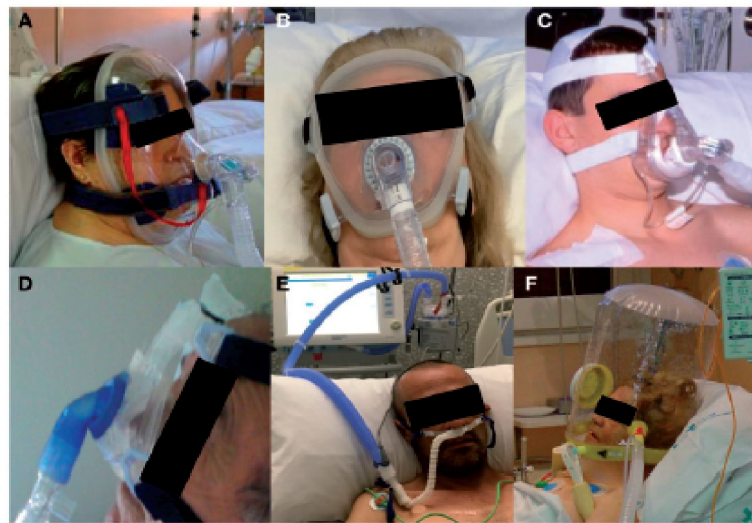
### ***Position of patient***

The patient should be in a sitting or semi-recumbent position in bed. Consider side lying position to remove pressure from a pendulous abdomen (obesity / pregnancy).

30.	Patients are to be encouraged to sit out of bed as tolerated. When in bed they are to be positioned in an upright position to facilitate chest wall expansion.	Pressure Injury Prevention Guideline
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## Indications and practical approach to non-invasive ventilation in acute heart failure



**Figure 3** Main interfaces used in non-invasive ventilation (NIV). (A–B) Two different models of *total-face mask* (probably with the best patient-ventilator adaptation)<sup>65</sup>; (C) *Oronasal mask*: the most used interface; (D) *Nasal mask* not indicated in patients breathing by the mouth as those with acute pulmonary oedema. (E) *High-flow nasal cannula*: (see text); (F) *Helmet*: mostly used for continuous positive airway pressure mode, it allows more patient autonomy (speaking and eating), convenient when anticipating prolonged NIV. Other interfaces like *nasal pillows*, *mouthpieces* or *laryngeal masks* are usually not considered in acute heart failure.



Davidson AC, et al. *Thorax* 2016;**71**:ii1–ii35. doi:10.1136/thoraxjnl-2015-208209

## Choice of interface for NIV

### *Recommendation*

2. A full face mask (FFM) should usually be the first type of interface used (Grade D).

### *Good practice points*

- ▶ A range of masks and sizes is required and staff involved in delivering NIV need training in and experience of using them.
- ▶ NIV circuits must allow adequate clearance of exhaled air through an exhalation valve or an integral exhalation port on the mask.



## Non-invasive Ventilation Guidelines for Adult Patients with Acute Respiratory Failure 2014

The helmet is a special interface device designed to contain the head of the patient completely and it provides a seal all around the patient's neck. The helmet may have several advantages compared to other interfaces. It allows relatively free movement of the head while maintaining a good seal without compression on the face or head. The lack of pressure points on the face avoids the main complications associated with the use of a face mask: intolerance, pain and skin necrosis<sup>42</sup>. However, concerns in relation to use of helmets with hypercapnic patients include less efficient correction of PaCO<sub>2</sub><sup>43</sup> and increased patient ventilator asynchrony compared with face masks<sup>44</sup>.

**When using helmet, high gas flow (40 – 60 L/min) is required to maintain a low inspired partial pressure of CO<sub>2</sub>**







## Indications and practical approach to non-invasive ventilation in acute heart failure

**Table 4** Contraindications of NIV

Absolute	Cardiac or respiratory arrest
	Anatomical abnormality (unable to fit the interface)
	Inability to keep patent airway (uncontrolled agitation, coma <sup>a</sup> or obtunded mental status)
Relative	Refractory hypotension
	Mild agitation or poor cooperation
	Mild hypotension
	Upper gastrointestinal haemorrhage or vomiting
	Inability to expectorate copious secretions
	Recent frail upper gastrointestinal or airway surgery
	Multorgan failure
Isolated right ventricular failure	

<sup>a</sup>Modalities like NIV with volume controlled or 'Average volume assured pressure support' have been used in hypercapnic encephalopathy.



# Indications and practical approach to non-invasive ventilation in acute heart failure

**Table 5 Monitoring NIV**

**Patient**

Respiratory rate  
 Other vital signs  
 Dyspnoea/accessory muscle use/abdominal paradoxical breathing  
 Level of consciousness  
 Comfort with the interface  
 Collaboration

**Ventilator parameters**

Tidal volume (>4 mL/Kg; 6–7 mL/Kg) and minute ventilation  
 Air leakage volume (<0,4 L/s or <25 L/min)  
 Pressure support and PEEP settings  
 Asynchrony (ineffective efforts, auto-triggering, double-triggering, short/long cycle)<sup>a</sup>  
 Trigger/slope (ramp)/inspiration time/expiration settings  
 Auto-PEEP  
 Alarms (apnoea or high respiratory rate, low/high minute ventilation, others)

**Gas exchange**

Continuous pulse-oximetry (SpO<sub>2</sub>)  
 Arterial or venous blood gas samples<sup>b</sup>

**Risk factors of failure**

**Before initiation**

Lung infection  
 Altered mental status  
 Hypotension  
 High severity scores  
 Copious secretions  
 Extremely high respiratory rate  
 Severe hypoxaemia in spite of high FiO<sub>2</sub>

**After initiation**

Inappropriate ventilator settings  
 Unfitting interface  
 Excessive air leakage  
 Asynchrony with the ventilator  
 Poor tolerance to NIV

**After 60–90 min**

No reduction in respiratory rate or carbon dioxide  
 No improvement in pH or oxygenation (↓SpO<sub>2</sub> or ↓PaO<sub>2</sub>/FiO<sub>2</sub>)  
 Signs of fatigue  
 Neurological or underlying disease impairment

**Criteria for endotracheal intubation**

Cardiac or respiratory arrest  
 Progressive worsening of altered mental status  
 Progressive worsening of pH, PaCO<sub>2</sub>, or PaO<sub>2</sub> despite NIV  
 Progressive signs of fatigue during NIV  
 Need to protect the airway  
 Persistent haemodynamic instability  
 Agitation or intolerance to NIV with progressive respiratory failure



## Non-invasive Ventilation Guidelines for Adult Patients with Acute Respiratory Failure 2014

7.	<p>a) <b>Initial settings for bi-level positive airway pressure (BPAP)</b>: inspiratory positive airway pressure (IPAP) of 10cmH<sub>2</sub>O and expiratory positive airway pressure (EPAP) of 4-5cmH<sub>2</sub>O= pressure support (PS) level of 5-6cm H<sub>2</sub>O <sup>3,5</sup>.</p> <p>b) <b>Initial settings for continuous positive airway pressure (CPAP)</b>: 5cmH<sub>2</sub>O <sup>3,5</sup>.</p>	C
8.	<b>Increases to IPAP</b> of 2-5cmH <sub>2</sub> O can be undertaken every 10 minutes or as clinically indicated until therapeutic response is achieved. <b>The maximum IPAP</b> should not exceed 20 – 23 cmH <sub>2</sub> O <sup>3</sup> .	C
9.	<b>The target tidal volume of 6-8mls/kg (ideal body weight)</b> is the target for all adult patients <sup>4</sup> .	C
10.	<b>Optimal non-invasive positive pressure ventilation (NIV)</b> is the lowest pressure and lowest FiO <sub>2</sub> that achieve SaO <sub>2</sub> of 90% or PaO <sub>2</sub> of 60mmHg without further clinical deterioration <sup>6</sup> .	Consensus



## Indications and practical approach to non-invasive ventilation in acute heart failure

### Practical aspects

- The key issue is optimal synchronization between the patient's spontaneous breathing and the ventilator
- Air leakage is often involved in case of asynchrony, which may be reduced by one or more of adjusting the mask, shortening inspiration time, changing pressure support by steps of 2 cm H<sub>2</sub>O or moving inspiratory and expiratory triggers by steps of 5 – 10% or finally giving sedation
- In general a leak < 0.4/L/s may be tolerated (< 25L/min)



## Indications and practical approach to non-invasive ventilation in acute heart failure

### Practical aspects

The most important attribute of the equipment is leakage compensation through an increase in air flow (up to 120 – 180L/min)

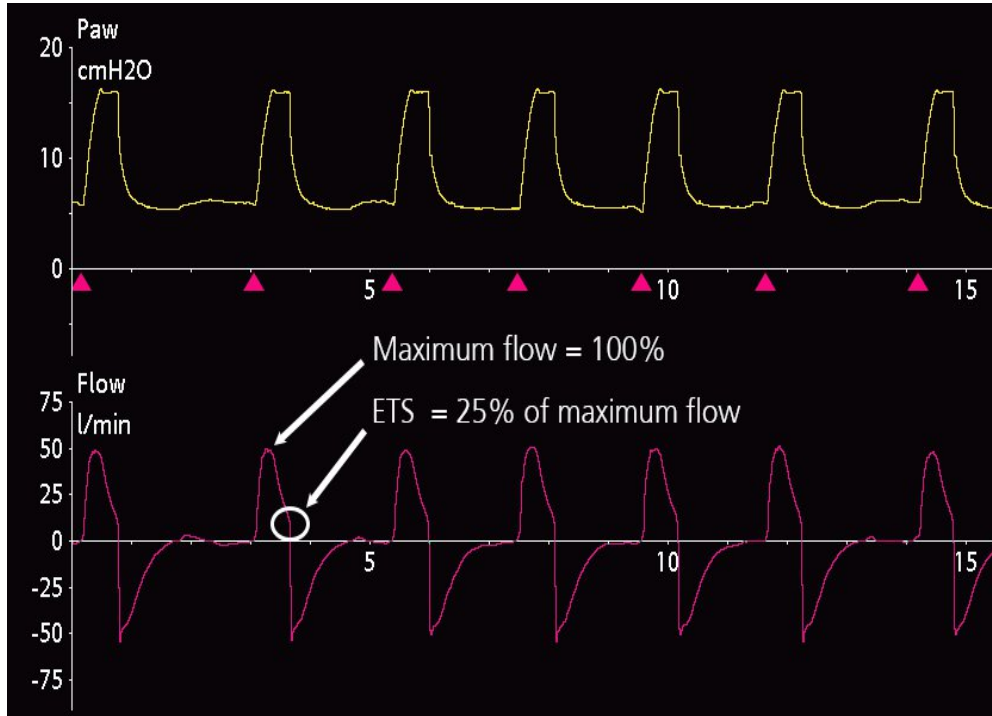
# Ti max

*If gas leakage is significant and the set cycle is not reached*

*BACK UP*

*The ventilator switches to exhalation when the set Ti max is reached so that inspiration can be terminated*

# Expiratory trigger sensitivity (ETS)



Percent of peak inspiratory flow at which the ventilator cycles from inspiration to exhalation

Increasing ETS setting ☾ shorter inspiratory time

Decreasing ETS setting ☽ longer inspiratory time



## Indications and practical approach to non-invasive ventilation in acute heart failure

# ASYNCHRONY

Ineffective efforts

Respiratory efforts not followed by a cycled response from the ventilator

Auto-triggering or double-triggering

Cycled respiration out of patients' demand

*Tuning the Inspiratory trigger*

*Adjusting the level of Pressure Support*



# Double Triggering

- ✓ SHORT INSPIRATORY TIME
- ✓ INSUFFICIENT PRESSURE SUPPORT

PREMATURE CYCLING

INSPIRATORY MUSCLES CONTINUE TO CONTRACT

THE VENTILATOR ANTICIPATES A SECOND EFFORT

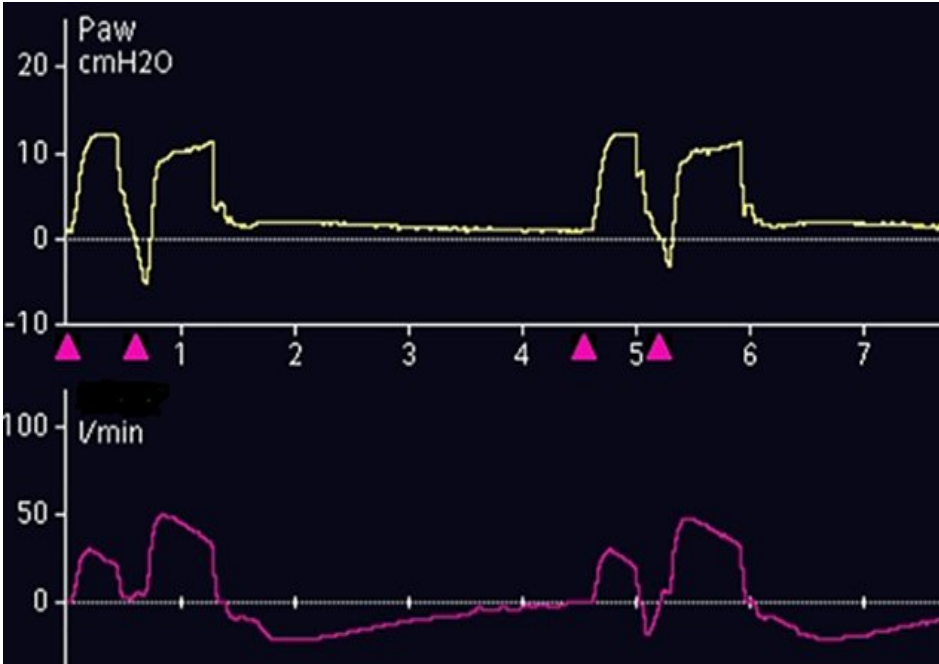
HIGHER TIDAL VOLUME

HIGHER WORK OF BREATH

**DECREASE ETS IN INCREMENTS OF 10% TO LENGTHEN THE INSPIRATORY TIME**

**ADJUST  $Ti_{max}$**

**INCREASE  $P_{support}$  TO ACHIEVE THE DESIRED TIDAL VOLUMES**





# Indications and practical approach to non-invasive ventilation in acute heart failure

## ASYNCHRONY

Prolonged cycle (delayed cycling off)

Cycled mechanical inspiratory time longer than patient's inspiratory time

*Reduction of leakage*

*Decrease of Pressure Support, inspiratory time or ramp and, when available, titration of expiratory trigger*

Auto-PEEP

Air trapping due to a limitation of the expiratory airflow

Observed in COPD and cases with high respiratory rate

*Extend expiratory time*

*Decrease respiratory rate*

*Titrate PEEP (compensate 80% of auto-PEEP in COPD patients)*

# Delayed cycling



✓ ACTIVE EXPIRATORY EFFORT

✓ TYPICALLY DESCRIBED IN PATIENTS WITH BPCO

*END INSPIRATORY PEAK IN THE PRESSURE CURVE*

*CHANGE IN THE SLOPE OF THE INSPIRATORY FLOW TOWARDS THE BASELINE*

*INCREASE ETS IN INCREMENTS OF 10% TO SHORTEN THE INSPIRATORY TIME*

*ADJUST  $Ti_{max}$*



# Indications and practical approach to non-invasive ventilation in acute heart failure

## When to stop

Non-invasive ventilation is usually stopped when a satisfactory recovery has been achieved (usually 2–5 h in ACPE) or conversely, if there are signs of NIV failure, requiring EI (Table 5). After mid- or long-term use of NIV (>24 h), a weaning<sup>83</sup> period is often carried out, by decreasing  $F_iO_2$ , PEEP, and ventilation settings progressively. Early mobilization may shorten this process. With  $F_iO_2 < 0.5$  and flow rate  $< 20$  L/m, HFNC can be safely replaced by COT.



**GRAZIE PER L'ATTENZIONE**



European Heart Journal (2021) 42, 3599–3726

# 2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

## OXYGEN THERAPY

- In AHF oxygen should not be used routinely in non-hypoxaemic patients as it causes vasoconstriction and a reduction in cardiac output
- Oxygen therapy is recommended in patients with AHF and  $spO_2 < 90\%$  or  $paO_2 < 60$  mmHg to correct hypoxaemia
- In COPD hyper-oxygenation may increase ventilation-perfusion mismatch, suppress ventilation and lead to hypercapnia
- During oxygen therapy acid-base balance and  $spO_2$  should be monitored



## Indications and practical approach to non-invasive ventilation in acute heart failure

*«We recommend that NIV should be used in patients with ACPE in order to reverse Respiratory Failure faster, avoid endotracheal intubation and (with lower evidence) reduce mortality in high risk patients. CPAP may be the best option in the pre-hospital setting».*



# INSUFFICIENZA RESPIRATORIA

*Severa compromissione degli scambi gassosi ad esordio improvviso*

**Richieste metaboliche dell'organismo**

*insufficiente apporto di ossigeno ai tessuti*

*e/o*

*insufficiente rimozione dell'anidride carbonica nel sangue*





## Indications and practical approach to non-invasive ventilation in acute heart failure

HFNC in critically ill patients, it is often started with a  $F_{iO_2}$  of 100% and the maximum tolerated flow. Later,  $F_{iO_2}$  and flow rate can be decreased according to  $SpO_2$ <sup>41</sup> and patient's demand. In less severe cases, it is usually started with lower flow and  $F_{iO_2}$ .



# *Insufficienza Respiratoria*

$pO_2$  indicates severity of respiratory failure

$paO_2$  (unlike  $pCO_2$ ) is strongly influenced by shunting

Adequacy of ventilation defined by arterial  $pCO_2$

In respiratory disease it is common for ventilatory failure and shunting to coexist in the same patient

Nunn



## Indications and practical approach to non-invasive ventilation in acute heart failure

**Table 3** Main modalities of NIV

	Main characteristics	Advantages	Disadvantages	Main indication
CPAP	Continuous positive intra-thoracic pressure	Very simple use Does not require a ventilator Improves oxygenation	Does not provide ventilatory help on inspiration	ACPE Atelectasis Obstructive sleep apnoea
HFNC	High humidified flow (up to 60–80 L/m) through nasal cannula, producing: <ul style="list-style-type: none"> <li>• Low level of PEEP</li> <li>• Decreased upper airway resistance</li> <li>• Tracheal air washout</li> </ul>	Simple use Does not require a ventilator Good adaptation  Improves oxygenation	Does not provide ventilatory help on inspiration	Sub-acute ACPE AHF needing prolonged NIV Hypoxaemic respiratory failure Weaning from mechanical ventilation
NIPSV	Inspiration: Decelerated flow to maintain a target pressure (pressure support) triggered by patient's effort.  Expiration: PEEP	Provides ventilatory support Results as a continuous positive pressure plus a help on inspiration	Needs expertise and appropriate device. May produce overassistance when patients increase inspiratory effort	ACPE AHF and COPD Hypercapnic respiratory failure Weaning from mechanical ventilation



# Noninvasive Ventilation and Oxygenation Strategies

Patrycja Popowicz, MD, MS<sup>a,\*</sup>, Kenji Leonard, MD<sup>b,1</sup>

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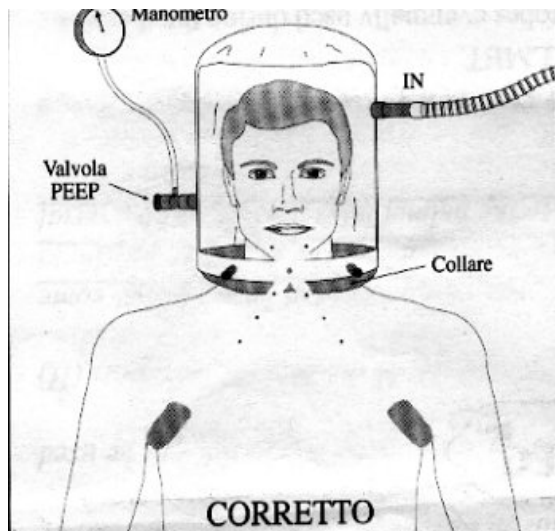


Figura 5B-21  
 Valvola di PEEP a molla con regolazione variabile.

## CPAP

- An increase in PEEP increases intrathoracic pressure, simultaneously increasing intrapleural pressure
- The difference between the left ventricle systolic pressure and intrapleural pressure determines the left ventricular afterload
- An increase in PEEP decreases left ventricular afterload and enhances cardiac

# Insufficienza Respiratoria Ipossiemica (tipo I)

$paO_2 < 60 \text{ mmHg}$

$PaCO_2$  N o ↓

*Alveoli ossigenati in maniera inadeguata*

- ↓  $FiO_2$
- Collasso alveolare
- Riempimento alveolare (fluidi, sangue, cellule)

*Compromissione transito di  $O_2$  da alveoli al sangue*

- Interstiziopatia
- Patologia vascolare polmonare

*Compromissione del processo di Ossigenazione del sangue*

- Ostruzione del flusso ematico
- Shunting
- Ridotti livelli di Hb o Emoglobinopatie

$A-a \text{ gradient} < (\text{age} + 4) + 4.$