

Roma – *PLACE* meeting- 1st October 2022

Arrhythmias originating from Purkinje fibers

Focus on their role in VF/ Sudden Cardiac Death

Pr Michel Haissaguerre

LIRYC : Cardiac Electrophysiology and Modeling **Bordeaux**

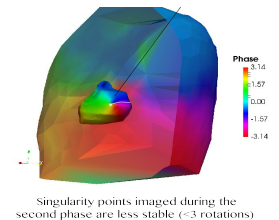


Animal & Human Heart

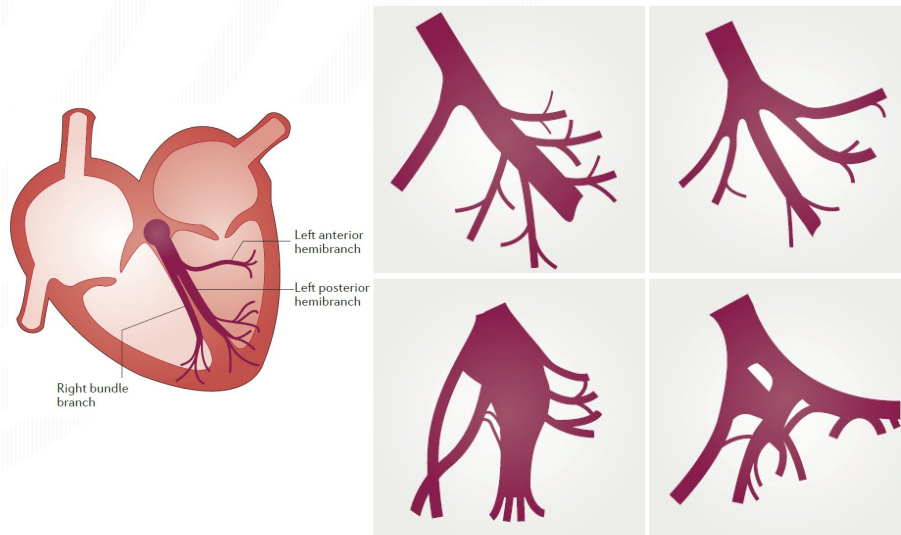
Structural imaging

Functional mapping

Modeling

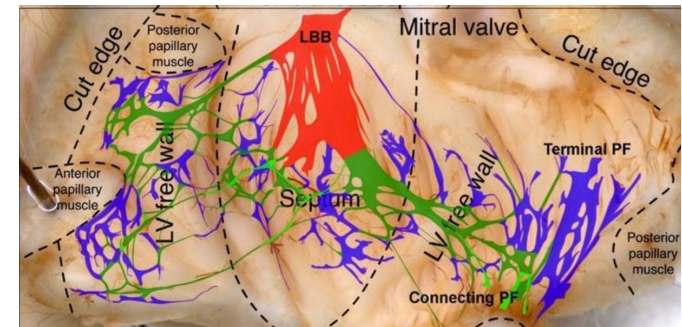


Purkinje fibers and network : Unique cells - Complex architecture- Pleiomorphic presentations

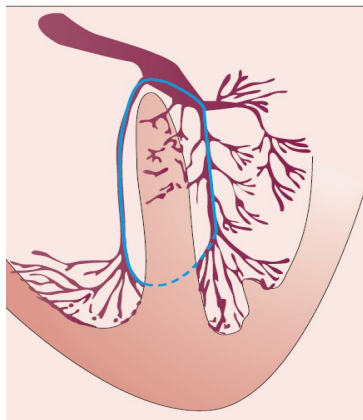


Variability of Purkinje branching in Man

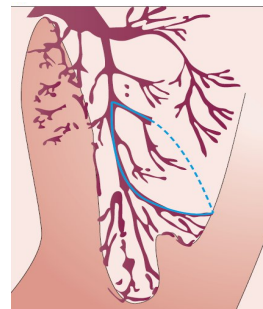
Unique properties within the Heart,
in Excitability and in Conduction



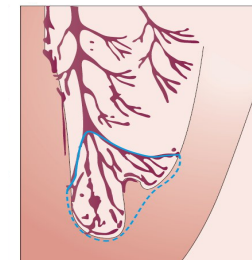
Bundle branch Reentry



Fascicular VT
(verapamil-sensitive)



Distal Fascicle-network



Abnormal Purkinje excitability

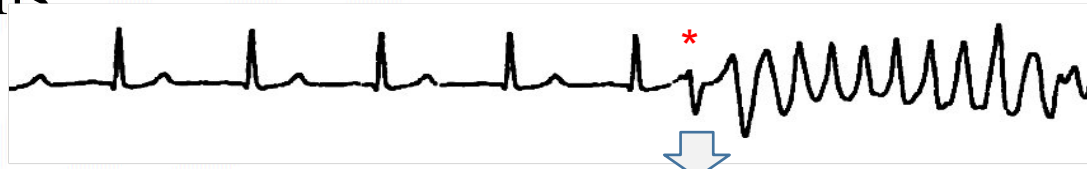
Purkinje cells as a Trigger

Specific phenotypes as CPVT, LQT, MEPPC ...
will not be addressed

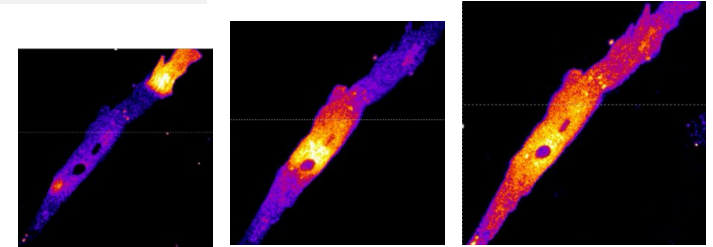
Mapping the initiation of VF

Idiopathic VF : Triggers from the distal Purkinje cells

Calcium wave inside the cell



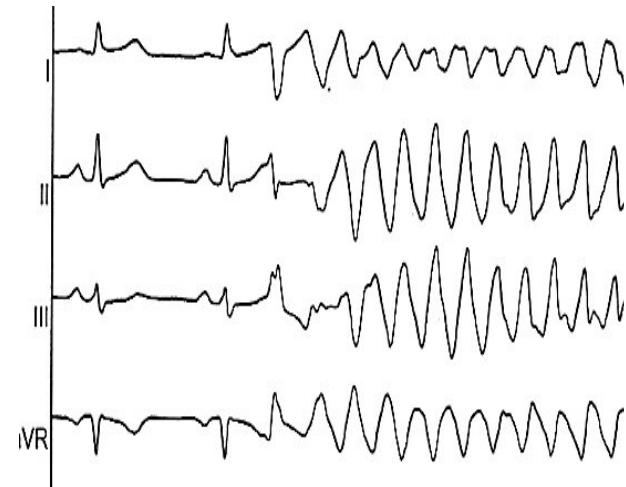
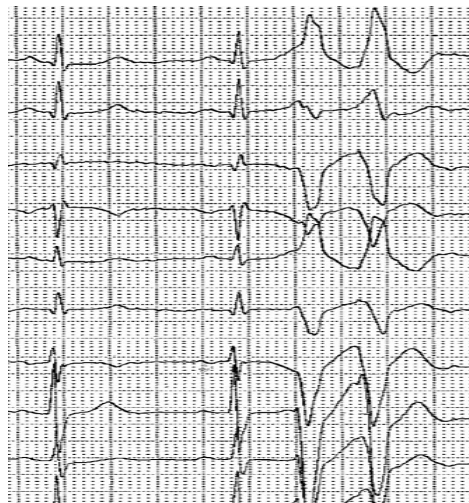
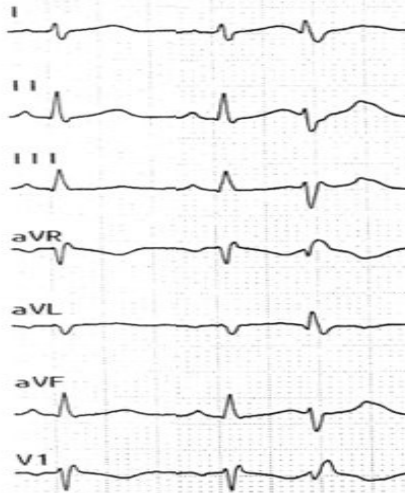
This concerns **7-15% of Idiopathic VF**
(Short Coupled Torsades - Coumel Ph)



Distinct & complex Ca handling (3 Ca-release channels in the membrane of endoplasmic reticulum)

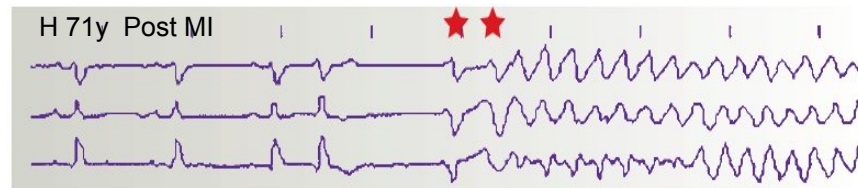
Narrow QRS (LV Purkinje) and

Short Coupling (R-on-T)



Mapping the initiation of VF

Purkinje provide main triggers in VF storms with Structural heart disease

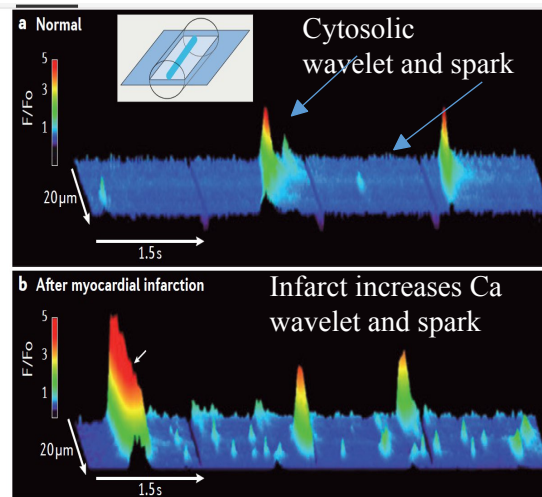


Typical VF storm post MI
On ECMO

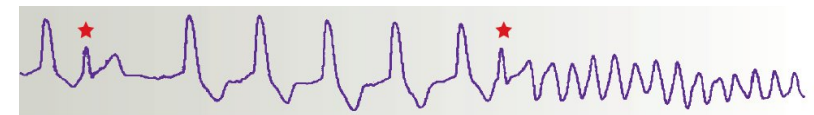
Incidence : 90% VF in Isch HD

In other SHD, few reports suggest a significant role

Structural heart disease	77/85
Ischaemic heart disease	90%
Dilated cardiomyopathy	8/15 53%
Hypertrophic cardiomyopathy	5/5 100%
Valvular heart disease	4/4 100%
Myocarditis	2/2
Amyloidosis	2/2



Purkinje implication **may be underestimated**
as the VF onset is rarely documented



F42y DCM with LBBB) : unique VF on monitoring shows
narrow QRS* indicative of Purkinje origin

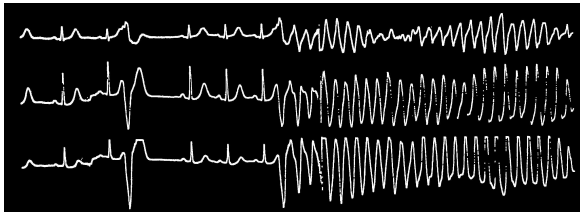
Ventricular arrhythmias and the
His–Purkinje system

Michel Haissaguerre¹, Edward Vigmond², Bruno Stuyvers², Meleze Hocini¹

Trigger ablation is very effective (except multifocal PVCs)

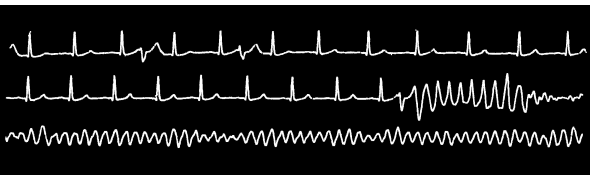
Long-Term Follow-Up of Idiopathic Ventricular Fibrillation Ablation

A Multicenter Study



Man 45 yr >300 ICD shocks
Ablation May 2000: 16 min RF delivery
No VF/ICD intervention in 22 years

**End point : elimination of PVCs and
local Purkinje potentials**

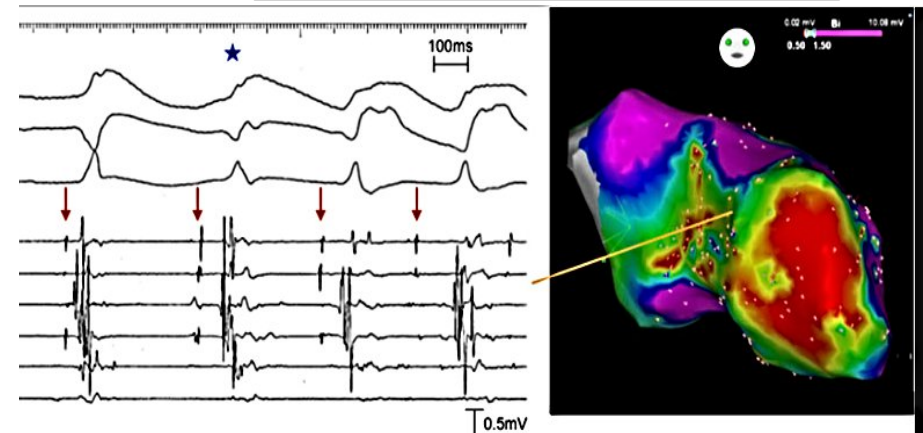


F 37 yr Single ectopy site
Ablation May 2000: 3 min RF delivery
No VF in 22 years

**Median Follow-up 5 Years : 31 of 38 (86%)
had no recurrence on ICD monitoring**

Catheter Ablation of Refractory Ventricular Fibrillation Storm After Myocardial Infarction

A Multicenter Study



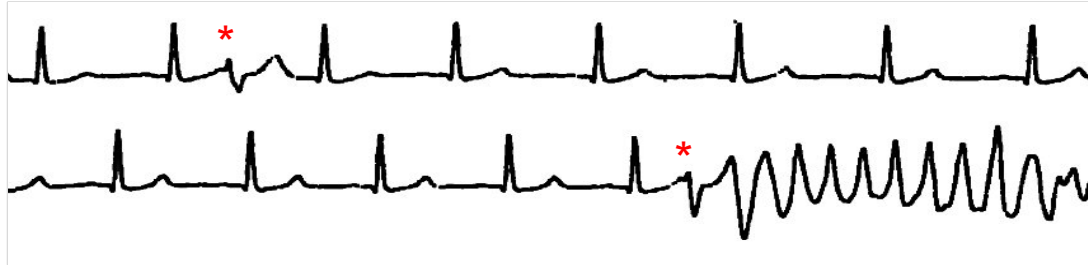
**Purkinje trigger originate from the infarct border zone
(0.5-1.5mV LV) in 80% and from dense scar (<0.5mV) in 14%**

110 patients, 65years , LVEF 31%

**VF storm successfully treated with ablation in 84%
(92 pts). Only 1 recurrence.**

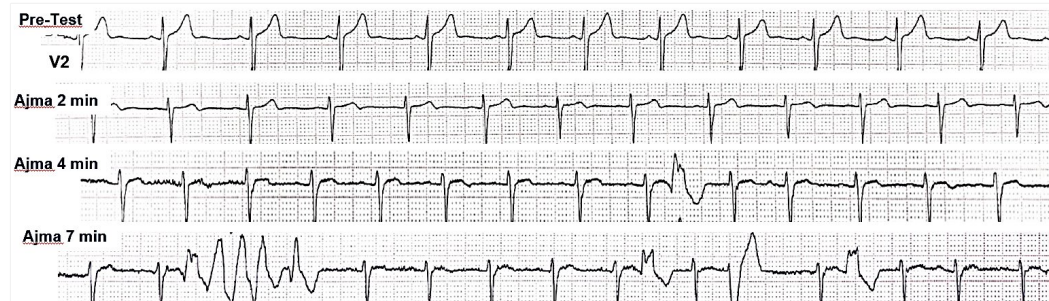
27% in-hospital deaths , notably LVEF < 30%

The Problem : Short Coupled PVCs and VF risk (in normal hearts) are **unpredictable**



Inconsistent induction with Isuprel, Pacing maneuvers , Calcium injection etc is a serious limitation to risk prediction of this malignant arrhythmia

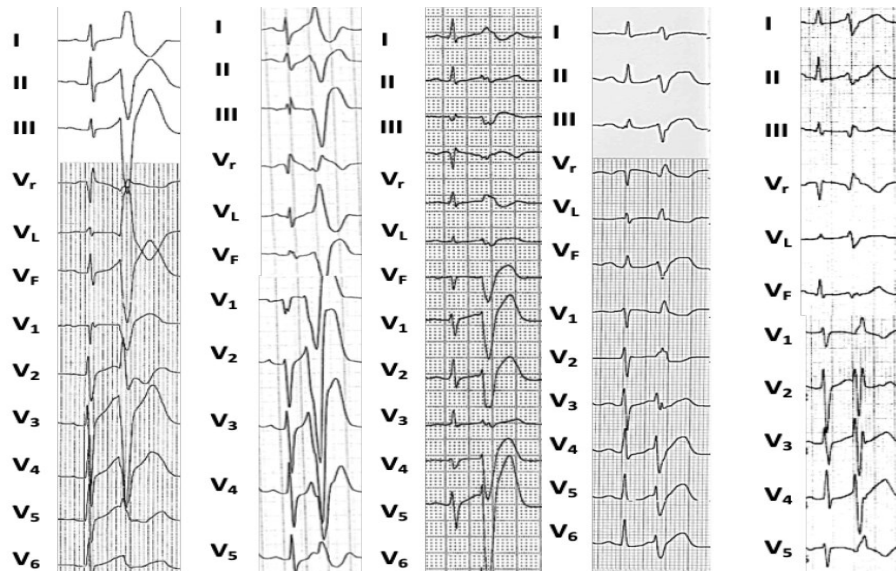
Ajmaline test 1mk/kg with the purpose of unmasking Brugada ECG pattern



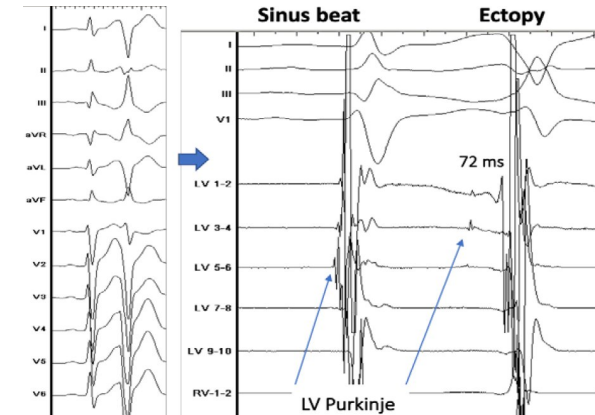
Drug provocation of malignant Purkinje ectopy

16 pts, 8 women, 36yrs : referred for VF or Syncope
(2 pts had VF during propofol anesthesia)

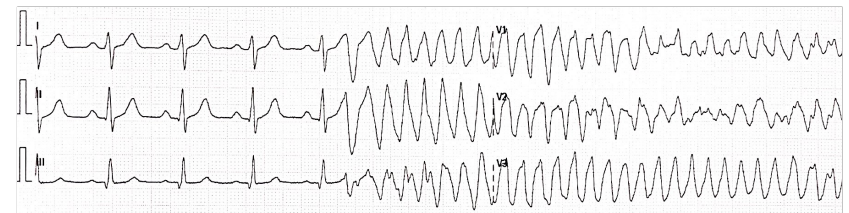
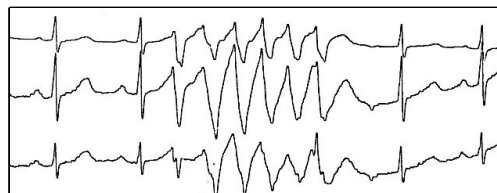
Without any Brugada pattern, **ScPVCs** were induced
on **Ajmaline** or **Flecainide**, (at 234sec = 4^e min)



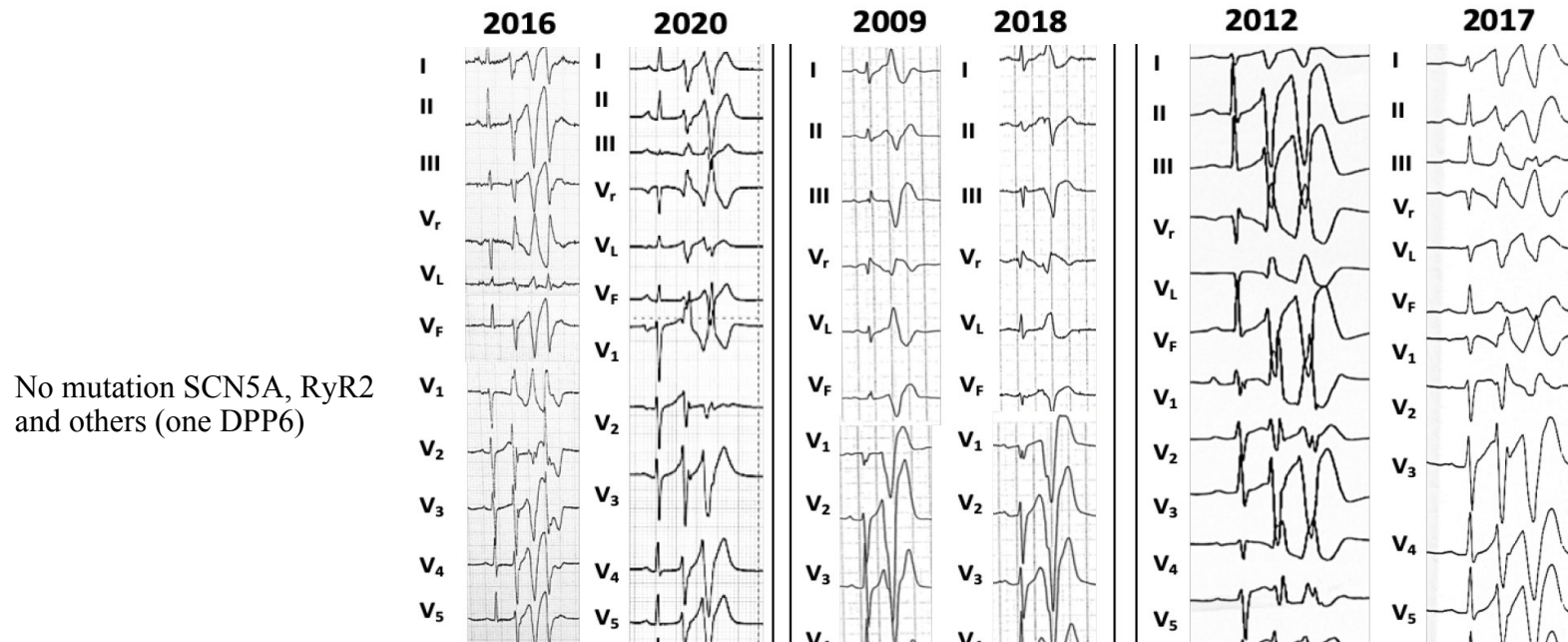
Mapping in 9 : Purkinje origin



**Polymorphic VT
or VF in 9 (56%)**



Reproducibility of a 2nd NaBI test (45mths later) in 7 of 7 patients : indicate a distinct mechanism/subset



Na blocker test was the only way to reveal malignant PVCs in 6 patients with unexplained VF or syncope

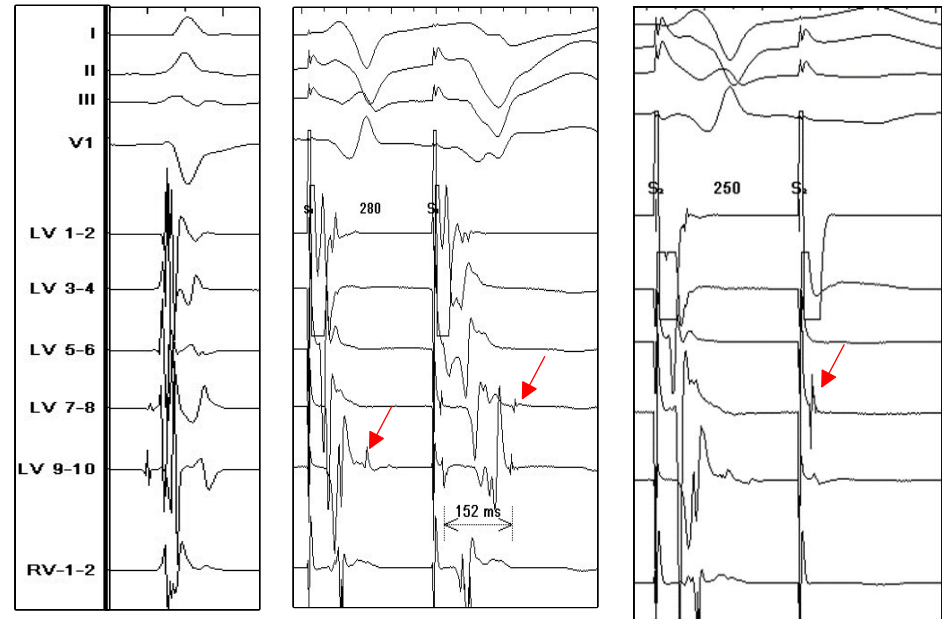
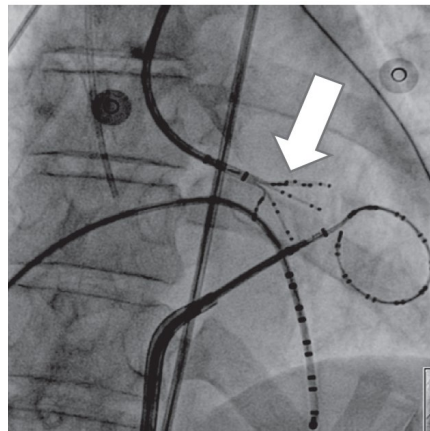
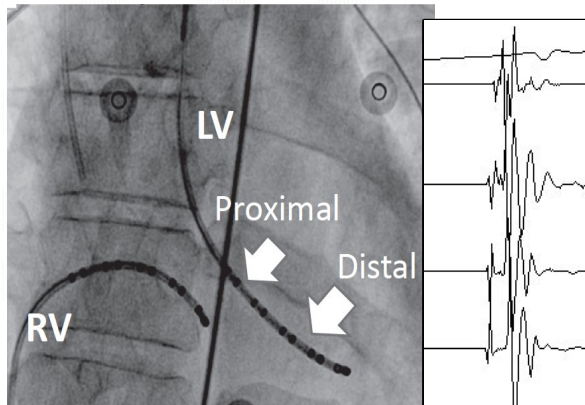
Last 6 months: > 10 cases observed

We anticipate a significant part of ScPVC susceptibility may be revealed by Na blocker , and **be used to identify subjects at risk**

Abnormal Purkinje conduction

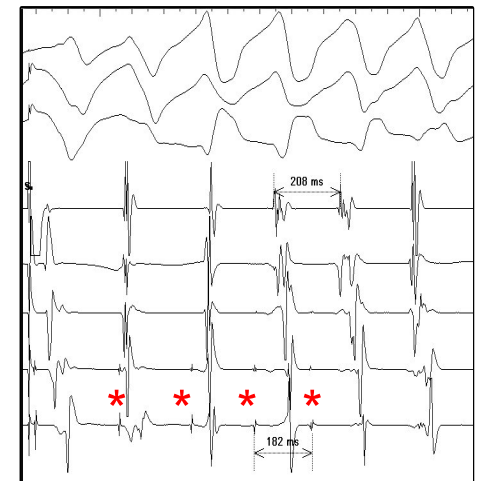
Purkinje system as a driver

LV Purkinje is mapped during programmed stimulation and VF induction



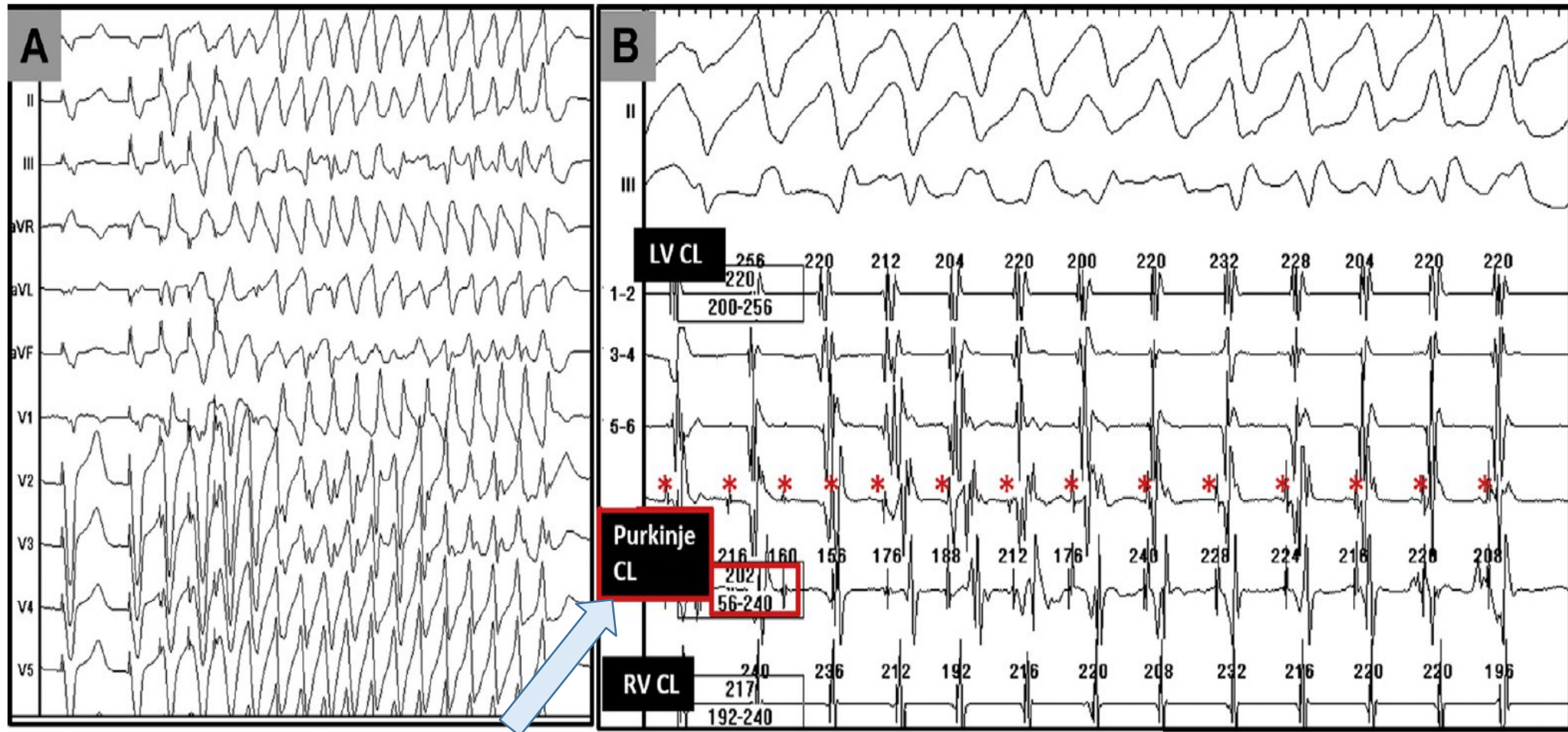
Aim : Look for repetitive Purkinje activity associated 1:1 with myocardium

Normal < 3 beats



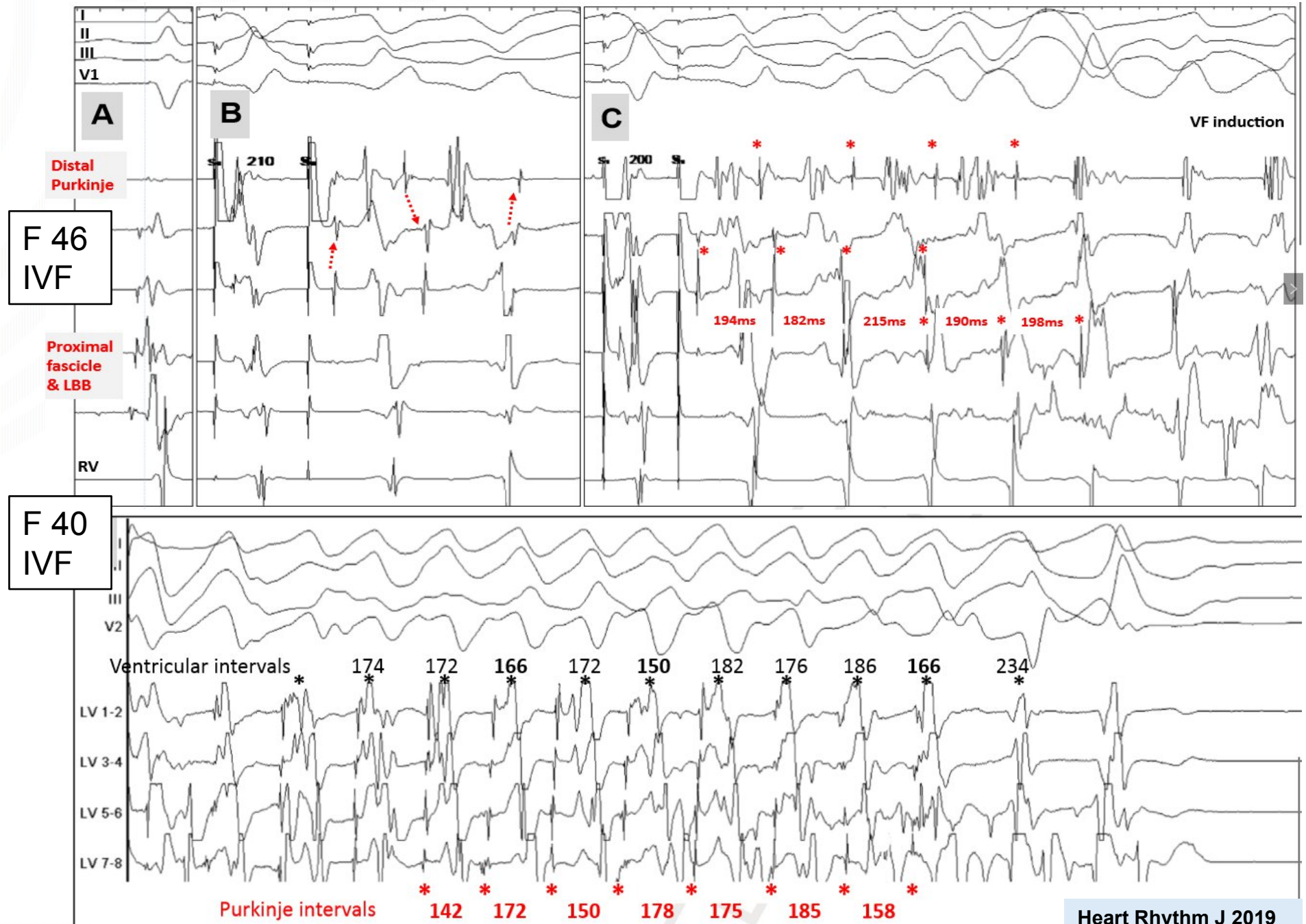
Unexplained/Idiopathic VF in a 15y girl (family SCD)

Inducible Purkinje-related polymorphic VT as the only abnormality



Purkinje cycle lengths more rapid than LV and RV cycle lengths

Unexplained/Idiopathic VF in two women -Inducible Purkinje reentry



Purkinje system in VF associated with Cardiomyopathies (DCM, HCM)

In addition to
Purkinje as a
potential Trigger

Purkinje as a Driver

Purkinje activities are provoked at the VF induction in 37 % of pts with HCM or DCM)

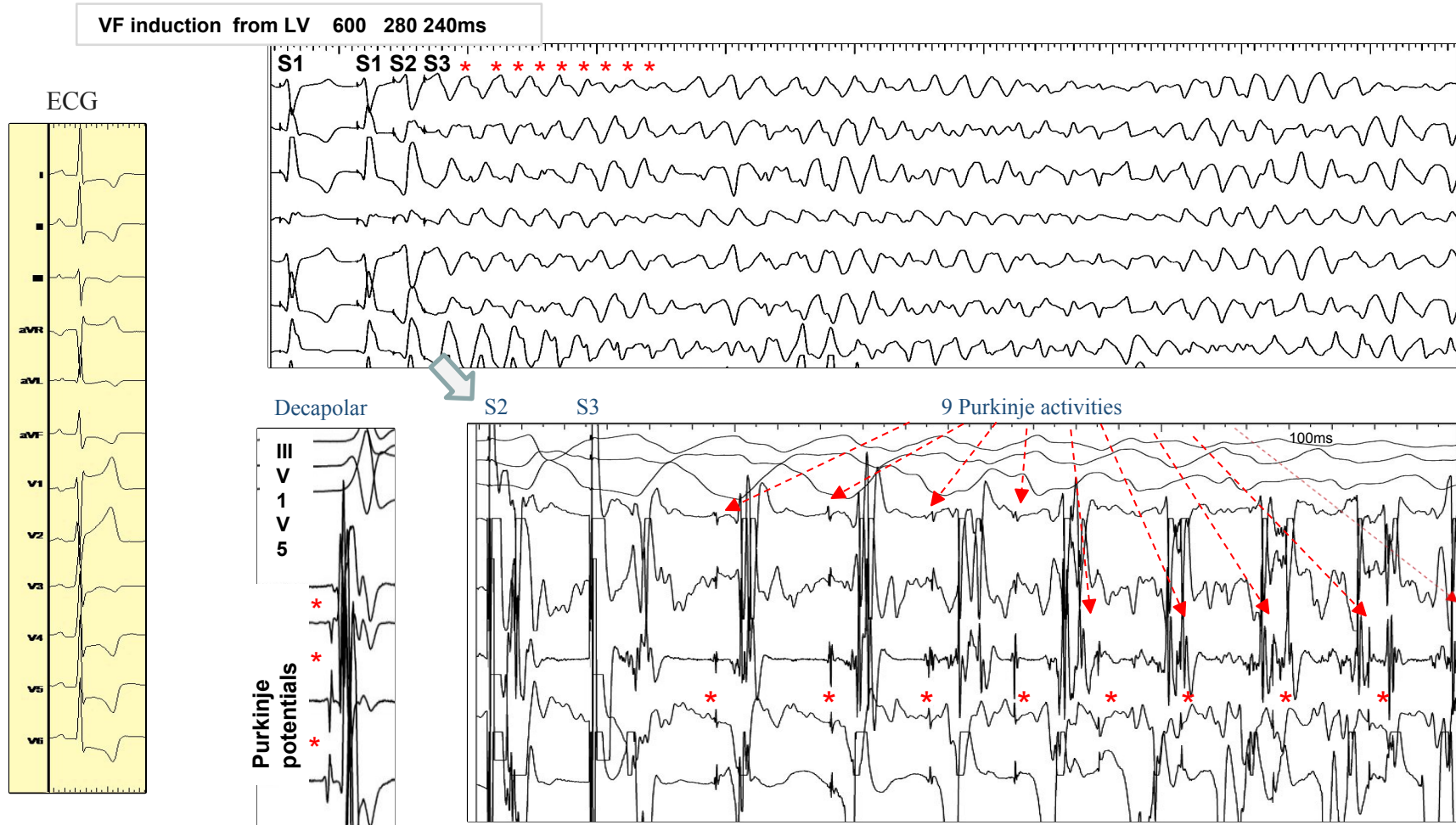
LV induction usually required (close to distal network)

Purkinje present for 14 initial VF beats= 3.1±0.4 sec

Purkinje has shorter cycle length (than myocardium 218 vs 230 ms)

No such repetitive Purkinje activity was induced in patients with BrS

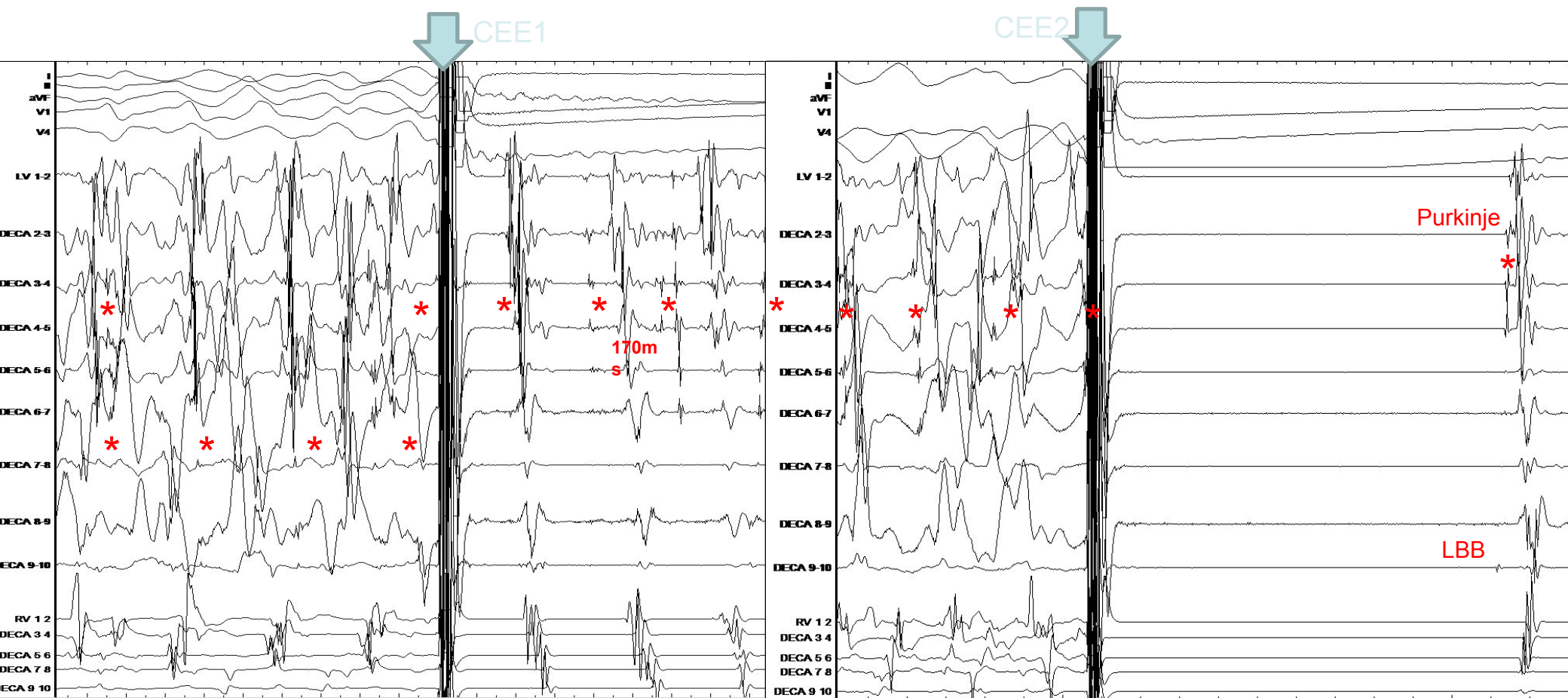
CASE 1 - M 29yrs HCM (septum 27mm) 7 VF on ICD No ectopic PVC/trigger



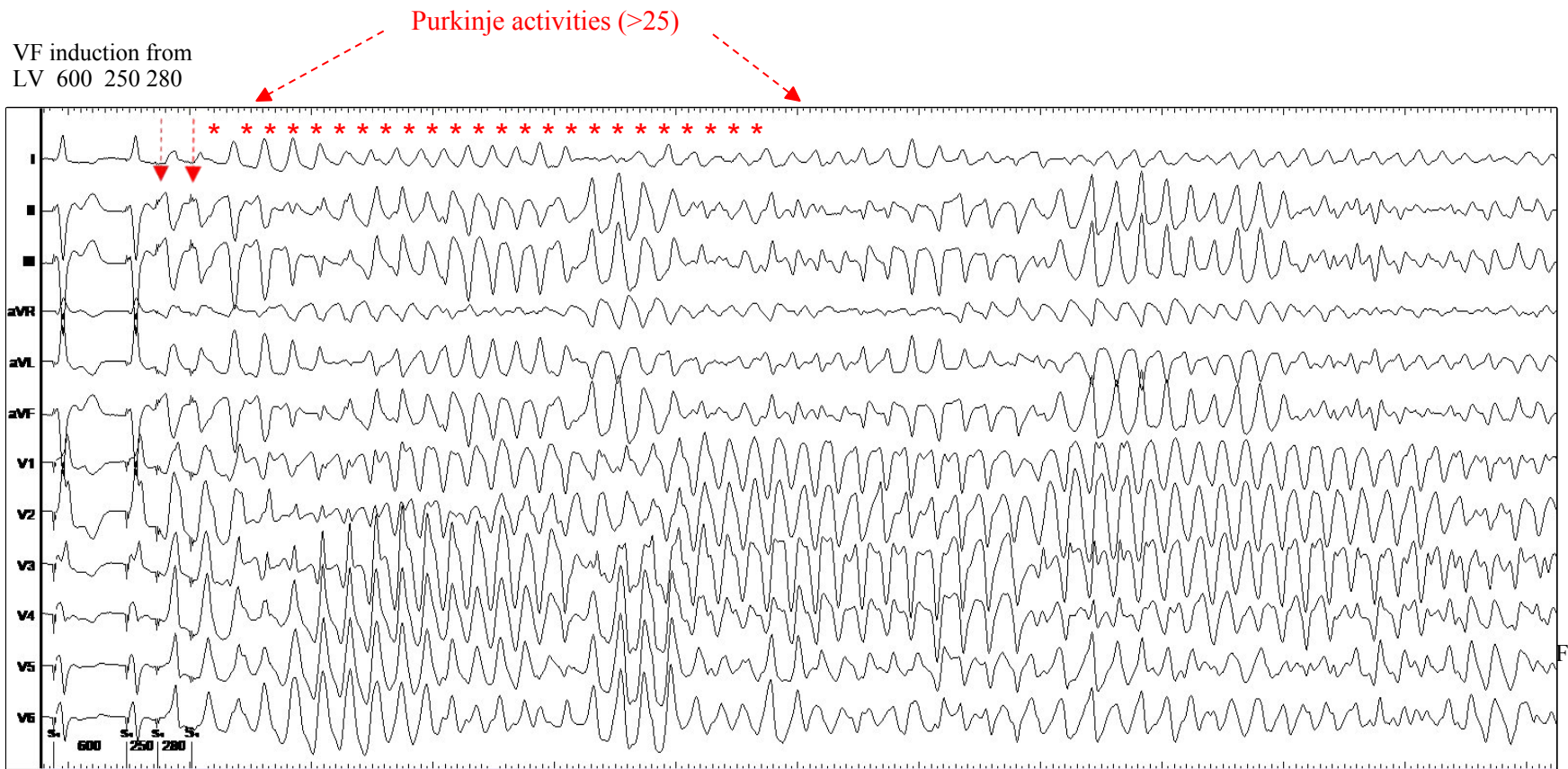
Importance of multielectrode Purkinje recordings for Purkinje recognition within fractionated myocardial electrograms

Bundle branch reentry is excluded

1st Cardioversion for VF - VF continuation with Purkinje 1:1



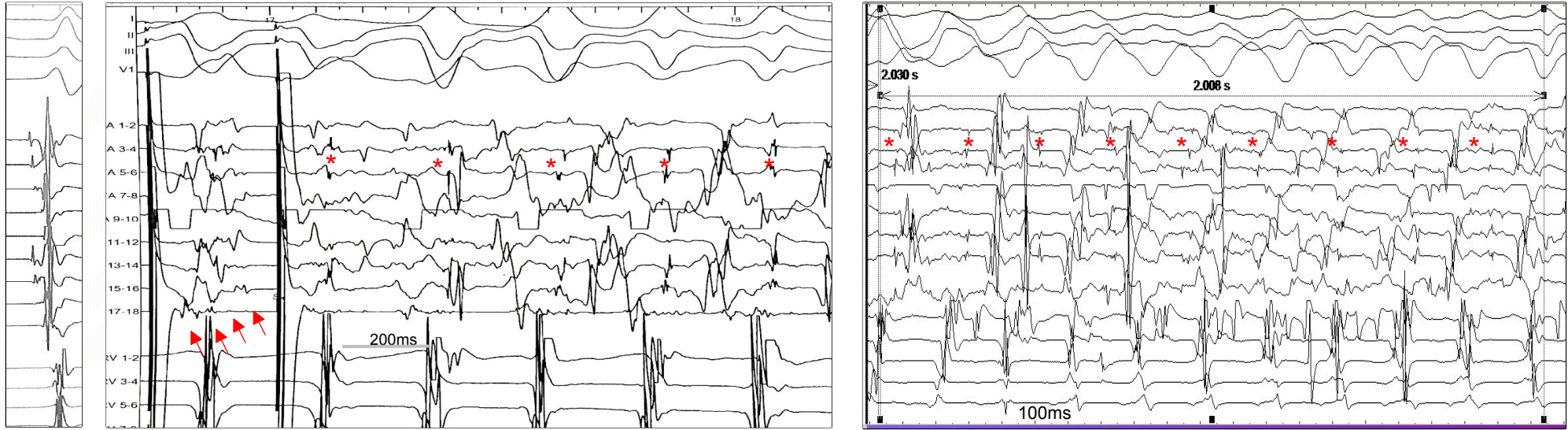
CASE - M 63yrs HCM 5 VF on ICD No ectopic trigger



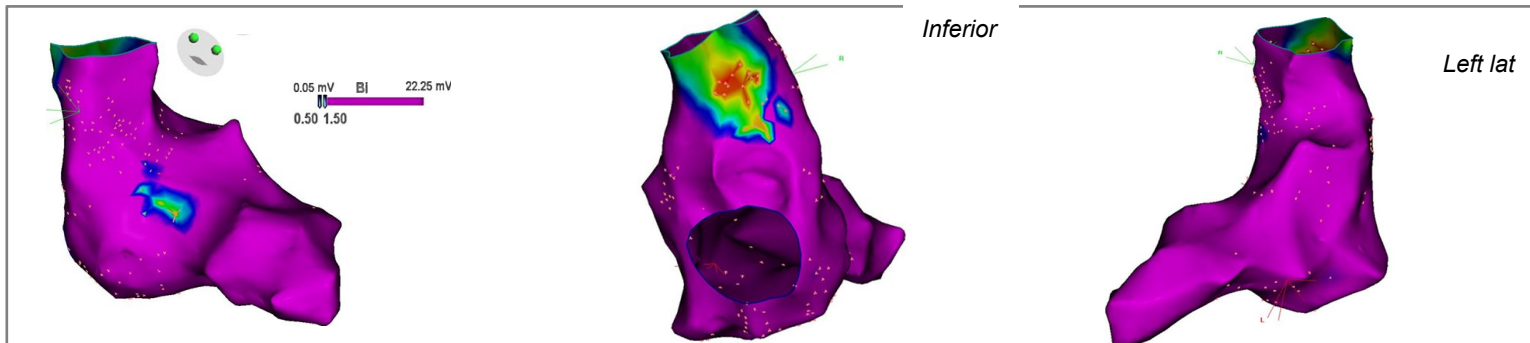
Induction from the LV

**Eur Heart J
2022**

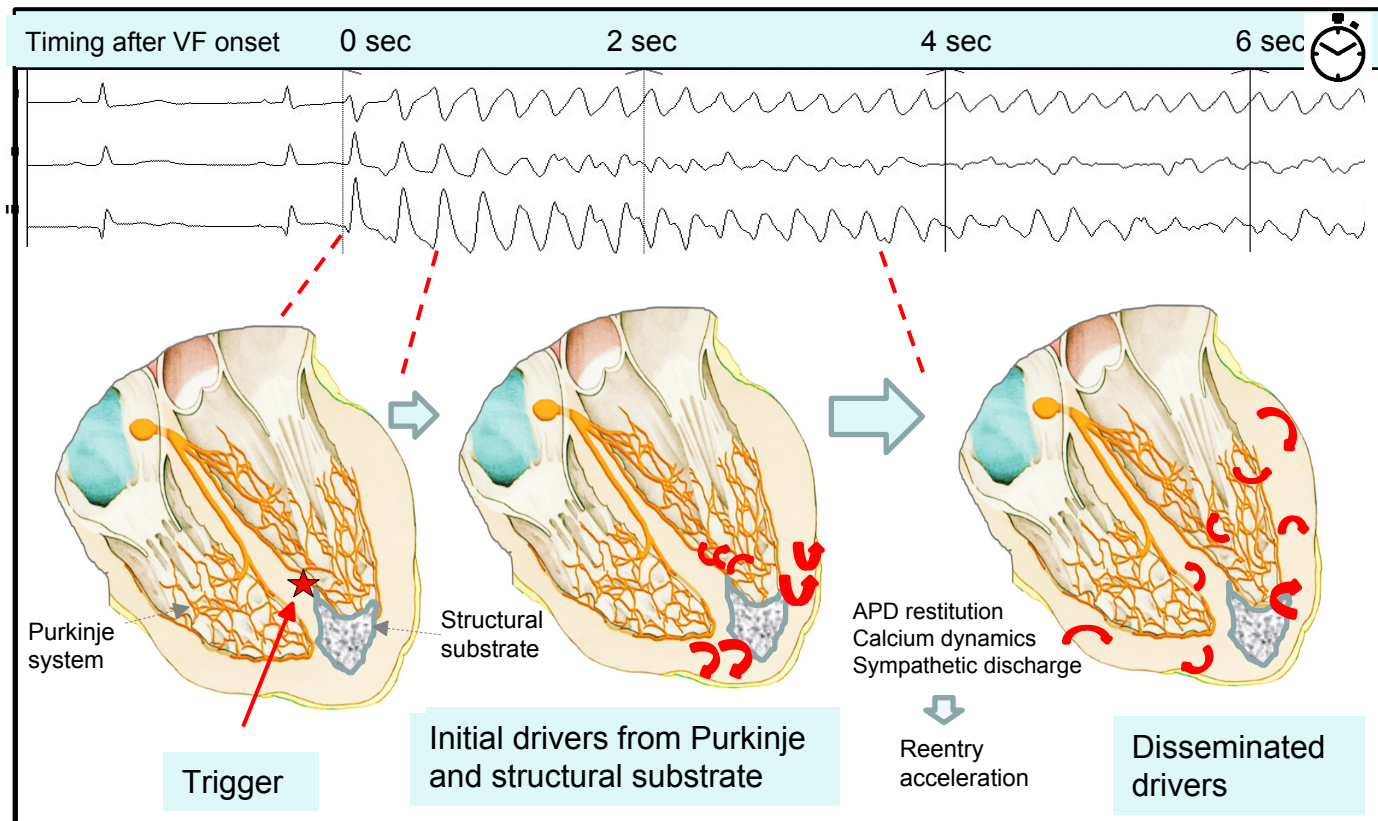
S3-270ms



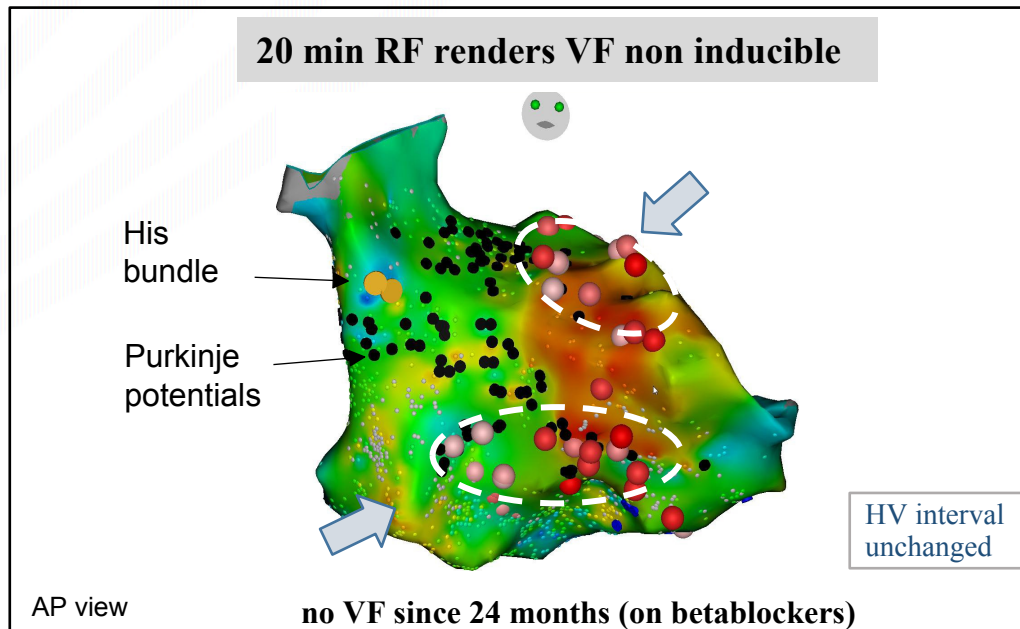
Small low voltage (7cm²) areas And no significant fragmented egms



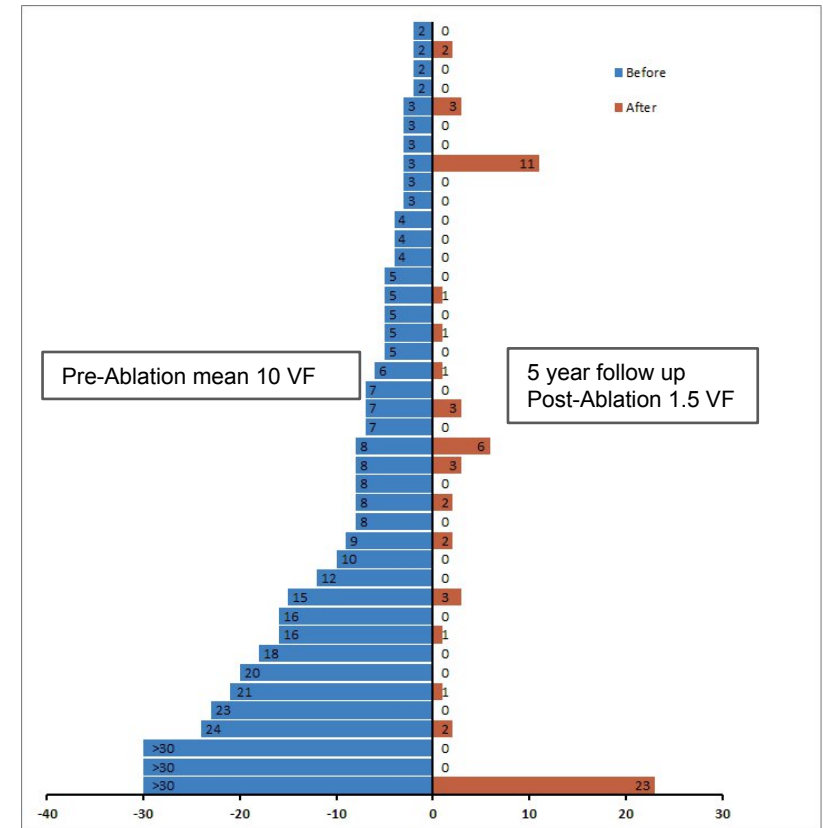
Purkinje network is likely an essential link to VF initial launching and continuity to desorganized VF



Purkinje ablation alone or added to the myocardial substrate is effective



58 % (14/24) of VF associated with ICM and NICM had Purkinje involvement



Purkinje mapping is an indispensable part of SCD phenotyping

VF triggers originate from Purkinje :

In a significant part of idiopathic VF

In most ischemic VF

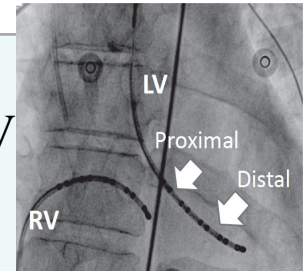
In unknown part of LV structural diseases

An emerging role as drivers,

Purkinje 'reentries' are inducible by LV

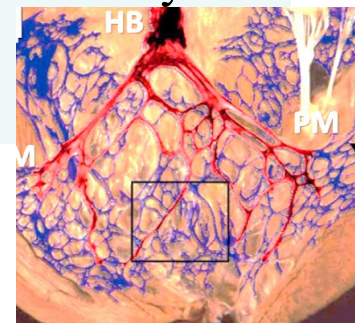
In distinct part of idiopathic VF

In significant part of VF in cardiomyopathies,
lasting for ~ 3 seconds of VF onset



Purkinje activities are **short-lasting but likely an essential link** to VF continuity

Identification of **individual patients** allows specific treatment

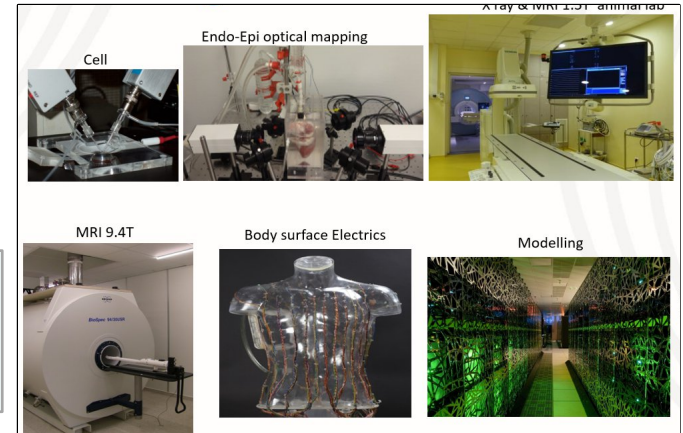


Mapping complexity limit the improvement in knowledge



Members from 18 countries : Cardiac
electrophysiology-Imaging-Signal processing-Modeling ...

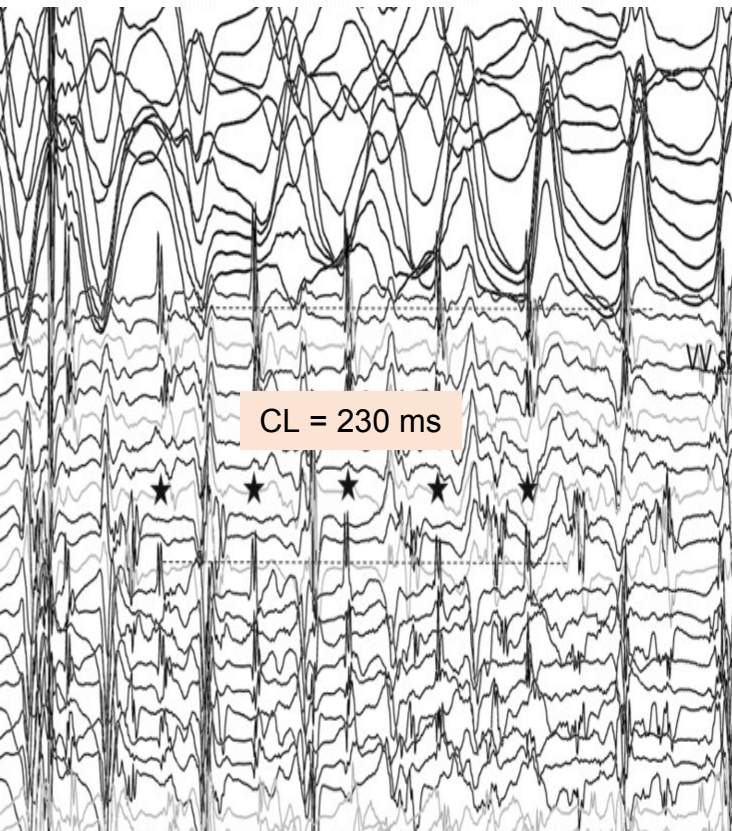
LIRYC : Cardiac Electrophysiology & Modeling Institute



**OPEN Positions for SIGNAL
processing engineering in sudden
cardiac death**

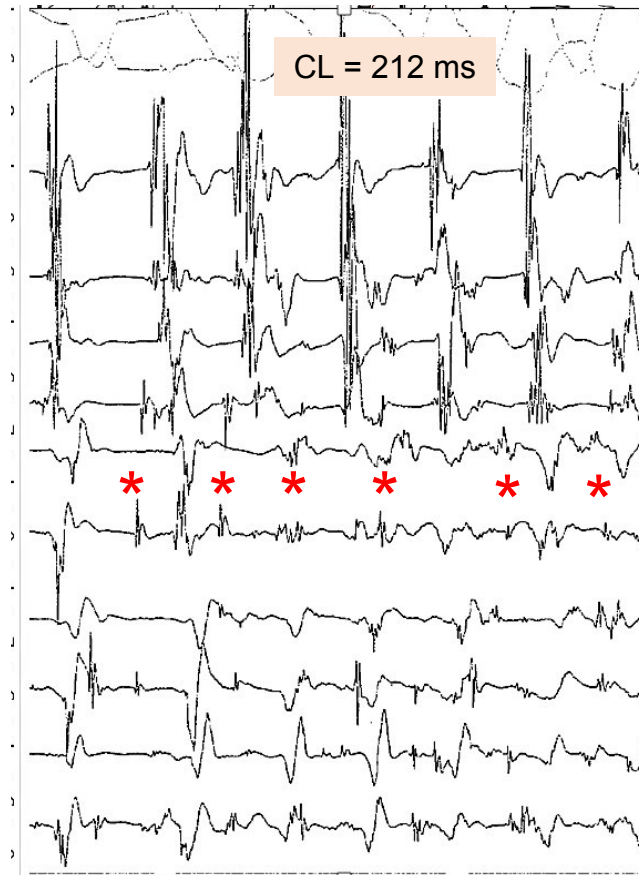
Recent cases of Purkinje-related VF

M 62 DCM



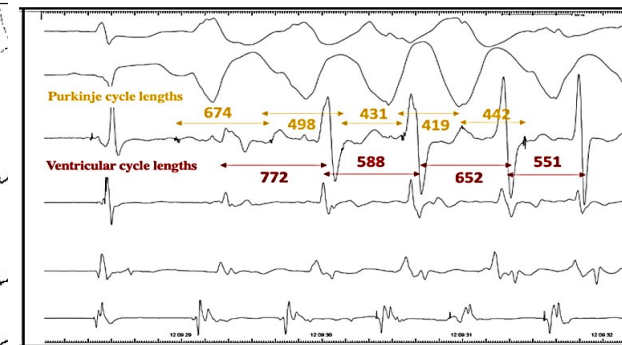
P Santangelli UPenn

M 42 DCM

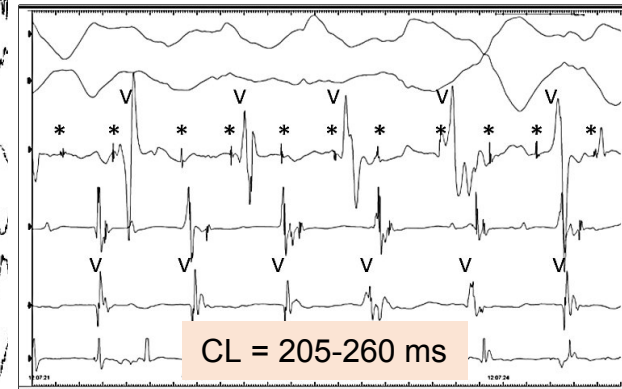


X Waintraub Pitié

F 9 HCM



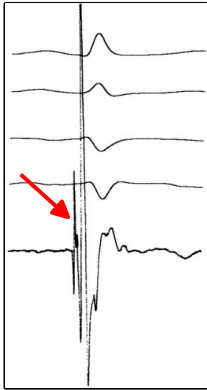
2:1 Purkinje-Myocardium activation



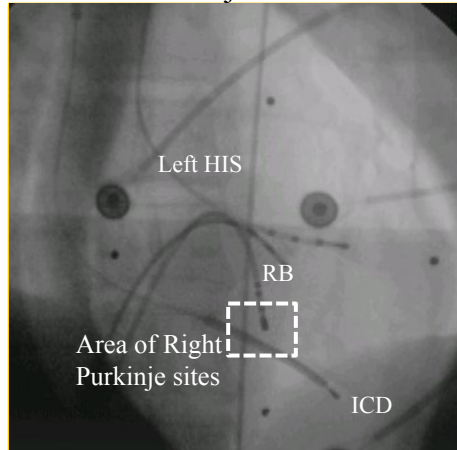
V Waldmann HEGP

Trigger ablation is very effective (except multifocal PVCs)

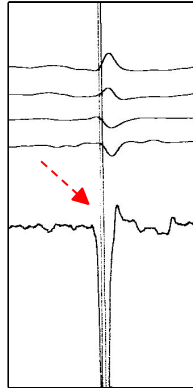
Purkinje site
pre ablation



RV Purkinje ablation



Purkinje elimination



Our experience (81 pts)

PURKINJE	71 pts
RVOT-LVOT	8 pts
MYOCARDIUM	2 pts

Mean RF duration
 9 ± 5 min/patient

Additional RF applications in surrounding Purkinje to “prune the tree”

