



PLATFORM OF LABORATORIES FOR ADVANCES IN CARDIAC EXPERIENCE

ROMA

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di Confindustria

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2022

TERAPIA ELETTRICA DELLO SCOMPENSO CARDIACO

ELETTROCATETERE SINISTRO A FISSAZIONE ATTIVA: COSA OFFRE IN PIÙ RISPETTO ALLO STANDARD

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Fellow della Società Italiana di Cardiologia

UOS di Elettrofisiologia ed Elettrostimolazione Cardiaca

Ospedale S. Maria della Misericordia, Urbino





CRT: WHAT WE KNOW

Recommendations for cardiac resynchronization therapy in patients in sinus rhythm

Recommendations	Class ^a	Level ^b
LBBB QRS morphology		
CRT is recommended for symptomatic patients with HF in SR with LVEF $\leq 35\%$, QRS duration ≥ 150 ms, and LBBB QRS morphology despite OMT, in order to improve symptoms and reduce morbidity and mortality. ^{37,39,40,254–266,283,284}	I	A
CRT should be considered for symptomatic patients with HF in SR with LVEF $\leq 35\%$, QRS duration 130–149 ms, and LBBB QRS morphology despite OMT, in order to improve symptoms and reduce morbidity and mortality. ^{37,39,40,254–266,283,284}	IIa	B

Recommendations for cardiac resynchronization therapy in patients with persistent or permanent atrial fibrillation

Recommendations	Class ^a	Level ^b
1) In patients with HF with permanent AF who are candidates for CRT:		
1A) CRT should be considered for patients with HF and LVEF $\leq 35\%$ in NYHA class III or IV despite OMT if they are in AF and have intrinsic QRS ≥ 130 ms, provided a strategy to ensure biventricular capture is in place, in order to improve symptoms and reduce morbidity and mortality. ^{302,306,307,322}	IIa	C
1B) AVJ ablation should be added in the case of incomplete biventricular pacing ($<90–95\%$) due to conducted AF. ^{297–302}	IIa	B



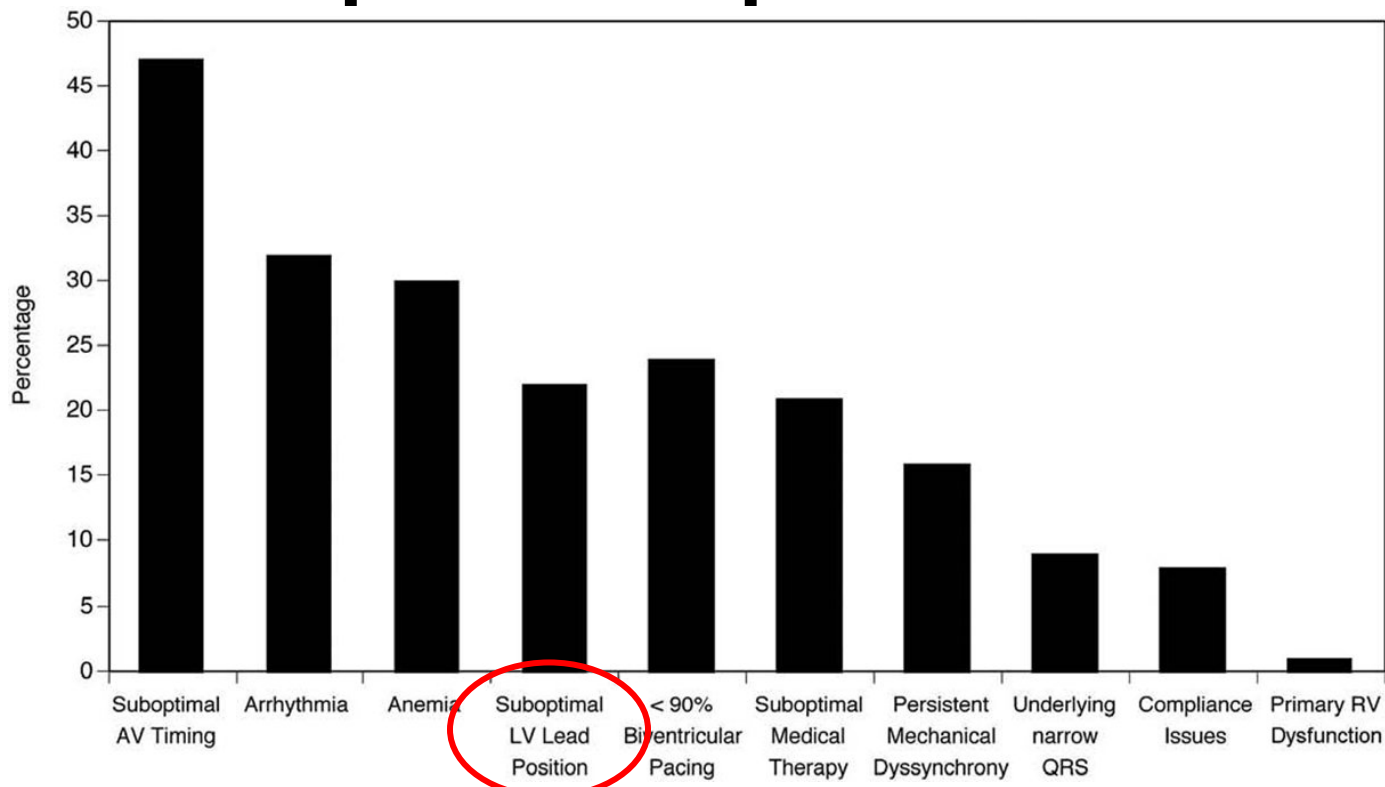
CRT: WHAT WE KNOW

Lack of response: about 30%¹

1 Daubert C et al. (2017) Avoiding non-responders to cardiac resynchronization therapy: a practical guide. Eur Heart J 38(19):1463–1472



Suboptimal response to CRT



Mullens W, et al. J Am Coll Cardiol. 2009;53:765-773



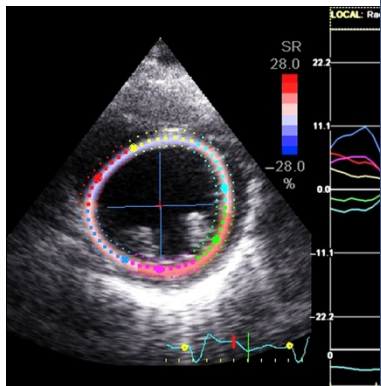
Strain imaging

**Utile nei pazienti senza BBS o con QRS
130-150 msec**

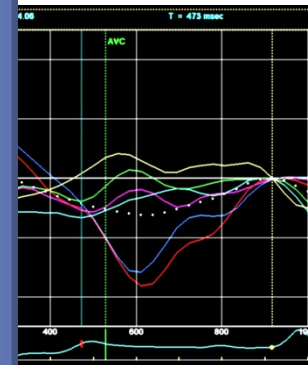
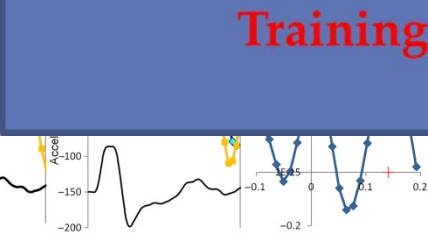
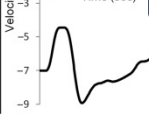
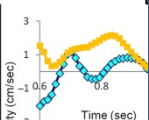
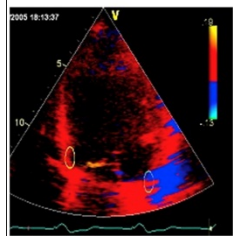
Immagine non adeguata nel 10% dei casi

Vitalità Miocardica

Training e Esperienza



Tissue Doppler
Apical 4-Chamber View





Mechanical dyssynchrony alone doesn't improve response to CRT!

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Cardiac-Resynchronization Therapy in Heart Failure with Narrow QRS Complexes

John F. Beshai, M.D., Richard A. Grimm, D.O., Sherif F. Nagueh, M.D.,
James H. Baker II, M.D., Scott L. Beau, M.D., Steven M. Greenberg, M.D.,
Luis A. Pires, M.D., and Patrick J. Tchou, M.D., for the RethinQ Study Investigators*



LV Lead tip position: avoid apical sites!

Arrhythmia/Electrophysiology

Left Ventricular Lead Position and Clinical Outcome in the Multicenter Automatic Defibrillator Implantation Trial–Cardiac Resynchronization Therapy (MADIT-CRT) Trial

Jagmeet P. Singh, MD, DPhil*; Helmut U. Klein, MD*; David T. Huang, MD; Sven Reek, MD; Malte Kuniss, MD; Aurelio Quesada, MD; Alon Barsheshet, MD; David Cannom, MD; Ilan Goldenberg, MD; Scott McNitt, MS; James P. Daubert, MD; Wojciech Zareba, MD; Arthur J. Moss, MD



LV Lead tip position: preferably in lateral wall but away from apex!



European Heart Journal (2012) 33, 2662–2671
doi:10.1093/eurheartj/ehr505

CLINICAL RESEARCH

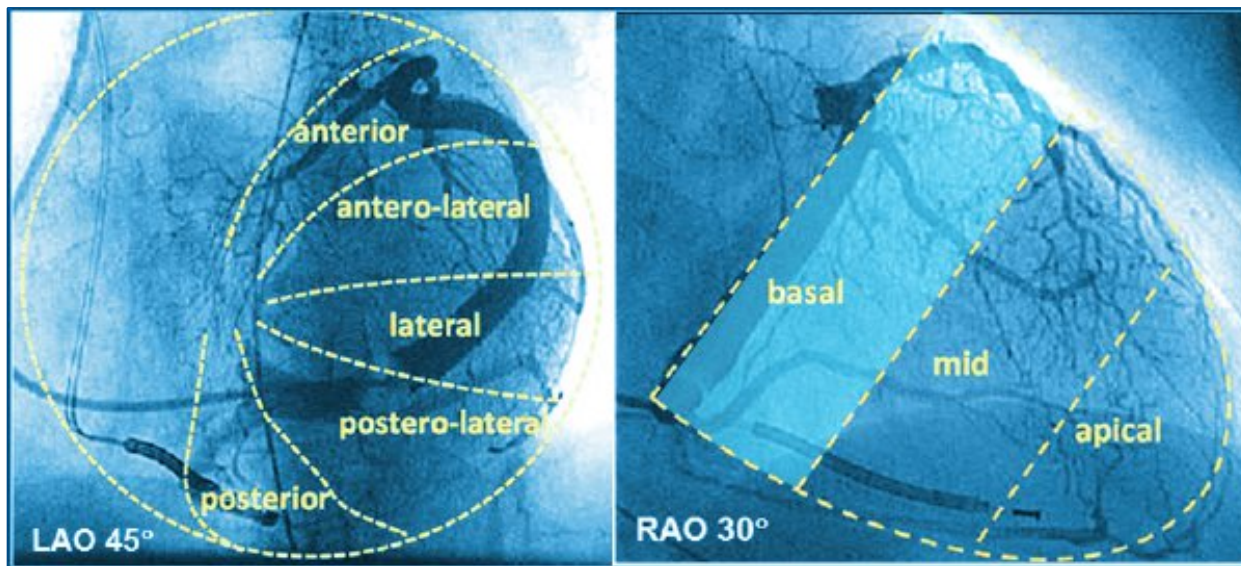
Heart failure/cardiomyopathy

Sites of left and right ventricular lead implantation and response to cardiac resynchronization therapy observations from the REVERSE trial

Christophe Thébault¹, Erwan Donal¹, Catherine Meunier¹, Renaud Gervais¹,
Bart Gerritse², Michael R. Gold³, William T. Abraham⁴, Cecilia Linde⁵, and
J.-Claude Daubert^{1*}, for the REVERSE study group



Basal lead placement toward the base of the heart yields better hemodynamic response and is more **effective for CRT response**²



² Saba S, et al. *Circ Heart Fail.* 2013;6:427-434.



“Apical position of the LV lead should be avoided when possible.”¹

“LV lead placement may be targeted at the latest activated LV segment.”¹

¹ Brignole M, et al. *Eur Heart J.* 2013;34:2281-2329.



QLV

Circulation

Arrhythmia and Electrophysiology



Determination of the Longest Inpatient Left Ventricular Electrical Delay May Predict Acute Hemodynamic Improvement in Patients After Cardiac Resynchronization Therapy
Francesco Zanon, Enrico Baracca, Gianni Pastore, Chiara Fraccaro, Loris Roncon, Silvio Aggio, Franco Noventa, Alberto Mazza and Frits Prinzen

Circ Arrhythm Electrophysiol. 2014;7:377-383; originally published online March 25, 2014;
doi: 10.1161/CIRCEP.113.000850

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QLV



Europace (2019) 00, 1–9

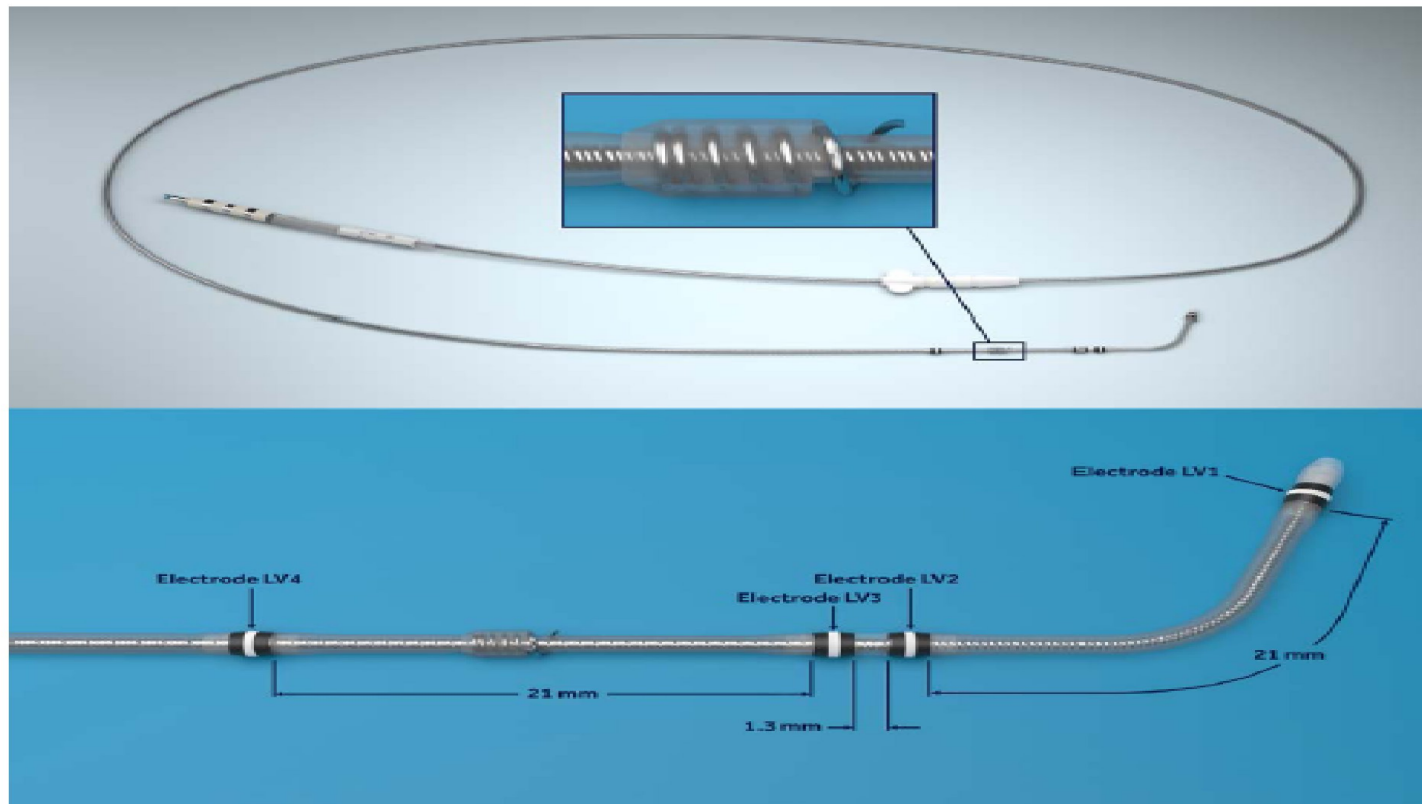
CLINICAL RESEARCH

“Electrically guided CRT implantation appeared non-inferior to an imaging-guided strategy considering the outcomes of change in LVEF, LV reverse remodelling and clinical response.”

**Charlotte Stephansen ^{1*}, Anders Sommer¹, Mads Brix Kronborg¹,
Jesper Møller Jensen¹, Bjarne Linde Nørgaard¹, Christian Gerdes ¹,
Jens Kristensen¹, Henrik Kjærulf Jensen ¹, Daniel Benjamin Fyenbo ¹,
Kirsten Bouchelouche², and Jens Cosedis Nielsen¹**



ACTIVE FIXATION LEFT VENTRICULAR LEAD



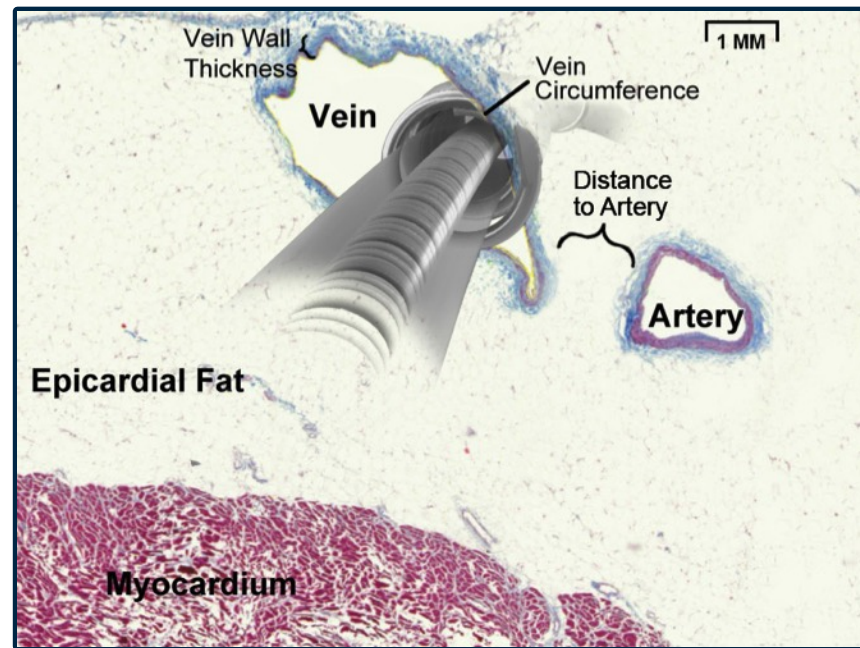


HELIX SAFETY OVERVIEW

- Vessel cross-sectional analysis indicates there is a 1 mm average distance between the vein and the nearest artery.¹
- This distance was taken into account when designing the side-helix.



Helix is 0.25 mm away from lead body



- The helix is positioned 0.25 mm away from the lead body— creates a **4x times safety margin** (between vein & artery).

¹ Anderson SE, Hill AJ, Laizzo PA. Microanatomy of Human Left Ventricular Coronary Veins. Anat Rec (Hoboken). 2009;292:23-28.



HELIX SAFETY OVERVIEW

Helix pre-extraction



Helix post-extraction



Bontempi L et al. The novel active fixation coronary sinus lead: efficacy and safety of transvenous extraction procedure. Europace. 2016 Feb;18(2):301-3.



IMPLANT PROCEDURE

DO NOT WEDGE ATTAIN STABILITY QUAD

1) **Insert the lead:** Advance the lead to the targeted pacing location.

2) **Fixate the lead:** “**Spin and hold**” the lead body until resistance is felt.

*Note: It is important that the helix is able to freely rotate in the vessel to fixate. DO NOT WEDGE.

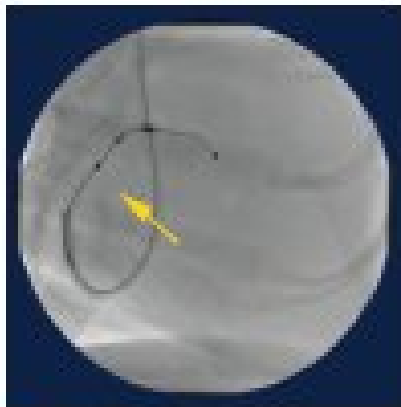
3) **Confirm helix fixation:** Perform both the “**push test** ” & “**pull test.**”

4) **Reposition the lead:** The lead unscrews easily when repositioning is required.

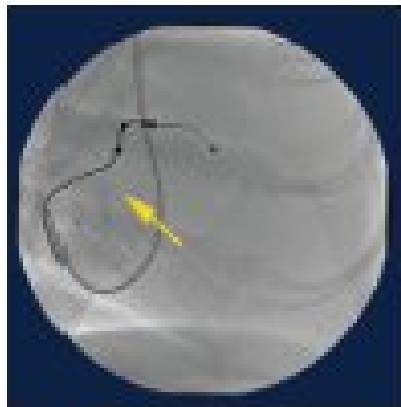


IMPLANT PROCEDURE

It is very important to perform **both** the push test and the pull test to ensure a stable lead placement.

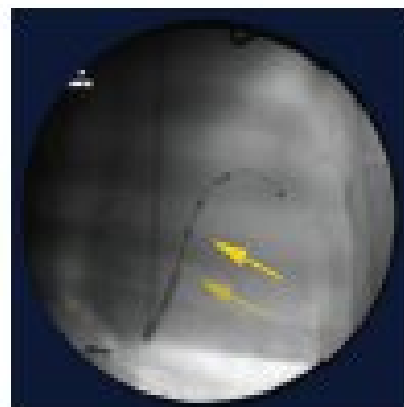


BEFORE

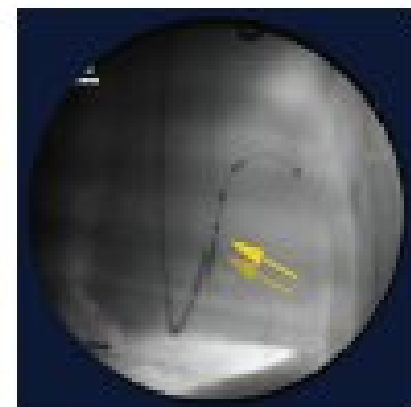


AFTER

Push Test — Before and after fluoroscopic images of the lead buckling to confirm successful fixation.



BEFORE



AFTER

Pull Test — Before and after fluoroscopic images of the catheter advancing toward the LV4 electrode to confirm successful fixation.

It is recommended to check electricals **after** the lead is fixated inside the vessel as the position of the helix in relation to the tissue will change the measured impedance and threshold.



ESC HEART FAILURE

ESC Heart Failure 2022; 9: 146–154

Published online 24 December 2021 in Wiley Online Library (wileyonlinelibrary.com) DOI: 10.1002/ehf2.13727

ORIGINAL ARTICLE



Novel active fixation lead guided by electrical delay can improve response to cardiac resynchronization therapy in heart failure

Matteo Casale¹ , Maurizio Mezzetti¹, Marianna Gigliotti De Fazio², Loredana Caccamo¹, Paolo Busacca¹ and Giuseppe Dattilo^{3*} 

¹ASUR Marche - Area Vasta 1, Operative Unit of ICCU and Cardiology, Hospital S. Maria della Misericordia, Urbino, Italy; ²Department of Clinical and Experimental Medicine, Operative Unit of Internal Medicine, University of Messina, Messina, Italy; and ³Department of Clinical and Experimental Medicine, Operative Unit of Cardiology, University of Messina, Messina, Italy


Table 1 Baseline characteristics of the studied population

	No fix (<i>n</i> = 87)	Fix (<i>n</i> = 98)	<i>P</i>
Age, years (mean ± SD)	75.4 ± 9.7	75.5 ± 8.2	0.96
Female sex	23%	15%	0.18
Hypertension	70.6%	71.4%	0.9
Diabetes	31.4%	40.8%	0.18
Previous TIA	1.1%	1.0%	0.6
Previous stroke	6.9%	5.1%	0.6
Vascular pathology	50.0%	64.3%	0.051
CHADSVASC, points (mean ± SD)	4 ± 2	5 ± 1	0.09
Previous cardiac surgery	19.3%	18.4%	0.88
NYHA class			
II	50.6%	58.9%	0.1
III	49.4%	41.1%	0.16
Paroxysmal atrial fibrillation	42.5%	37.5%	0.49
PR, ms (mean ± SD)	217 ± 53	207 ± 48	0.35
QRS, ms (mean ± SD)	155 ± 27	162 ± 32	0.13
Creatinine, mg/dL (mean ± SD)	1 ± 0.1	1 ± 0.2	0.07
Haemoglobin, mg/dL (mean ± SD)	12 ± 3	13 ± 2	0.53
Ejection fraction, % (mean ± SD)	29 ± 7	31 ± 7	0.37
End diastolic diameter, mm (mean ± SD)	63 ± 10	61 ± 7	0.7
End systolic diameter, mm (mean ± SD)	50 ± 9	47 ± 9	0.8

NYHA, New York Heart Association.

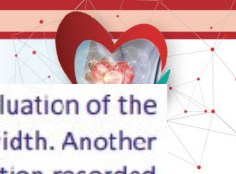
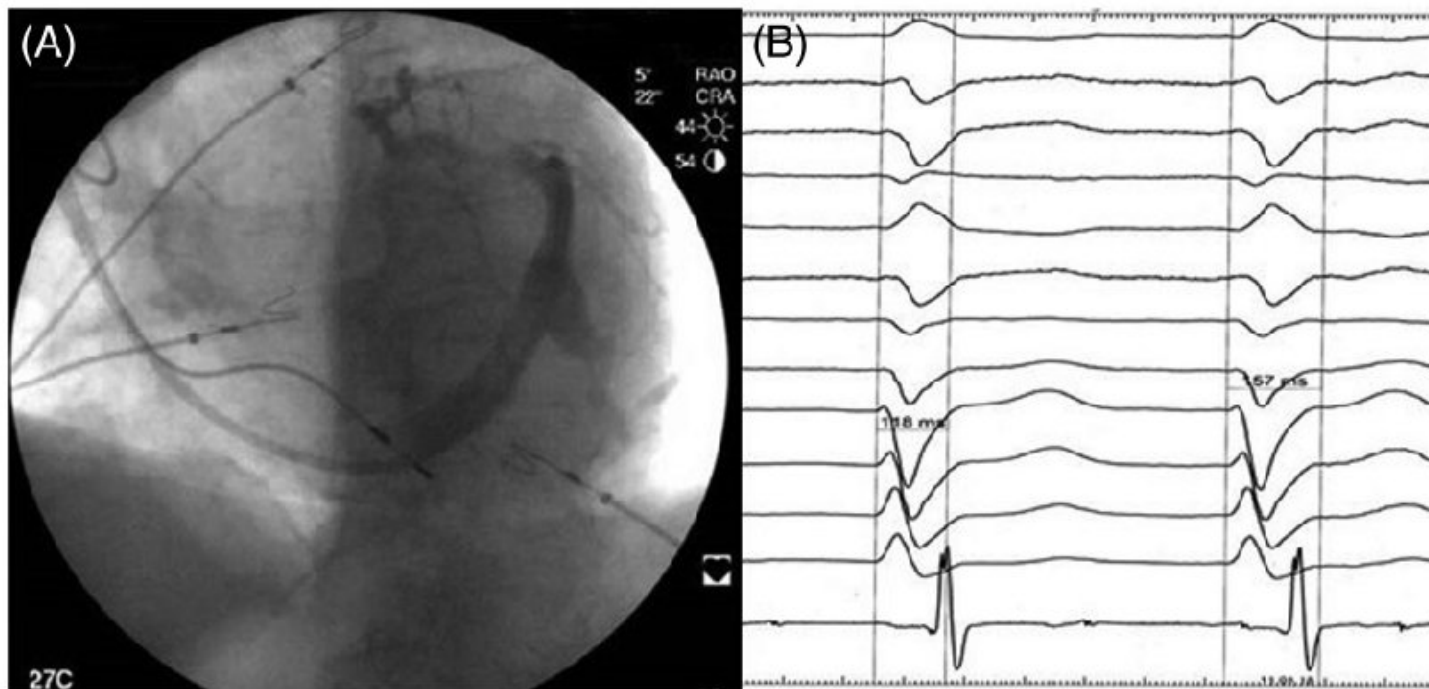


Figure 1 (A) Antero-posterior view during a coronary sinus venogram showing a suitable lateral branch which distally bifurcates. (B) Evaluation of the site of latest electrical delay of this branch at a sweep speed of 200 mm/s. The electronic calliper on the right measures the surface QRS width. Another electronic calliper in the left measures the delay between the QRS onset on the surface electrocardiogram (ECG) and the first rapid deflection recorded from the LV lead tip, used as a bipolar electrode. In this case the local left ventricular electrogram is very late compared to the QRS duration and so it predicts an optimal clinical outcome of this cardiac resynchronization therapy (CRT) procedure.



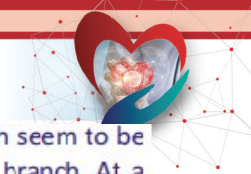


Figure 2 (A) Coronary sinus (CS) venogram in antero-posterior view. A lateral and a postero-lateral branch emerge from CS. Despite both seem to be good targets they differentiate greatly in terms of electrical delay. (B) Exploration of the site of maximum delay in the postero-lateral branch. At a sweep speed of 200 mm/s the electronic calliper on the right measures a QRS width of 148 ms. The calliper on the left measures the electrical delay from the QRS onset to the local bipolar electrogram of the LV lead. In this case the delay is only 24 ms, predicting poor response to cardiac resynchronization therapy (CRT). (C) Exploration of the site of maximum delay in the lateral branch. As in Panel B the calliper in the right measures the QRS width (148 ms as the previous record) and the calliper on the left measures the QLV. In this case the delay is greater (78 ms) in comparison with the surface QRS, predicting a better response. In this patient, the LV lead was placed in this site with a good clinical outcome.

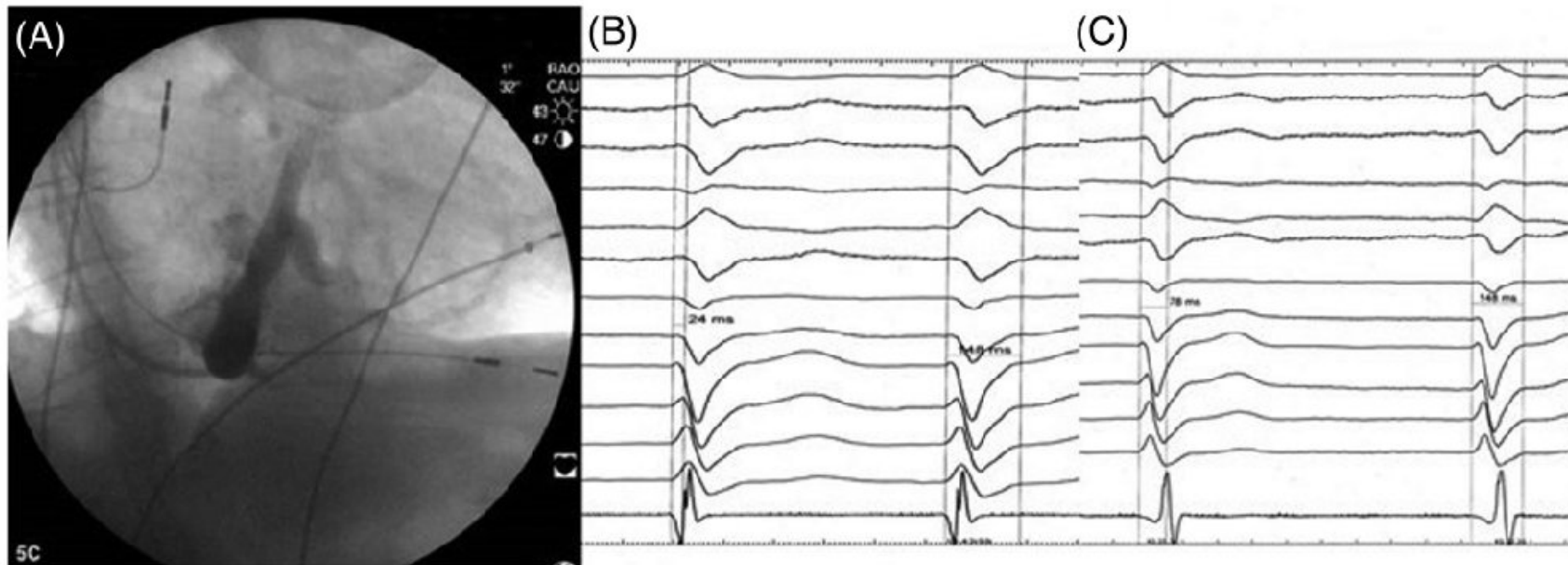
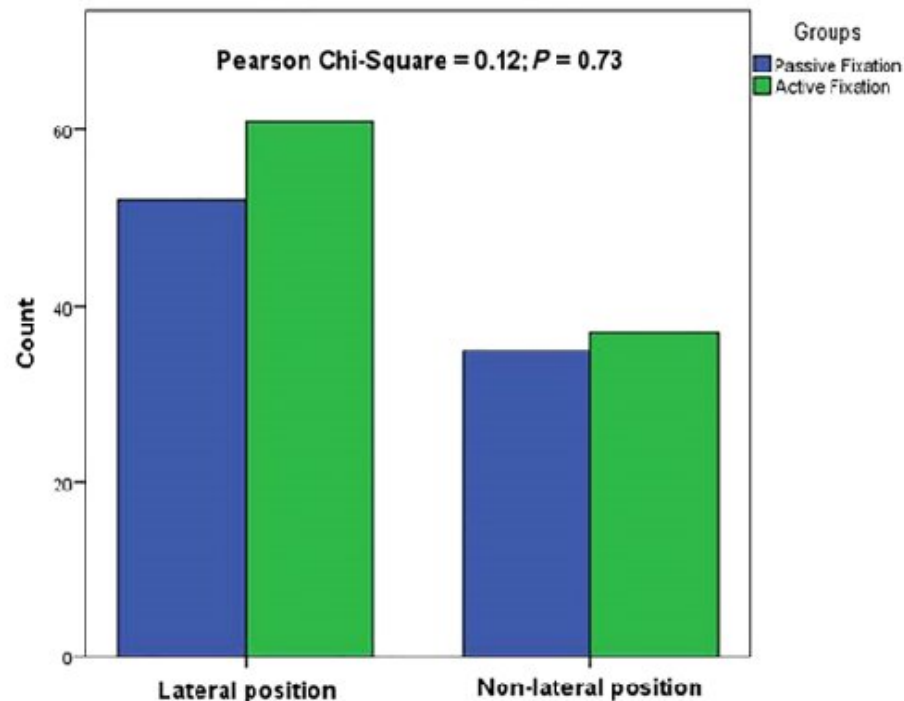
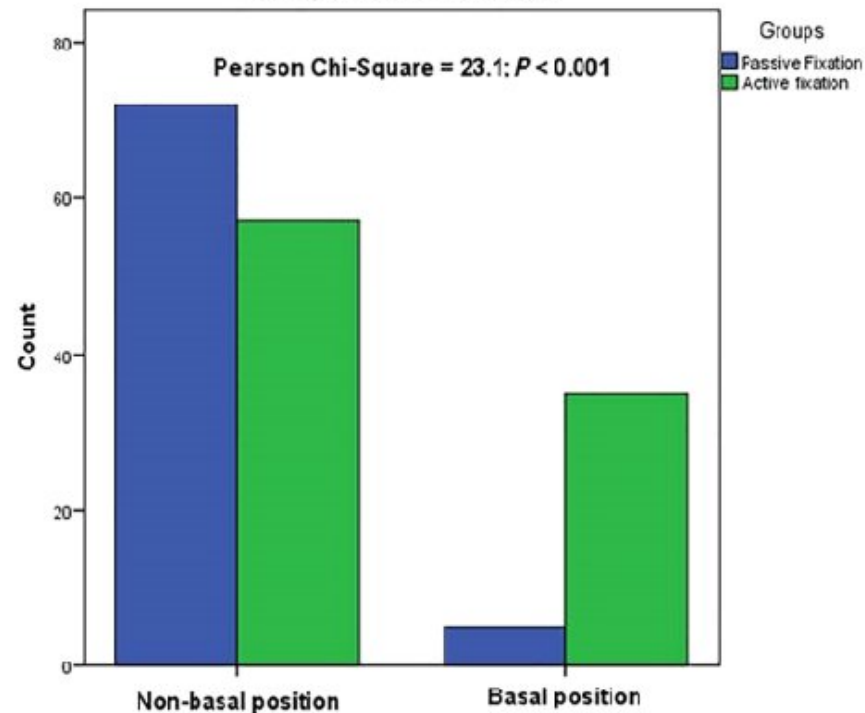
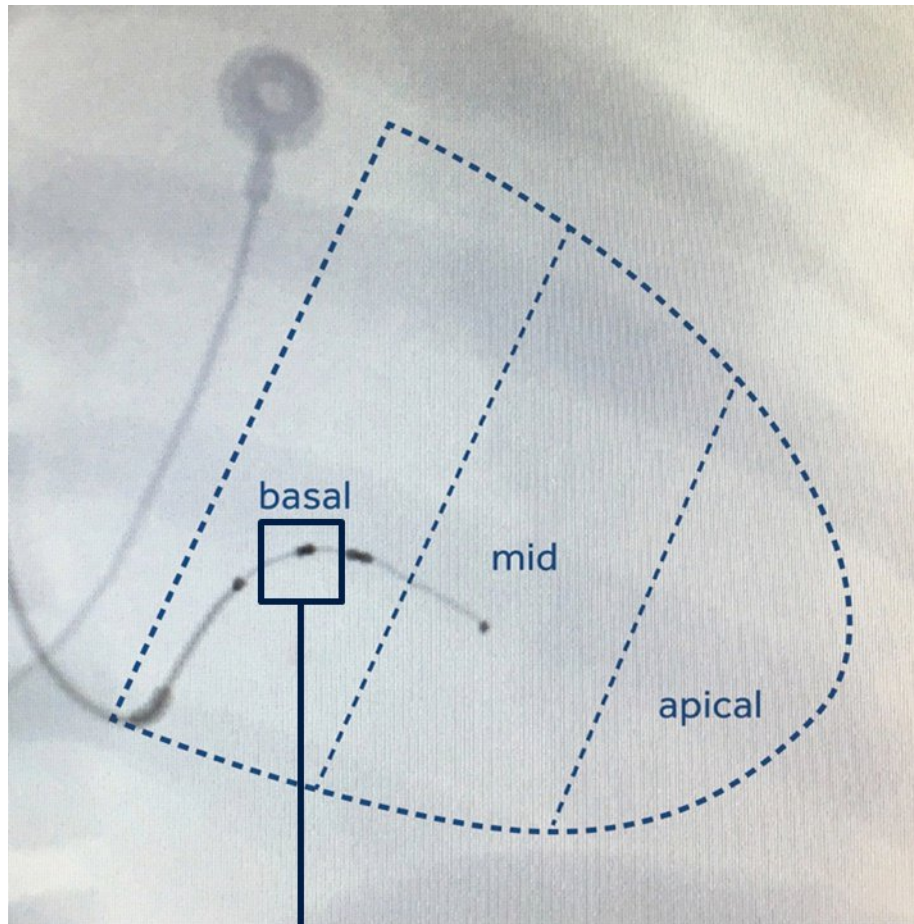




Figure 3 (A) χ^2 test for left ventricular (LV) lead final position in left anterior oblique (LAO) view shows no difference between groups. (B) In right anterior oblique (RAO) view there is a significant increase in targeting basal sites for the Fix group.

(A)**Final position in LAO view****(B)****Final position in RAO view**





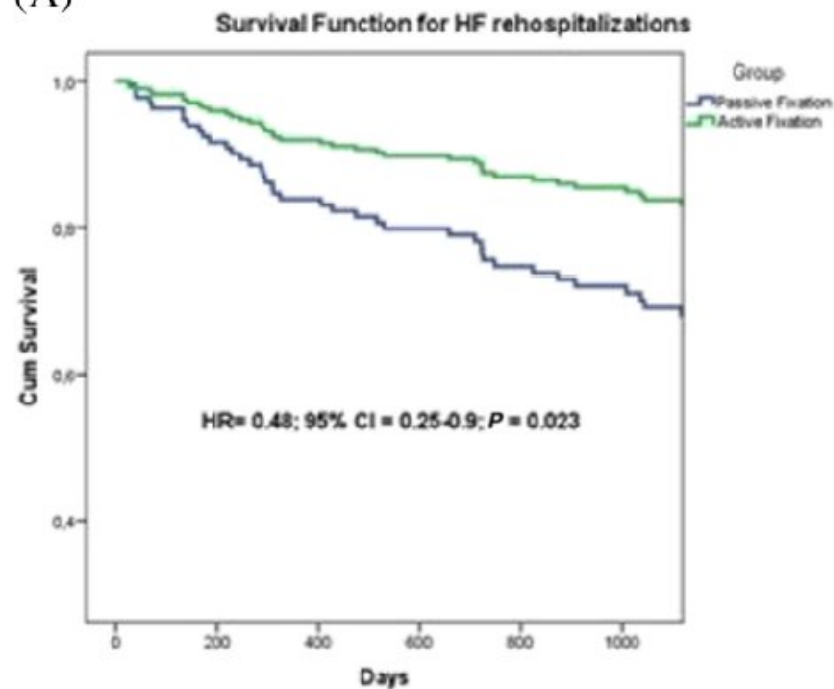
QLV

QLV was significantly greater in the Fix group (122.6 ± 33.2 ms; SE = 3.6) than in the No Fix group (97.5 ± 37.8 ms; SE = 4.9) ($t = 4.17$; $P < 0.001$)



Figure 4 Survival functions for heart failure (HF) rehospitalization (A) and for death due to HF (B) show a better outcome in the Fix group.

(A)



(B)

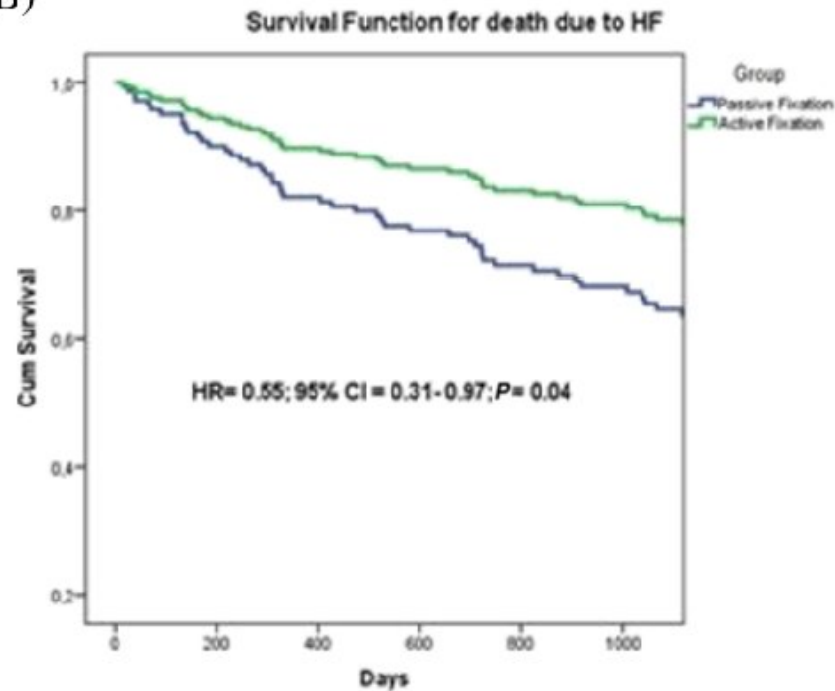
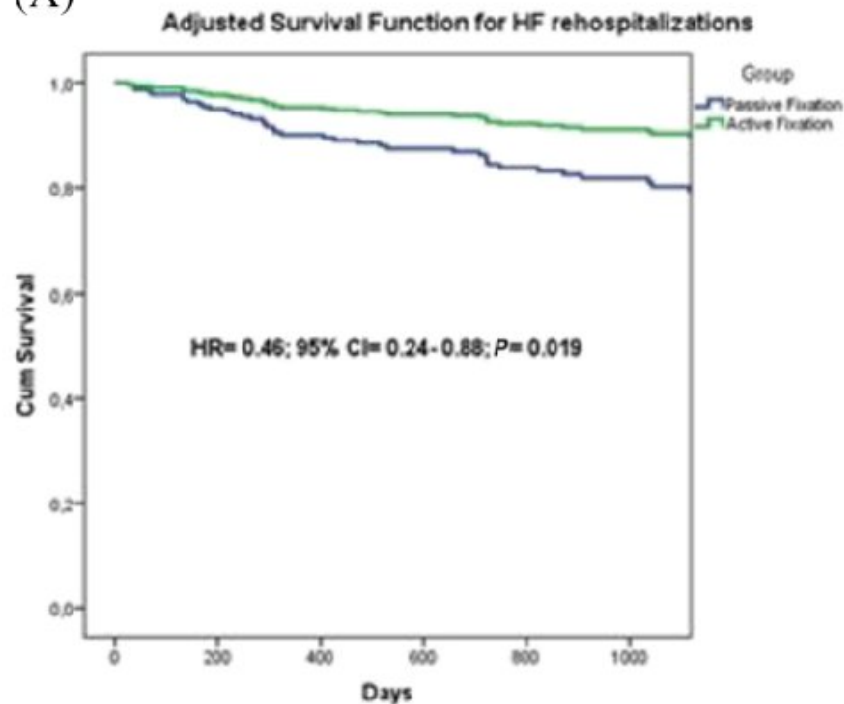




Figure 5 Adjusted survival functions for heart failure (HF) rehospitalization (A) and for death due to HF (B) show a better outcome in the Fix group.

(A)



(B)

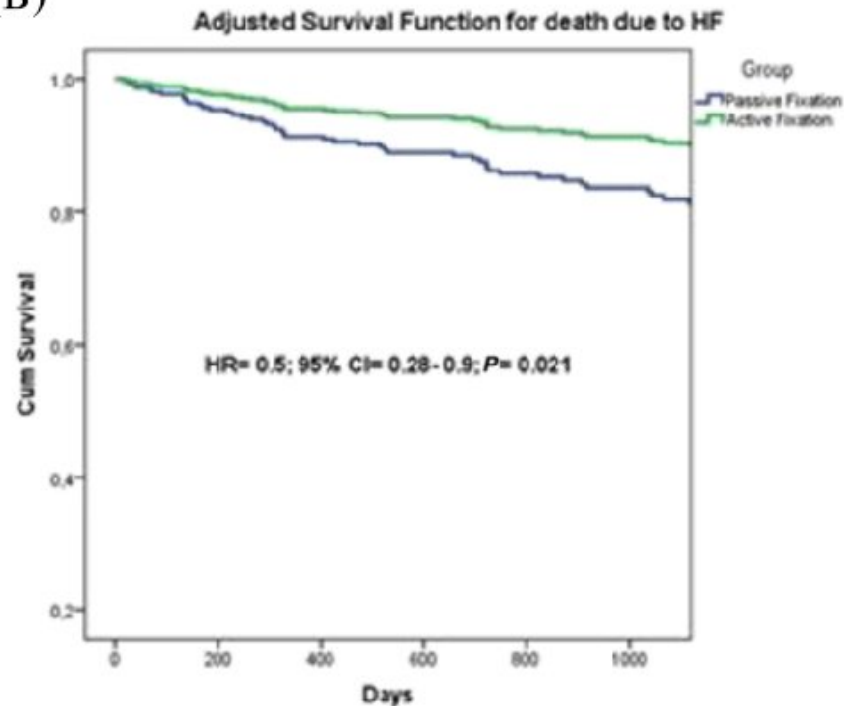



Table 2 Multivariate analysis for heart failure rehospitalizations

Variables in the model	HR	95% CI	P
Age	1.08	1.041; 1.136	<0.001
Sex (female)	0.98	0.493; 1.969	0.966
Arterial hypertension	1.11	0.544; 2.272	0.771
Diabetes	1.94	1.064; 3.563	0.031
Active fixation lead in coronary sinus	0.46	0.243; 0.879	0.019

95% CI, 95% confidence interval for HR; HR, hazard ratio.

Table 3 Multivariate analysis for death due to heart failure

Variables in the model	HR	95% CI	P
Age	1.06	1.026; 1.108	0.001
Sex (female)	0.82	0.429; 1.586	0.563
Arterial hypertension	1.33	0.667; 2.667	0.415
Diabetes	1.81	1.078; 3.038	0.025
Vascular disease	1.48	0.846; 2.600	0.168
Active fixation lead in coronary sinus	0.51	0.283; 0.904	0.021

95% CI, 95% confidence interval for HR; HR, hazard ratio.



**Determination of the Longest Inpatient
Left Ventricular Electrical Delay May Predict
Acute Hemodynamic Improvement in Patients
After Cardiac Resynchronization Therapy**

Francesco Zanon, MD, FESC, FHRS; Enrico Baracca, MD; Gianni Pastore, MD;
Chiara Fraccaro, MD, PhD; Loris Roncon, MD; Silvio Aggio, MD; Franco Noventa, MD;

Original Article

**Left Ventricular Lead Electrical Delay Is a
Predictor of Mortality in Patients With
Cardiac Resynchronization Therapy**

Tomas Roubicek, MD, PhD; Dan Wichterle, MD, PhD; Pavel Kucera, MD;
Pavel Nedbal, MD; Jindrich Kupec, MD; Jana Sedlakova, MD; Jan Cerny, MSc; Jan Stros, MD;
Josef Kautzner, MD, PhD; Rostislav Polasek, MD

RESEARCH ARTICLE

Open Access

**Local electrogram delay recorded from left
ventricular lead at implant predicts response to
cardiac resynchronization therapy: Retrospective
study with 1 year follow up**

Rostislav Polasek^{1*}, Pavel Kucera¹, Pavel Nedbal¹, Tomas Roubicek¹, Tomas Belza¹, Jana Hanuliakova¹, David Horak¹,
Dan Wichterle² and Josef Kautzner²



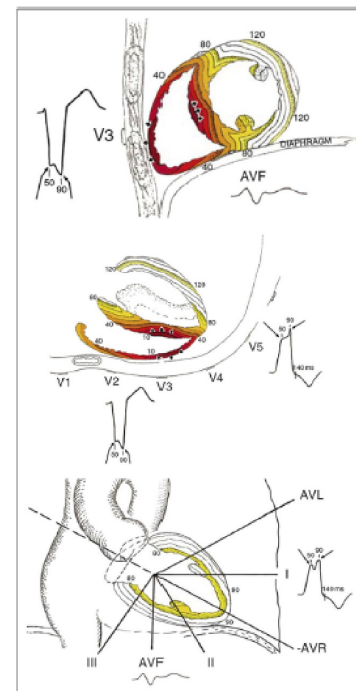
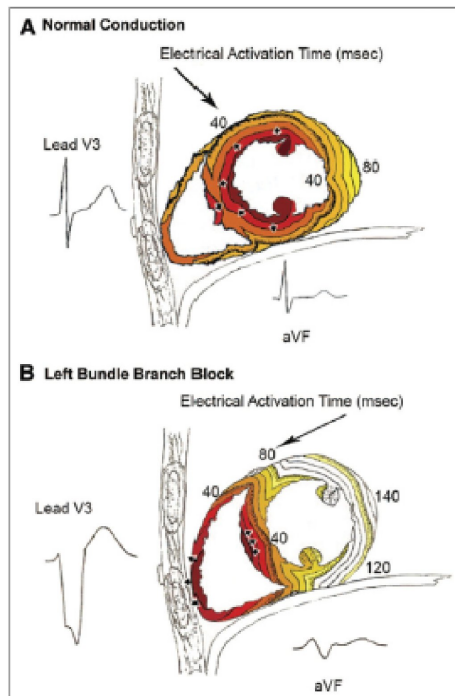
Conclusions

- **Use of a left ventricular active fixation lead may allow to avoid apical positions.**
- **It may be useful to overcome difficult anatomy of coronary sinus (ie large vessels, straight course).**
- **Allows to target greater QLV even in unsuitable positions for conventional passive fixation leads, often in basal segments.**
- **It could improve response to CRT reducing heart failure rehospitalizations and death due to heart failure.**



Defining Left Bundle Branch Block in the Era of Cardiac Resynchronization Therapy

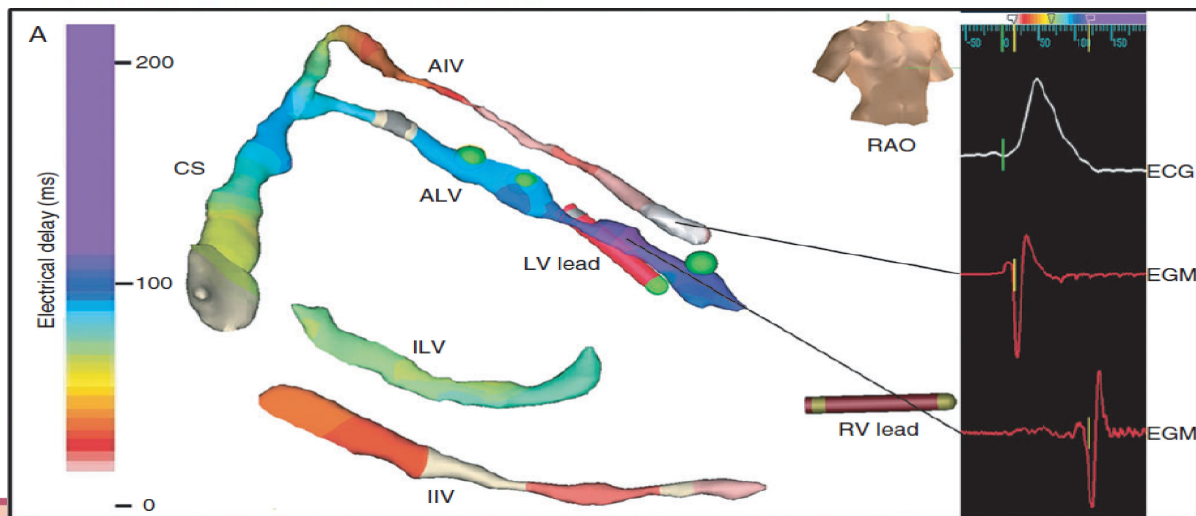
David G. Strauss, MD, PhD^{a,b,*}, Ronald H. Selvester, MD^c, and Galen S. Wagner, MD^d





Left ventricular lead placement in the latest activated region guided by coronary venous electroanatomic mapping

Masih Mafi Rad^{1*}, Yuri Blaauw¹, Trang Dinh¹, Laurent Pison¹, Harry J. Crijns¹, Frits W. Prinzen², and Kevin Vernooy¹






Clinical Drug Investigation

<https://doi.org/10.1007/s40261-020-00995-3>

ORIGINAL RESEARCH ARTICLE

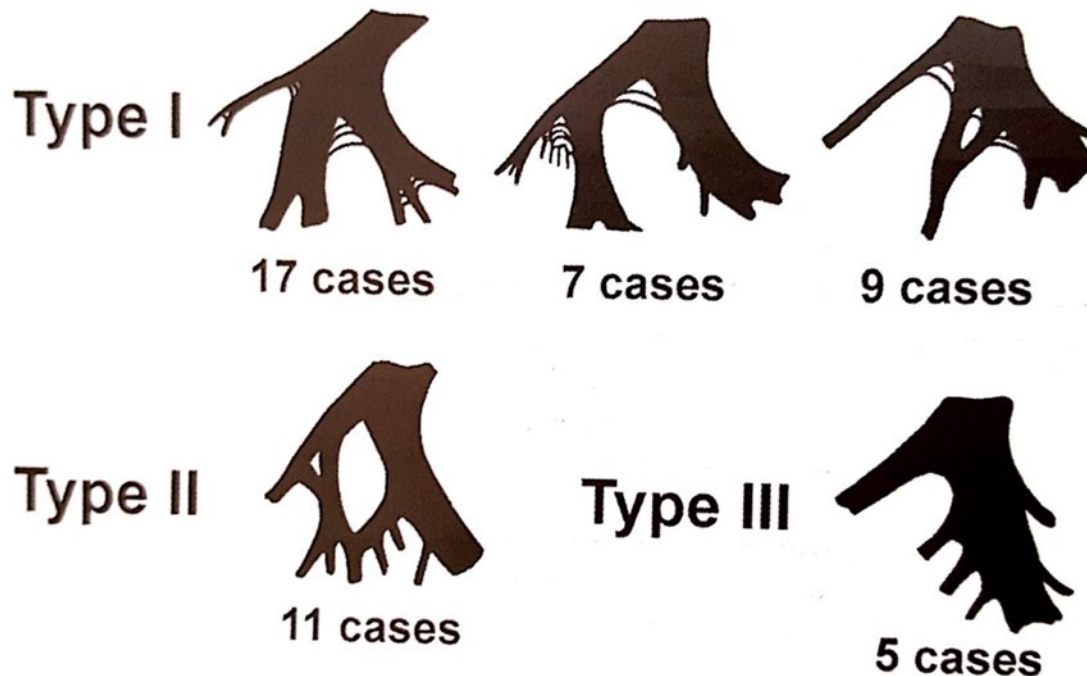


Effects of Sacubitril/Valsartan in Patients with High Arrhythmic Risk and an ICD: A Longitudinal Study

Matteo Casale¹ · Michele Correale²  · Giulia Laterra³ · Vittoria Vaccaro³ · Claudia Morabito³ · Pasquale Crea³ · Salvatore Santo Signorelli⁴ · Niki Katsiki⁵ · Francesco Luzzza³ · Cesare de Gregorio³ · Giuseppe Dattilo³



LBB PATHOLOGY IN HEMIBLOCKS



Kulbertus HD, Demoulin JCL. Pathological basis of concept of hemiblock New York: Springer (1978)



GRAZIE PER L'ATTENZIONE!