

# PLACE

PLATFORM OF LABORATORIES FOR ADVANCES IN CARDIAC EXPERIENCE

**ROMA**

Centro Congressi  
di Confindustria  
**Auditorium  
della Tecnica**

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## PRIMUM NON NOCERE: MENO SHOCK INAPPROPRIATI, PIÙ QUALITÀ DI VITA PER I PAZIENTI ICD/CRT

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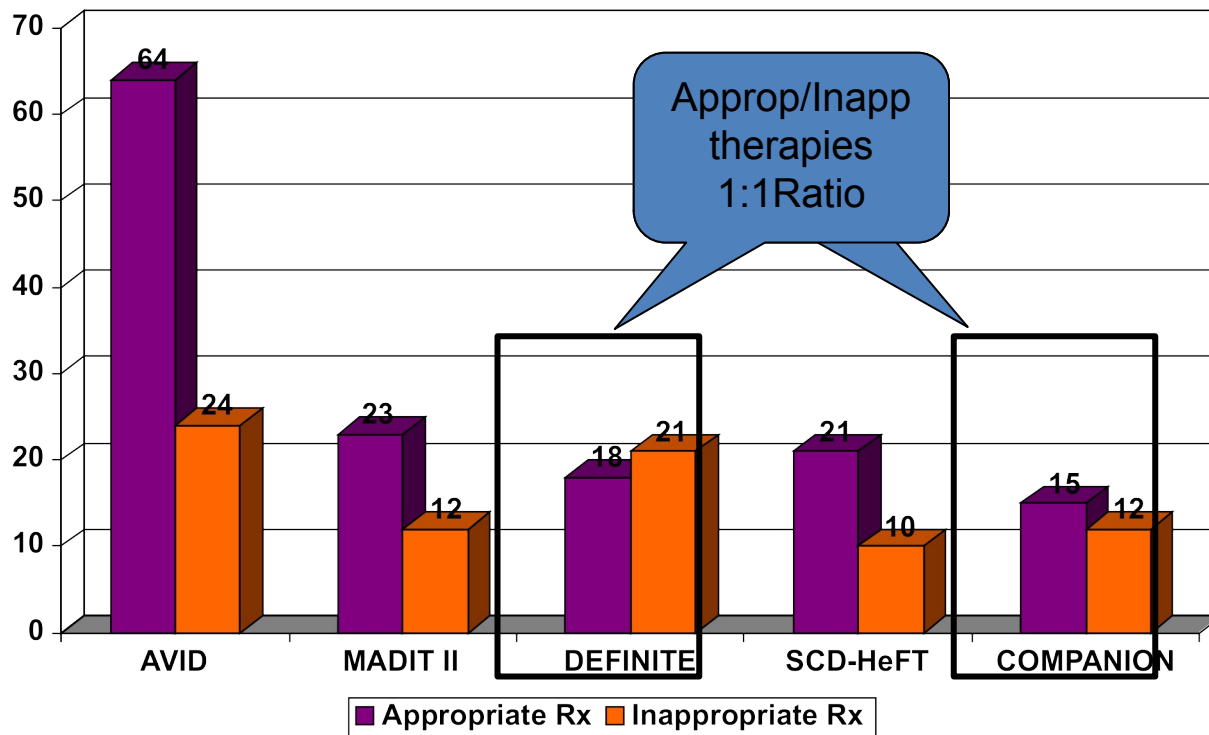


# Conflitto di interessi

- Nessuno pertinente a questa presentazione

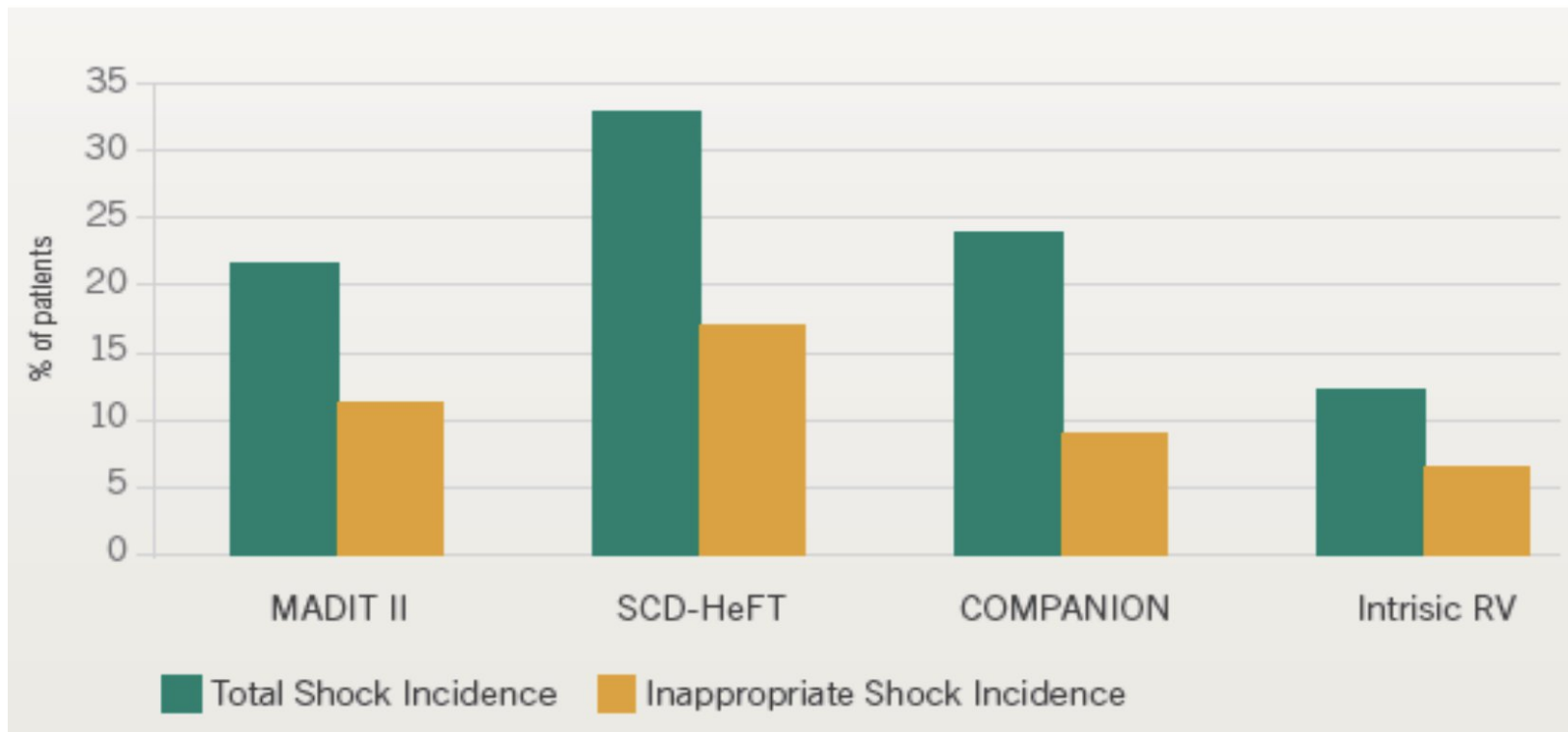


## Inappropriate shocks: a relevant issue





## Inappropriate shocks: a relevant issue



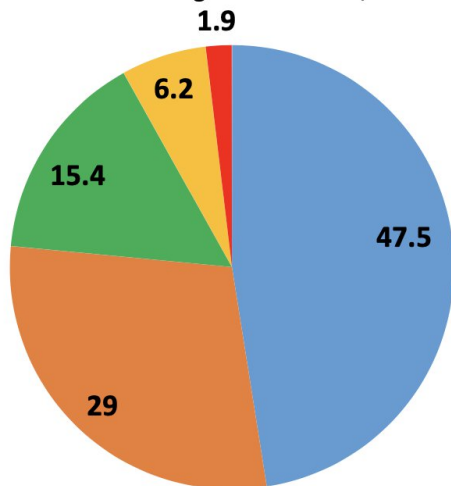


# Main causes of Inappropriate Shocks



## SCD-HeFT

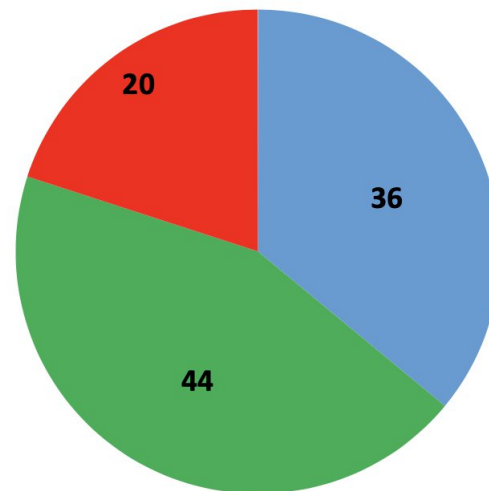
Poole JE. *N Eng J Med* 2008; 359:1009-17.



- Sinus tacy
- AT or SVT
- AF or flutter
- AVNRT
- Abnormal sensing

## MADIT II

Daubert JB. *J Am Coll Cardiol* 2008; 51:1357-65.



- SVT
- AF or flutter
- Abnormal sensing

# Main causes of Inappropriate Shocks



	Total (n = 1,544)	Single-Chamber ICD (n = 188)	Dual-Chamber ICD (n = 819)	CRT-D (n = 537)
Patients with $\geq 1$ inappropriate shock	204 (13)	29 (15)	122 (15)	53 (10)
Rhythm misdiagnosis				
Supraventricular tachycardia	155 (76)	19 (65)	96 (79)	40 (75)
AF	92 (45)	14 (48)	55 (45)	23 (43)
Other than AF	63 (31)	5 (17)	41 (34)	17 (32)
Abnormal sensing	25 (12)	2 (8)	15 (12)	8 (15)
Sinus tachycardia	22 (11)	7 (24)	10 (8)	5 (10)
Unclassified	2 (1)	1 (3)	1 (1)	0 (0)

**76%**  
 of IS are the result of  
 device misclassification



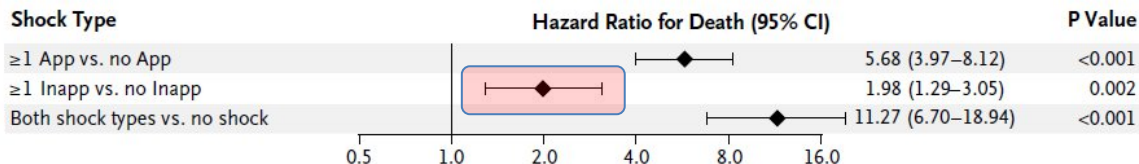
# Prognostic impact in MADIT II and SCD-HeFT

**Table 6 Predictors of All-Cause Mortality by Cox Proportional Hazards Regression Analysis**

Variable	Hazard Ratio	95% Confidence Interval	p Value
<b>Baseline characteristics</b>			
Blood urea nitrogen >25	2.07	1.38-3.11	<0.01
No beta-blocker	1.64	1.09-2.47	0.02
<b>Interim events</b>			
Interim CHF hospitalization	4.23	2.70-6.62	<0.01
Appropriate and inappropriate shock	4.08	1.71-9.75	<0.01
Appropriate shock only	3.36	2.04-5.55	<0.01
Inappropriate shock only	2.29	1.11-4.71	0.02
Appropriate and inappropriate therapy	3.12	1.38-7.03	<0.01
Appropriate therapy only	2.53	1.54-4.15	<0.01
Inappropriate therapy only	2.01	0.97-4.13	0.06
Appropriate ATP but not shock	0.412	0.148-1.150	0.0903
Inappropriate ATP but not shock	0.729	0.213-2.496	0.6145

Daubert PJ, J Am Coll Cardiol 2008;51:1357-65)

Inappropriate shocks were associated with a near doubling of the risk of death.

**Figure 1. Hazard Ratios for the Association of ICD Shock with the Risk of Death, According to Shock Type.**
**A**


Poole JE, N Engl J Med. 2008;359(10):1009-1017



# IS shocks decrease QoL

SF-36 domains	Atrial fibrillation		Heart failure		Appropriate therapy		Inappropriate shock	
	<i>p</i> -value	ES	<i>p</i> -value	ES	<i>p</i> -value	ES	<i>p</i> -value	ES
Physical functioning	<0.001	0.47	<0.001	0.68	0.812		0.119	
Role physical	0.002	0.38	0.003	0.48	0.211		0.382	
Bodily pain	0.051	0.26	0.260		0.229		0.188	
General health	0.004	0.38	0.023	0.33	0.864		0.118	
Vitality	0.234		0.075	0.30	0.166		0.080	0.31
Social functioning	0.004	0.42	0.069	0.36	0.180		0.058	0.37
Role emotional	0.234		0.195		0.209		0.028	0.42
Mental health	0.288		0.681		0.033	0.30 <sup>a</sup>	0.242	
Physical Component Summary	<0.001	0.48	<0.001	0.63	0.735		0.252	
Mental Component Summary	0.495		0.884		0.076	0.27 <sup>a</sup>	0.060	0.38

HCM patients with ICDs suffer from poor HRQL regardless of age, sex, or primary vs secondary prevention indication. Atrial fibrillation and systolic heart failure are determinants of poor physical health. **Inappropriate shocks, but not appropriate therapies, are associated with poorer mental health.**

## Healthcare Utilization and Expenditures Associated With Appropriate and Inappropriate Implantable Defibrillator Shocks


**Table 4. Outpatient Shock-Related Procedures**

Procedure	All Outpatient Visits (n=608)*	Appropriate (n=346)	Inappropriate (n=233)
Device interrogation	599 (76.1%)	362 (80.8%)	231 (78.3%)
ECG	578 (73.4%)	316 (70.5%)	220 (74.6%)
Ambulance transportation	483 (61.4%)	254 (56.7%)	185 (62.7%)
Emergency room visit	359 (45.6%)	183 (40.8%)	152 (51.5%)
Chest x-ray	320 (40.7%)	175 (39.1%)	124 (42.0%)

### WHAT THE STUDY ADDS

- In patients with ICDs, 46% of shock events had shock-related HCU.
- After shocks, inpatient cardiovascular procedures were common, and expenditures were not significantly different following inappropriate versus appropriate shocks.
- ICD shocks seem to trigger a cascade of health care, and strategies to reduce shocks could result in cost savings.

**Table 2. Inpatient Shock-Related Procedures**

	All Inpatient Visits (n=259)*	Appropriate (n=155)	Inappropriate (n=80)
Any procedure (primary or secondary)			
ECG	221 (85.3%)	144 (92.9%)	58 (72.5%)
Chest x-ray	196 (75.7%)	124 (80.0%)	54 (67.5%)
Cardiac catheterization	196 (75.7%)	123 (79.4%)	41 (51.3%)
Echocardiography	152 (58.7%)	94 (60.6%)	41 (51.3%)
Emergency room visit	103 (39.8%)	67 (43.2%)	28 (35.0%)
Electrophysiology study/ablation	87 (33.6%)	61 (39.4%)	9 (11.3%)
Device interrogation	67 (25.9%)	47 (30.3%)	15 (18.8%)
Stress test	42 (16.2%)	29 (18.7%)	7 (8.8%)
Lead or device revision	28 (10.8%)	8 (5.2%)	23 (28.8%)
Percutaneous coronary intervention	17 (6.6%)	10 (6.5%)	4 (5.0%)
Circulatory support	9 (3.1%)	7 (4.5%)	0 (0.0%)
Heart/pericardium operations	5 (1.9%)	3 (1.9%)	2 (2.5%)
Cardioversion	4 (1.5%)	1 (0.6%)	2 (2.5%)



# Strategies to reduce inappropriate shocks



## Effects of prolonged Tachycardia detection on IS

Study	Participants (N)	Short detection controls	Prolonged detection intervention	Findings
PREPARE	1391 Nonrandomized primary prevention	12 of 16 (58%) 18 of 24 (42%)	30 of 40	Reduction in inappropriate shocks (SVT), avoidable shocks (VT), and 'morbidity index'
RELEVANT	324 Nonrandomized primary prevention	12 of 16	30 of 40	Reduction in inappropriate shocks (SVT), avoidable shocks (VT), and HF hospitalizations
MADIT-RIT	1500 Randomized primary prevention	2.5 s (170–199 bpm) 1 s ( $\geq 200$ bpm)	60 s (170–199 bpm) 12 s (200–249 bpm) 2.5 s ( $\geq 250$ bpm)	Reduction in first inappropriate therapy, first appropriate therapy, appropriate ATP, and inappropriate ATP; improved survival
ADVANCE III	1902 Randomized primary and secondary prevention	18 of 24	30 of 40	Reduction in overall therapies, inappropriate shocks, and all-cause hospitalizations
PROVIDE	1670 Randomized primary prevention	12 beats	25 beats (180–214 bpm) 18 beats (214–250 bpm) 12 beats ( $> 250$ bpm)	Reduction in all-cause shock rate; improved survival



Conventional therapy (N=514)

High Rate Therapy (N=500)

Delayed Therapy (N=486)

Zone 1:  $\geq 170$  bpm,  
2.5 s delay

Zone 1:  $\geq 170$  bpm:  
**monitor only**

Zone 1:  $\geq 170$  bpm,  
**60s delay**

Zone 2:  $\geq 200$  bpm,  
1s delay

Zone 2:  $\geq 200$  bpm,  
2.5 s delay

Zone 2:  $\geq 200$  bpm,  
**12s delay**

Zone 3:  $> 250$  bpm,  
**2.5s delay**

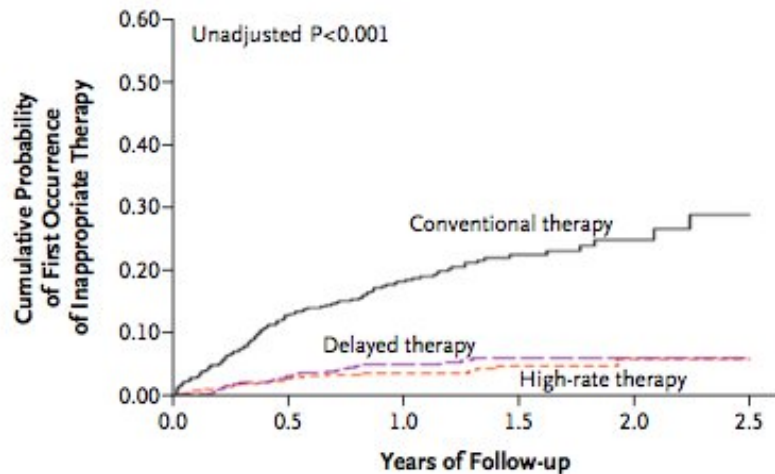
**Hypothesis:** programming devices to deliver therapy at  $\geq 200$  bpm or to increase the duration of the monitoring delay before the initiation of therapy would decrease the number of patients receiving inappropriate therapies without increasing morbidity or mortality, as compared with conventional programming.





# MADIT-RIT

## Results



**Table 3.** Hazard Ratios for a First Occurrence of Inappropriate Therapy, Death, and a First Episode of Syncope According to Treatment Group.

Variable	Conventional Therapy (N=514)	High-Rate Therapy (N=500)	Delayed Therapy (N=486)	High-Rate Therapy vs. Conventional Therapy		Delayed Therapy vs. Conventional Therapy	
				Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value
	no. of patients						
First occurrence of inappropriate therapy	105	21	26	0.21 (0.13–0.34)	<0.001	0.24 (0.15–0.40)	<0.001
Death	34	16	21	0.45 (0.24–0.85)	0.01	0.56 (0.30–1.02)	0.06
First episode of syncope	23	22	22	1.32 (0.71–2.47)	0.39	1.09 (0.58–2.05)	0.80


**Table 2. First Occurrence, Any Occurrence, and Total Occurrences of Appropriate and Inappropriate Device Therapy According to Treatment Group.\***

Variable	Conventional Therapy (N = 514)	High-Rate Therapy (N = 500)	Delayed Therapy (N = 486)	P Value for High-Rate Therapy vs. Conventional Therapy	P Value for Delayed Therapy vs. Conventional Therapy
<b>First occurrence of therapy — no. of patients (%)</b>					
Appropriate therapy	114 (22)	45 (9)	27 (6)	<0.001	<0.001
Shock	20 (4)	22 (4)	17 (3)	0.68	0.74
Antitachycardia pacing	94 (18)	23 (5)	10 (2)	<0.001	<0.001
Inappropriate therapy	105 (20)	21 (4)	26 (5)	<0.001	<0.001
Shock	20 (4)	11 (2)	13 (3)	0.12	0.28
Antitachycardia pacing	85 (17)	10 (2)	13 (3)	<0.001	<0.001
<b>Any occurrence of therapy — no. of patients (%)</b>					
Appropriate therapy					
Shock	28 (5)	26 (5)	19 (4)	0.86	0.25
Antitachycardia pacing	111 (22)	38 (8)	20 (4)	<0.001	<0.001
Inappropriate therapy					
Shock	31 (6)	14 (3)	15 (3)	0.01	0.03
Antitachycardia pacing	104 (20)	20 (4)	25 (5)	<0.001	<0.001
<b>Total occurrences of therapy — no. of occurrences</b>					
Appropriate therapy	517	185	196	<0.001	<0.001
Shock	71	72	53	0.35	0.15
Antitachycardia pacing	446	113	143	<0.001	<0.001
Inappropriate therapy	998	75	264	<0.001	<0.001
Shock	105	25	49	0.001	0.16
Antitachycardia pacing	893	50	215	<0.001	<0.001



# Supraventricular Tachycardia discriminators

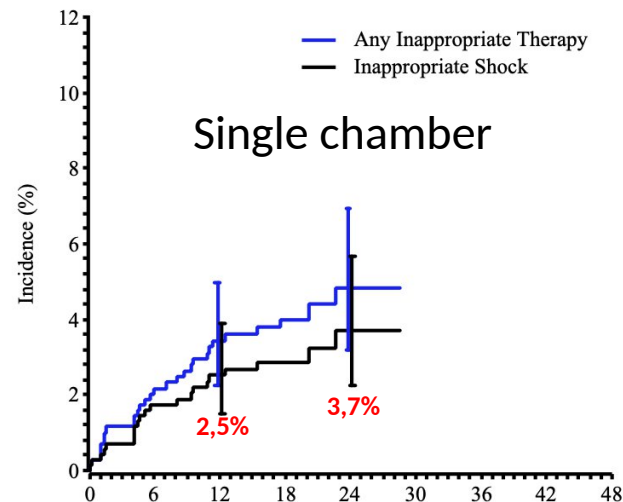
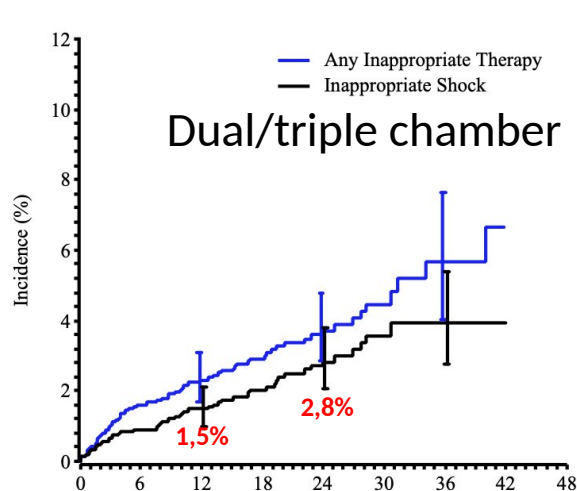
Onset	Manufacturer	Algorithm
	BIOTRONIC	Pr logic
Stability	BOSTON	Rhythm ID
	MEDTRONIC	SST
Morphology	ABBOTT	Smart
	MICROPORT	Parad +



# PainFree SST

## Purpose

To investigate new-generation ICDs to reduce inappropriate and unnecessary shocks through novel discrimination algorithms with modern programming strategies.



The adoption of novel enhanced detection algorithms in conjunction with routine implementation of modern programming strategies led to a low inappropriate shock rate.

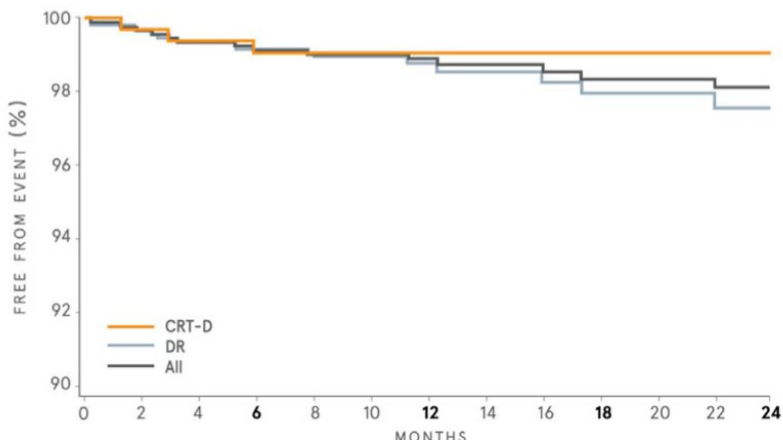


# ISIS Study

## Purpose

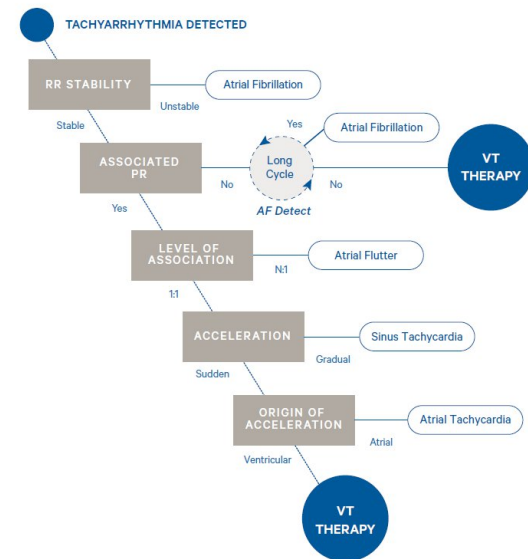
assess IS reduction with the PARAD+ discrimination algorithm in a wide spectrum of frequencies without the programming of a high cut-off rate and/or extended persistence.

## DR-ICD or CRT-ICD



**Table 1** Mandatory programming of devices

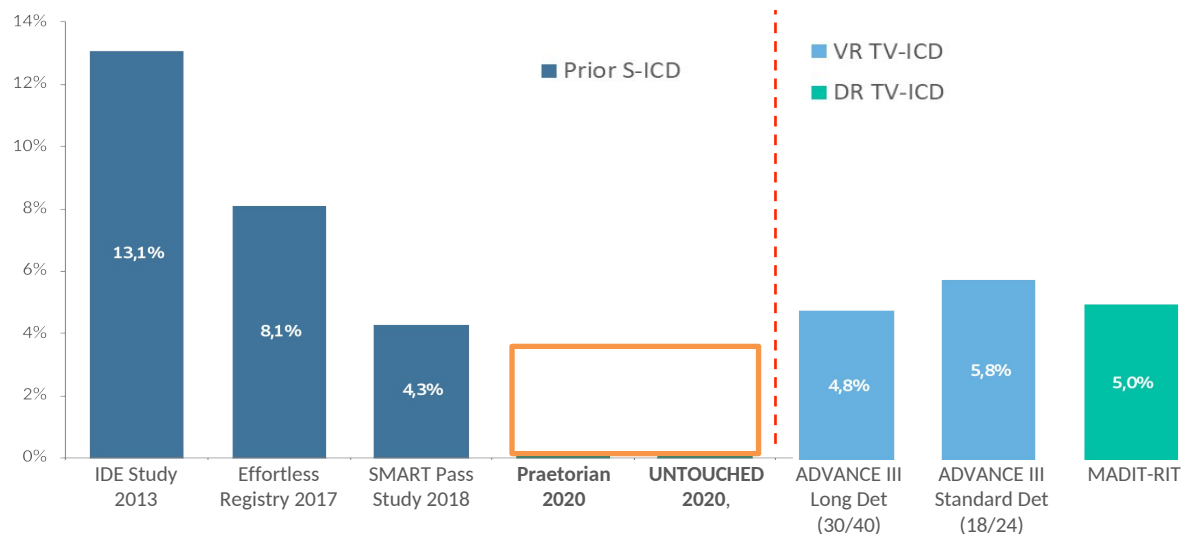
	Slow VT ON	VT ON	Fast VT+VF (
Rate ranges	<b>150</b>	<b>185</b>	<b>230</b>
Persistence ranges	<b>30</b>	<b>16</b>	<b>8</b>
Detection criteria	PARAD+		Rate + stabi
Therapies	<b>ATP1</b> <b>ATP2</b> Shocks	<b>ATP1</b> <b>Shocks</b>	<b>ATP</b> <b>Shocks</b>



The annual patient incidence rate of IS ranged from 1.0 (primary analysis) to 2.1 (worst-case analysis) per 100 person-years.

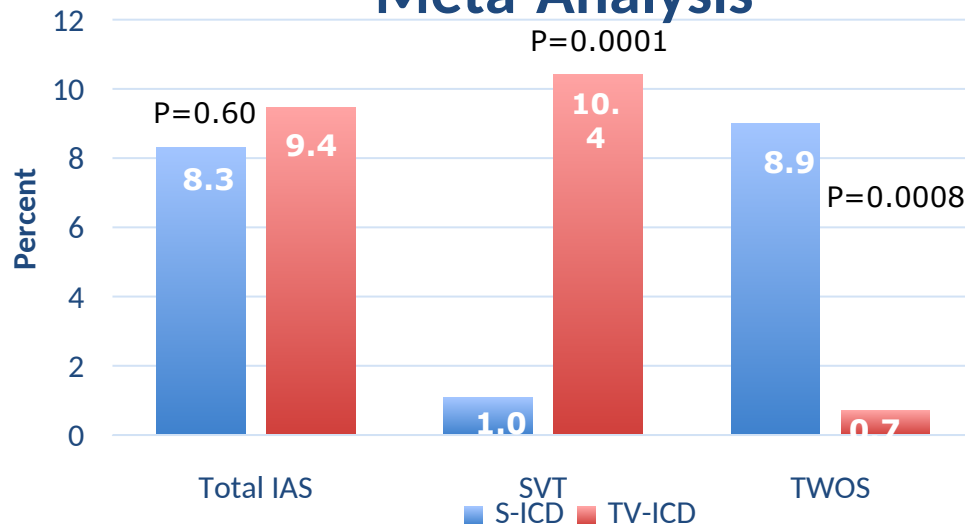


## Inappropriate shocks in S-ICD





## S-ICD vs TV ICD Meta-Analysis



- Overall rate of inappropriate shocks did not differ between S-ICD and TV-ICD.
- The rate of IAS due to SVT was **significantly higher** in TV-ICD than S-ICD.
- The rate of IAS due to T-wave oversensing (TWOS) was significantly higher in S-ICD\* than TV-ICD.



# PRAETORIAN Study

Class I & IIa indication no  
need for pacing

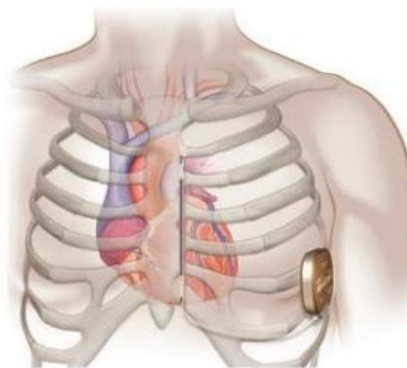
n=849

S-ICD

TV-ICD

Median follow up 48 months

Primary Endpoint: Non-Inferiority  
Complications + Inappropriate shocks



**VS**



Prospective Randomized



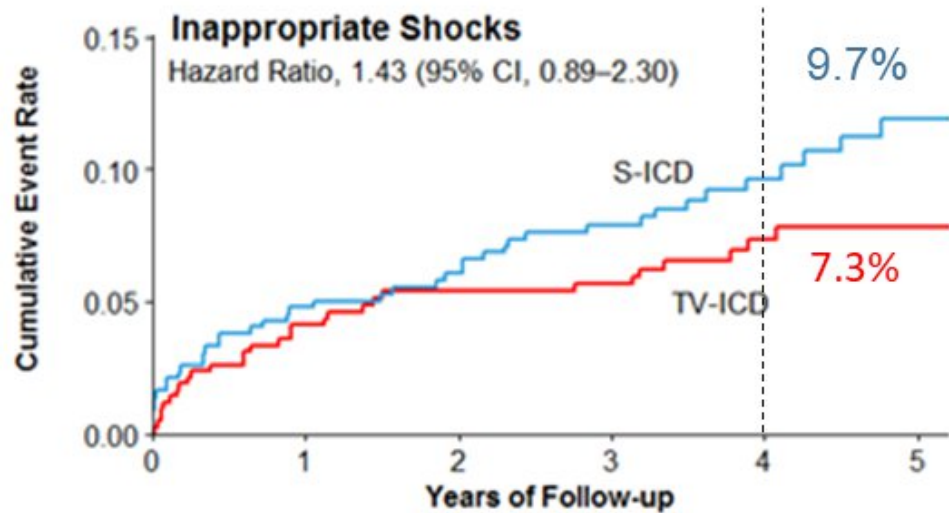


# PRAETORIAN Study

No significant difference in rate of IAS, which were low for both the S-ICD & TV-ICD groups

- ✓ 4.1% at 1 year in the TV-ICD arm vs
- ✓ 4.8% in the S-ICD arm

- Key Points
- The IAS rate is nearly identical for the first 2 years which includes data from the **EMBLEM S-ICD devices**. The early implant with **Gen 2011 S-ICD** are likely driving the curves to separate after 2 years.





# PRAETORIAN Study

- Key Points
- The rate of IAS due to Afib was higher in TV-ICD than S-ICD.
- The rate of IAS due to oversensing was higher in S-ICD than TV-ICD.
  - ✓ The **SMART Pass™ sensing filter**, which has been shown to reduce IAS by 68%, was enabled in only 11% of S-ICD patients at the time of inappropriate shock.

## Causes of Inappropriate Shocks

At 4 years (median)	S-ICD (n = 426)	TV-ICD (n = 423)
Primary composite endpoint	68 (15.1%)	68 (15.7%)
Inappropriate shock	41 (9.7%)	29 (7.3%)
– AF/SVT	15	27
– Cardiac oversensing	20	2
– Noncardiac oversensing	8	0



# UNTOUCHED Study

**Hypothesis:** The incidence of IAS for S-ICD in primary prevention, LVEF  $\leq$  35% patients will be non-inferior to the rate in TV-ICD patients with similar programming observed in MADIT-RIT high rate and long duration arms.

Design	Objective	Endpoint	#pts
Post-approval, global, non-mandated, single arm, multicentre, prospective.	Compare, in primary prevention patients with EF $\leq$ 35%, the incidence of inappropriate shocks (during 18 months) with the EMBLEM S-ICD. <b>Devices are programmed with zone cut-offs at 200 and 250</b> , and compared to objective performance criteria derived from contemporary data on transvenous ICDs programmed to minimize shocks.	<b>Primary effectiveness endpoint is freedom from inappropriate shocks at 18 months</b> compared to a performance goal of 91.6%.	1,111



# UNTOUCHED Study

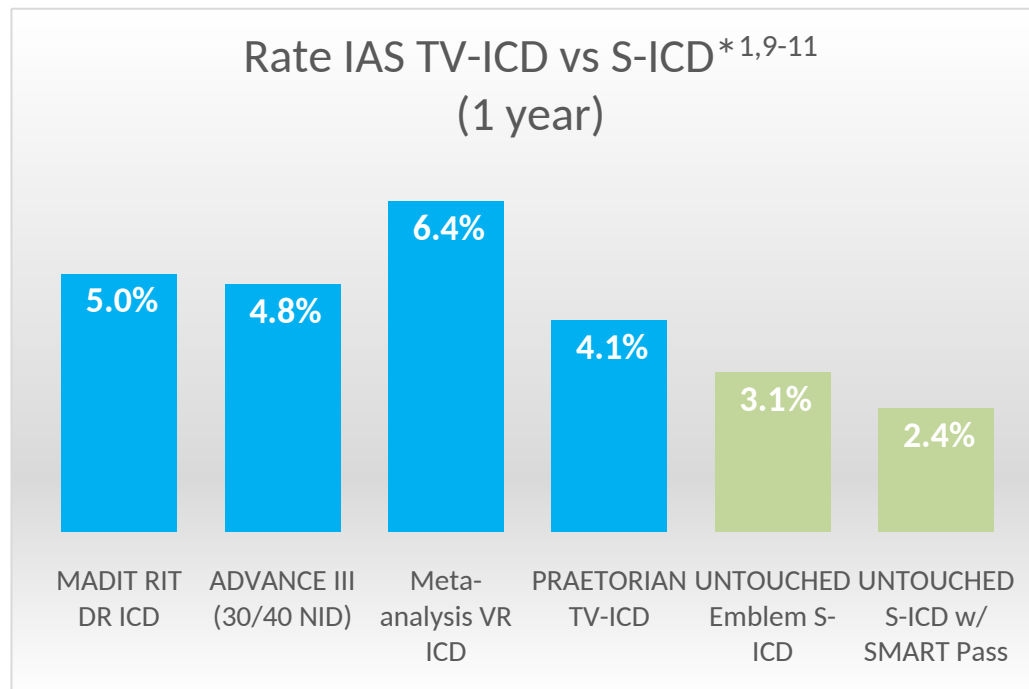
## Inappropriate shocks (IAS)

### Low rate of IAS in Primary Prevention low EF

- ✓ 3.1% overall rate of IAS at 1 year<sup>12</sup>
- ✓ 2.4% at 1 year in patients who received an EMBLEM MRI w/ SMART Pass™ Filter<sup>12</sup>

## • Key points

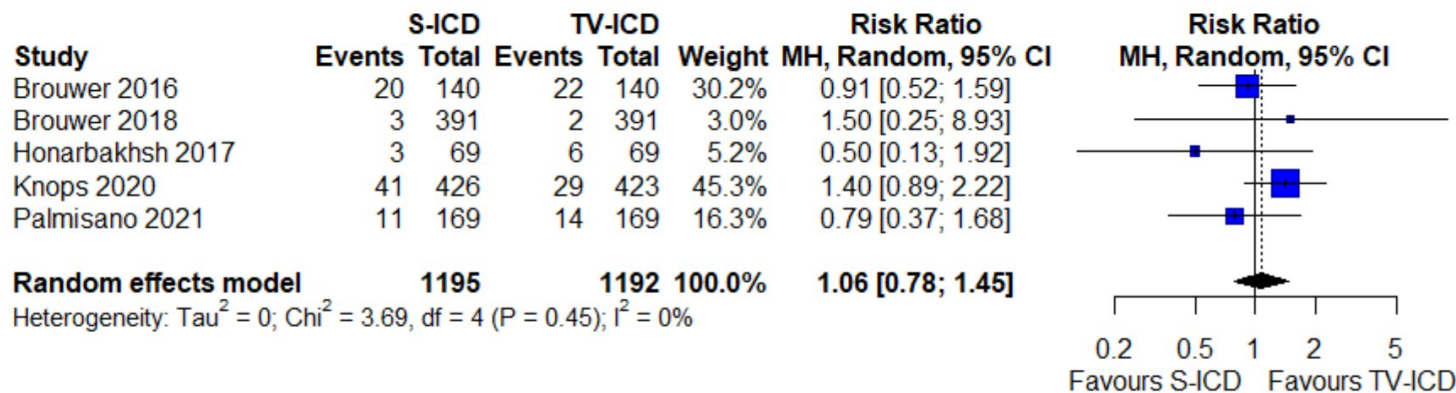
- The IAS rate of S-ICD's was comparable to the rate of IAS observed in other contemporary studies with TV-ICDs including the PRAETORIAN trial





# Subcutaneous vs Transvenous ICD

A Systematic Review and Meta-Analysis  
 of Randomized Trials and Propensity  
 Score-Matched Studies

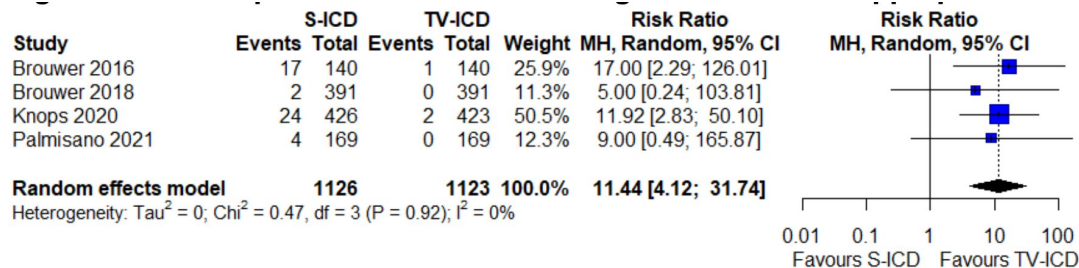


Forest plots for inappropriate shocks

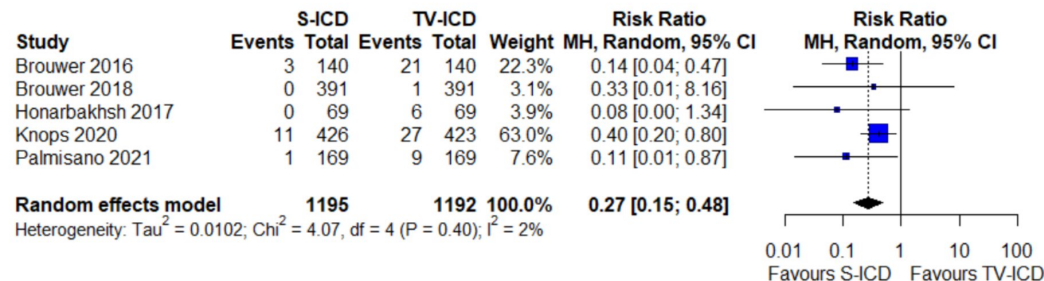


# Subcutaneous vs Transvenous ICD

Cardiac oversensing  
as a cause of inappropriate  
shocks



SVT or AF  
as a cause of inappropriate  
shocks



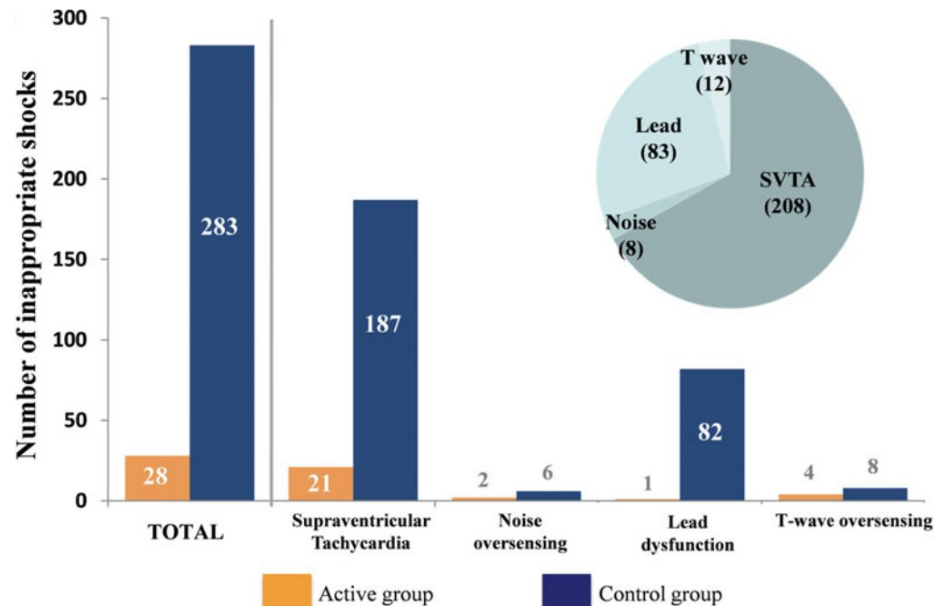
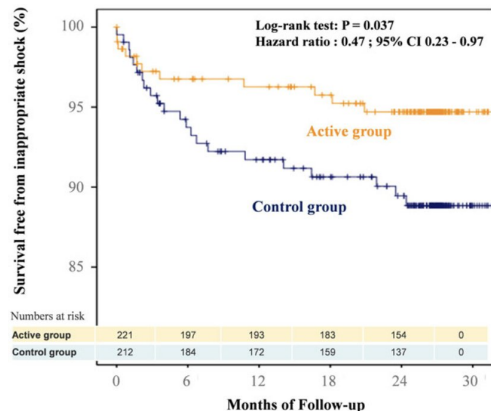
# Inappropriate Shocks Reduction by Remote ICD Monitoring

## ECOST Trial



Appropriate and Inappropriate Shocks Delivered in Each Study Group

Variable	Active (n = 221)	Control (n = 212)	P
Recipients of			
≥ 1 appropriate or inappropriate shock	47 (21.3)	56 (26.4)	0.21
≥ 1 appropriate shock	37 (16.7)	37 (17.5)	0.84
≥ 1 inappropriate shock	11 (5.0)	22 (10.4)	0.03
1 inappropriate shock	7 (3.2)	12 (5.7)	0.21
2–9 inappropriate shocks	4 (1.8)	6 (2.8)	0.48
≥ 10 inappropriate shocks	0 (0)	4 (1.9)	0.04
All shocks delivered	193	657	
Appropriate	165	374	
Inappropriate	28	283	

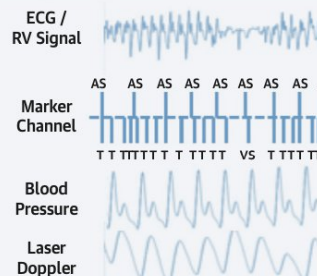






## Quantification of Electromechanical Coupling to Prevent Inappropriate Implantable Cardioverter-Defibrillator Shocks: *The future?*

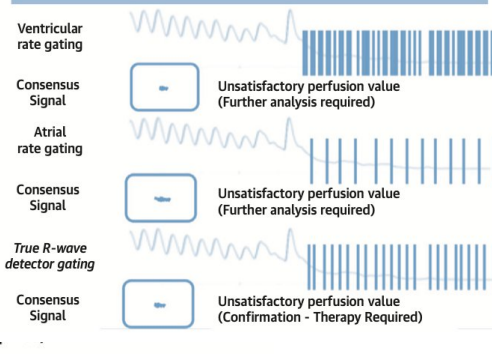
### Example: RV Lead Fracture



### Example: True Ventricular Fibrillation



Laser Doppler signal gated by RV marker, then RA marker then true R-wave detector



The study tested a novel processing algorithm that combines electrogram data and laser Doppler perfusion monitoring as a method for assessing circulatory status.

The electromechanical coupling algorithm found a clear perfusion cut off between sinus rhythm and VF (sensitivity and specificity of 100%).

Sensitivity and specificity remained at 100% during simulated lead fracture and electrogram oversensing.

Incorporating such methods into future ICDs may permit reductions of inappropriate shocks.



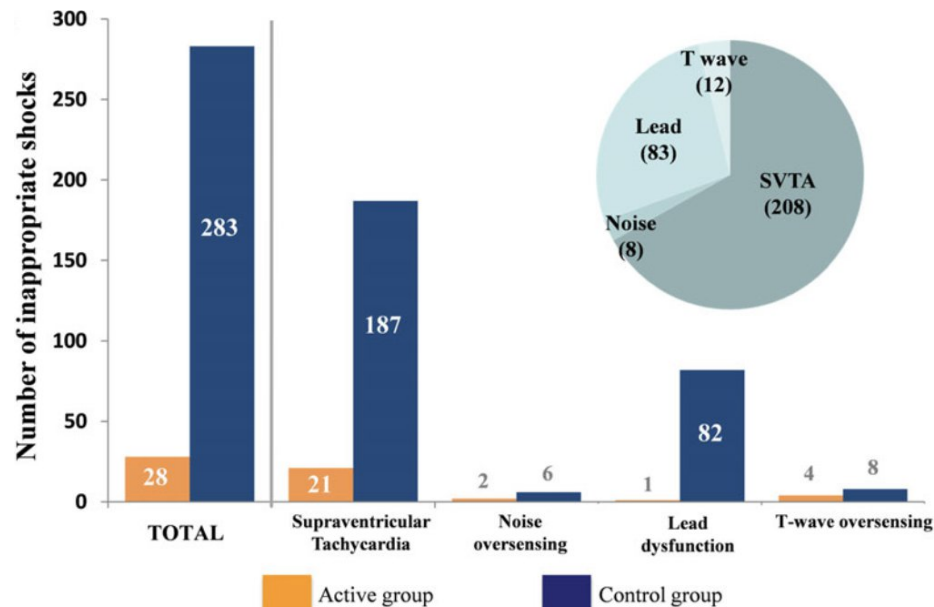
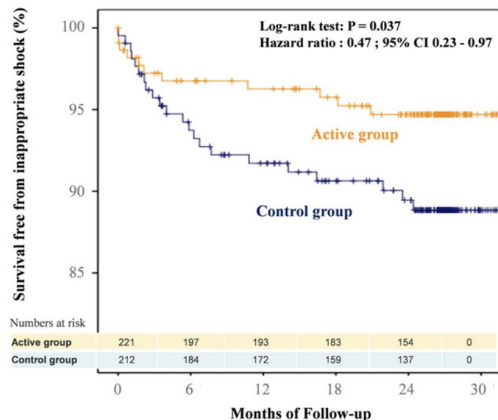




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9ª Edizione

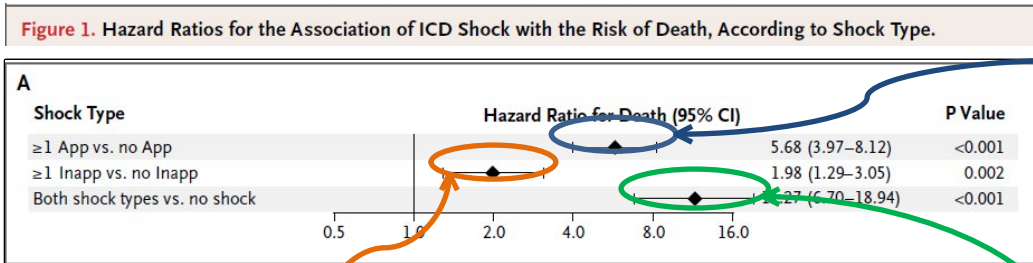




- La terapia dell'ICD si associa ad aumento della mortalità
  - MADIT II
    - shock appropriati associati a rischio di mortalità triplo e aumento delle ospedalizzazioni;
    - shock inappropriati associati a mortalità doppia
  - SCD-HeFT
    - shock appropriati e inappropriati associati rispettivamente a a rischio di morte di 6 e 2 volte superiore

*Relazione causale tra terapia e aumentata mortalità o marker di cattiva prognosi?*

# HOWEVER ICD SHOCKS MAY INCREASE MORBIDITY AND MORTALITY



An **appropriate shock**, as compared with no appropriate shock, was associated with a risk that was increased by a **factor of more than 5**

An **inappropriate shock**, as compared with no inappropriate shock, was associated with a near **doubling of the risk of death**.

In patients who received **both shock types**, the **risk of death was increased by a factor of 11**, as compared with the risk in patients who received no shocks.

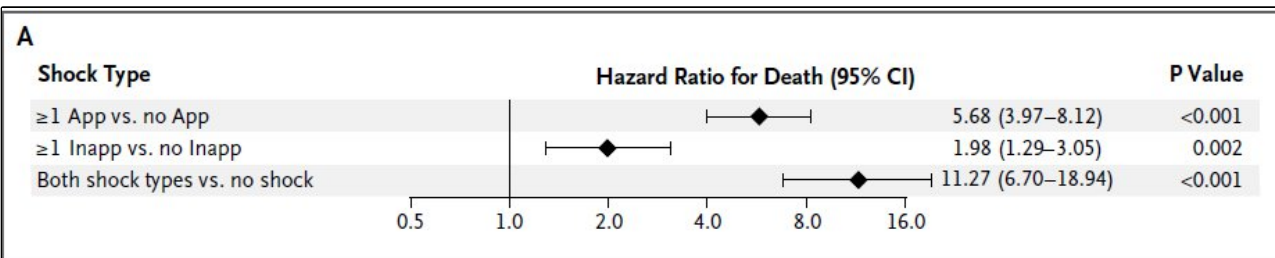
Poole JE, et al. N Engl J Med. 2008;359(10):1009-1017

Patients who receive shocks (appropriate and/or inappropriate) have a substantially **higher risk of death** than similar patients who do not receive any shocks.

# The shocks paradox



**Figure 1.** Hazard Ratios for the Association of ICD Shock with the Risk of Death, According to Shock Type.



- SCD-HeFT
- An **appropriate shock**, as compared with no appropriate shock, was associated with a risk that was increased by a **factor of more than 5**
- An **inappropriate shock**, as compared with no inappropriate shock, was associated with a near **doubling of the risk of death**.





# Prognostic impact

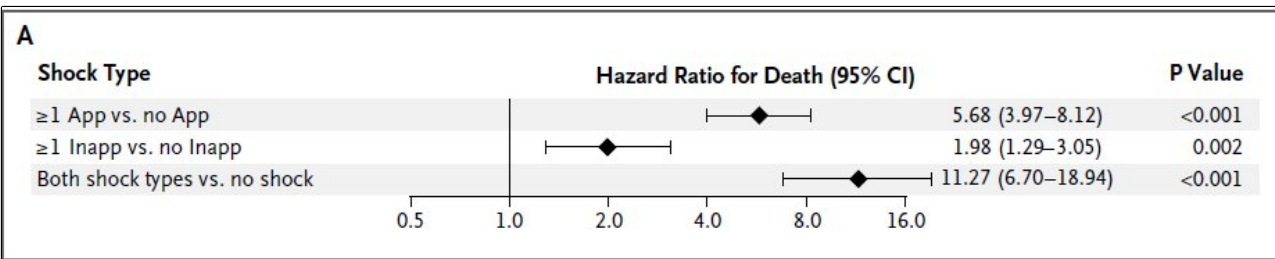
**Table 6 Predictors of All-Cause Mortality by Cox Proportional Hazards Regression Analysis**

Variable	Hazard Ratio	95% Confidence Interval	p Value
<b>Baseline characteristics</b>			
Blood urea nitrogen >25	2.07	1.38–3.11	<0.01
No beta-blocker	1.64	1.09–2.47	0.02
<b>Interim events</b>			
Interim CHF hospitalization	4.23	2.70–6.62	<0.01
Appropriate and inappropriate shock	4.08	1.71–9.75	<0.01
Appropriate shock only	3.36	2.04–5.55	<0.01
Inappropriate shock only	2.29	1.11–4.71	0.02
Appropriate and inappropriate therapy	3.12	1.38–7.03	<0.01
Appropriate therapy only	2.53	1.54–4.15	<0.01
Inappropriate therapy only	2.01	0.97–4.13	0.06
Appropriate ATP but not shock	0.412	0.148–1.150	0.0903
Inappropriate ATP but not shock	0.729	0.213–2.496	0.6145

– MADIT II  
**appropriate shocks** associated with a risk that was increased by a **factor of 3**

**inappropriate shock** associated with a near **doubling of the risk of death**.

- SCD-HeFT
- An **appropriate shock**, as compared with no appropriate shock, was associated with a risk that was increased by a **factor of more than 5**
- An **inappropriate shock**, as compared with no inappropriate shock, was associated with a near **doubling of the risk of death**.



**Figure 1.** Hazard Ratios for the Association of ICD Shock with the Risk of Death, According to Shock Type.



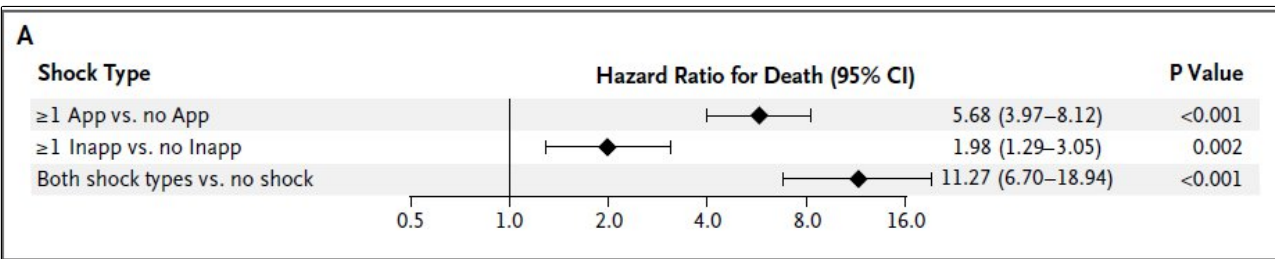
# Prognostic impact – MADIT II

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**inappropriate shock associated with a near doubling of the risk of death.**

- SCD-HeFT
- An **inappropriate shock** was associated with a near **doubling of the risk of death.**


**Figure 1. Hazard Ratios for the Association of ICD Shock with the Risk of Death, According to Shock Type.**

Reduction in Inappropriate Therapy and Mortality  
through ICD Programming



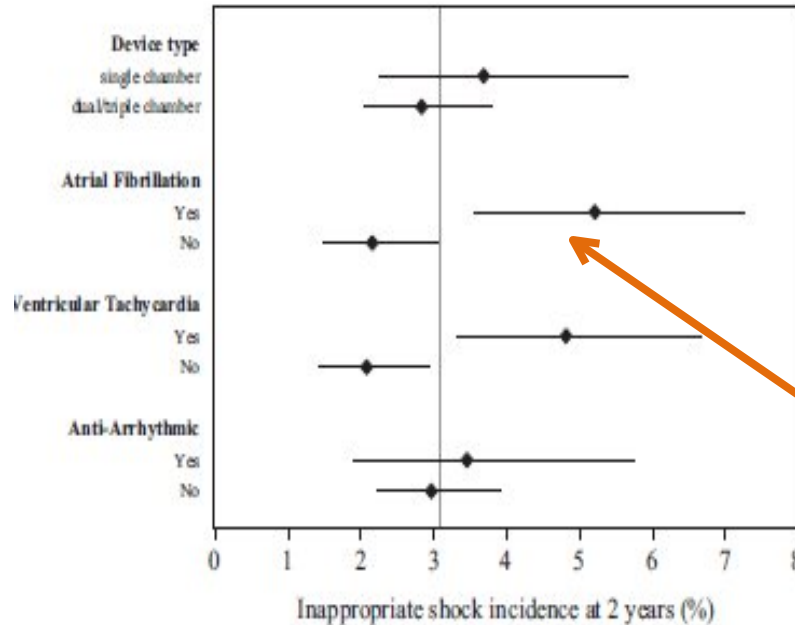
**End point I: prima occorrenza di terapia inappropriata**

**End point II: morte per ogni causa e primo episodio di sincope**

The purpose of this study was to assess IS reduction with the PARAD+ discrimination algorithm in a general population implanted for primary or secondary prevention.

1. Using **PARAD+ alone** in a wide spectrum of frequencies without the programming of a high cut-off rate and/or extended persistence, the annual patient incidence rate of IS ranged from **1.0 (primary analysis) to 2.1 (worst-case analysis) per 100 person-years.**<sup>5</sup>

# SUPRAVENTRICULAR TACHYCARDIA DISCRIMINATORS (PAINFREE SST)



- 2,790 pts in primary prevention
- Primary Endpoint : point was the percentage of patients receiving at least 1 inappropriate shock @ 12 months

- Dual Chamber/CRTD Group = 2019
- Single Chamber Group = 751

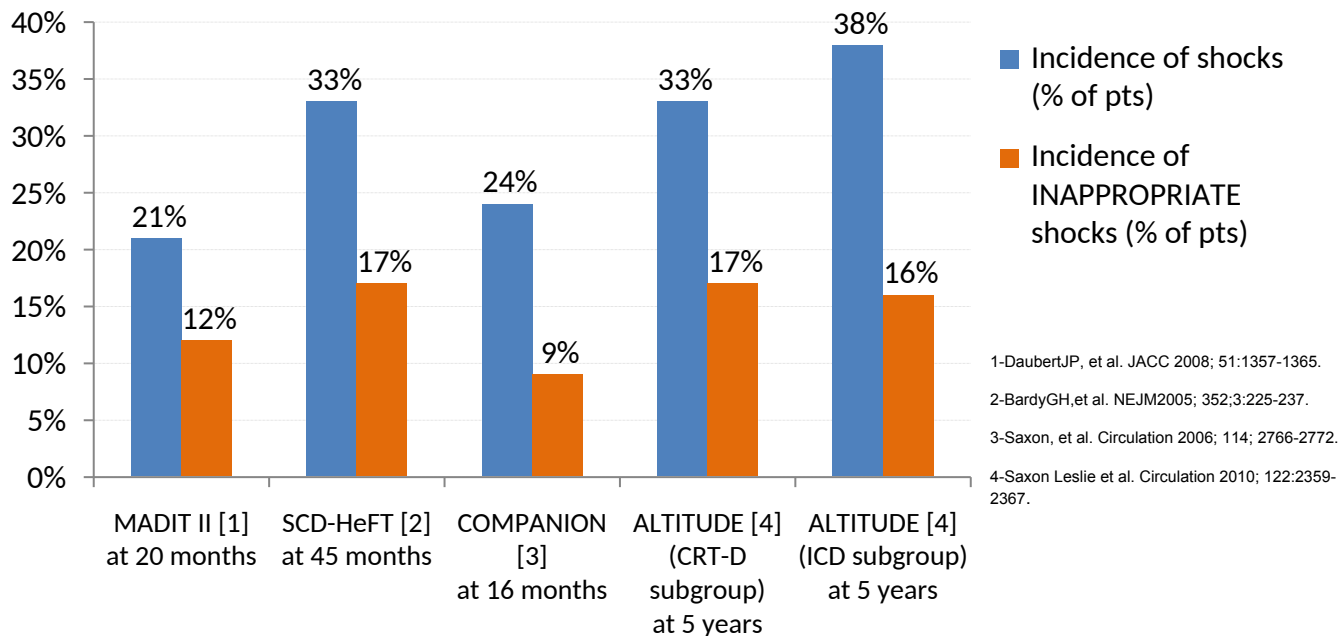
Many inappropriate shocks was due to atrial fibrillation or flutter (49% in dual Chamber/CRT-D Group vs 81% in Single chamber Group)

Heart Rhythm, Vol 12, No 5, May 2015

PainFree SST trial find only a light trend in favor of Dual-Chamber discriminators in inappropriate shock reduction



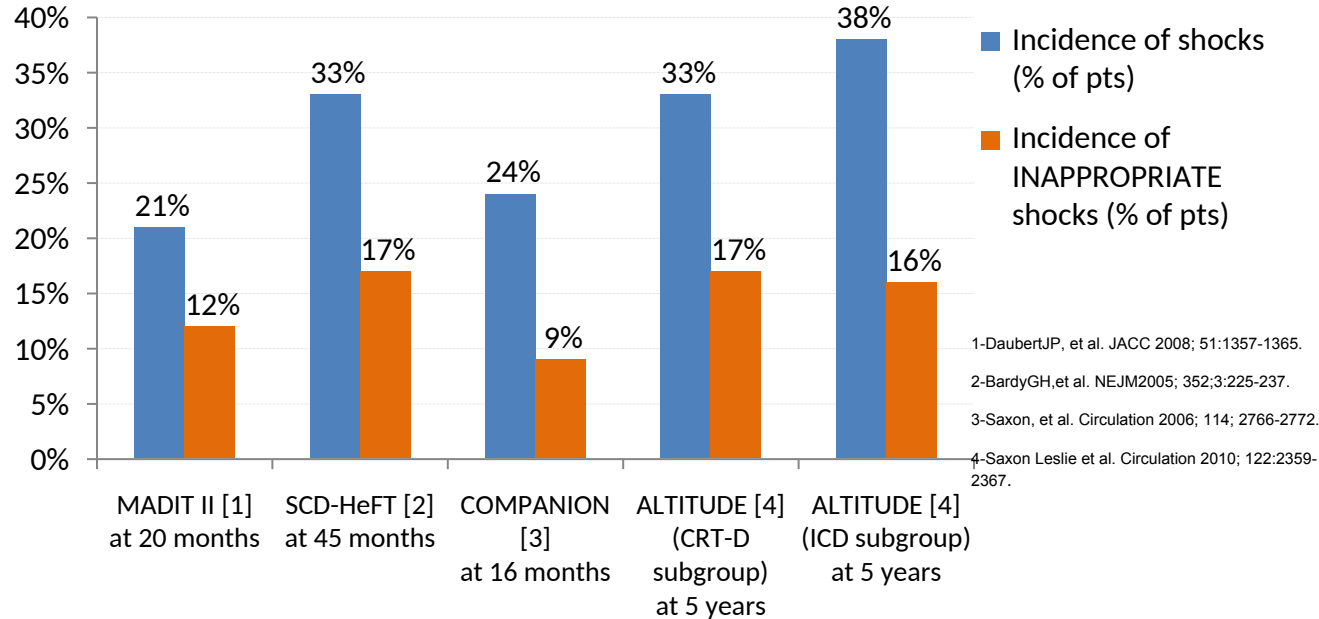
## INCIDENCE OF SHOCKS AND INAPPROPRIATE SHOCKS IN BIG TRIALS



By 4-5 years, approximately, 1/3 of patients have experiences (at least) one shock episode with 16-18% receiving at least one inappropriate shock

# HOW MANY SHOCKS DO ICD PATIENTS RECEIVE?

## INCIDENCE OF SHOCKS AND INAPPROPRIATE SHOCKS IN BIG TRIALS



By 4-5 years, approximately, 1/3 of patients have experiences (at least) one shock episode with 16-18% receiving at least one inappropriate shock

# agenda

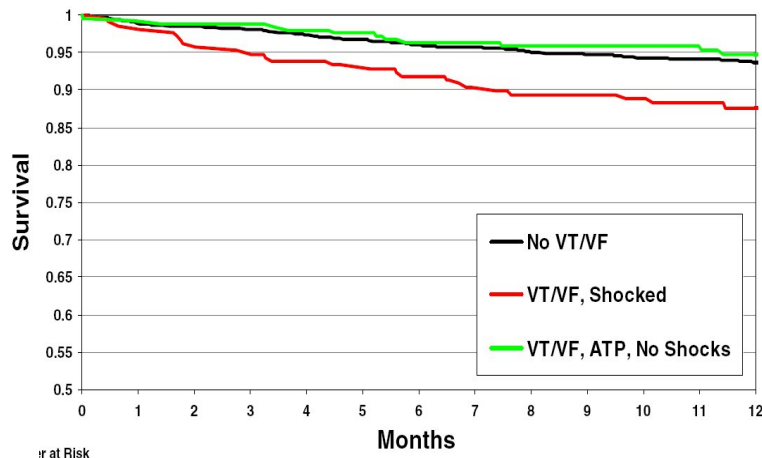
- QUALITÀ DI VITA



# SIGNIFICATO PROGNOSTICO DEGLI SHOCK

Analisi retrospettiva dei dati di: **PainFREE I e II, EMPIRIC e PREPARE**

2135 pz, FE media 31%, CAD 87%, NYHA II/III 55%, NYHA I/Non scompenso 42%

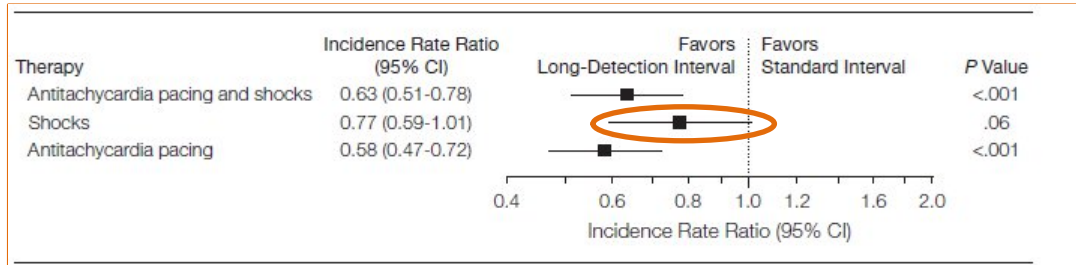


- Più alta mortalità in pazienti con episodi ventricolari e shock
- Shock inappropriati non associati ad aumento di mortalità

# PROLONGATION OF ARRHYTHMIA DETECTION TIME (ADVANCE III)

- 1,902 pts in primary & secondary prevention
- ICD (VR+DR) & CRT-D population
- Primary Endpoint : prolonged detection (30 /40 intervals) would lead to a 20% reduction in ICD therapies (ATP or shocks )
- Secondary Endpoint : evaluation of the percent reduction in the number of shocks delivered

Unlike previous studies, ADVANCE III included both primary and secondary prevention patients, with or without atrial fibrillation, in whom single-, dual- and triple-chamber ICD had been implanted



Gasparini M et al JAMA 2013

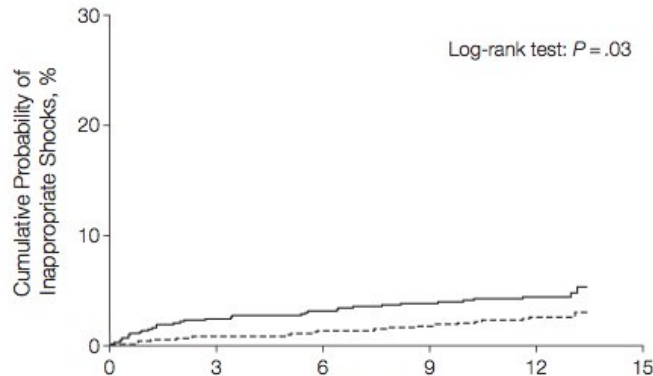
ADVANCE III demonstrated that **the use of a long detection setting significantly reduced the rate of ventricular therapies delivered and inappropriate shocks** compared with the standard detection settings.

# Endpoint II shocks appropriati e non appropriati

**Table 3.** Secondary End Point Appropriate and Inappropriate Shocks Results According to Intention-to-Treat Analyses<sup>a</sup>

	Exposure, per Patient-Year	No. of Ventricular Arrhythmias	No. of Therapies Delivered <sup>b</sup>	No. of Patients	Shock Rate per 100 Patient-Year (95% CI)	IRR (95% CI) <sup>c</sup>	<i>P</i> Value
<b>Intention to Treat – Appropriate Shocks</b>							
Standard-interval detection	830	230	147	58	18 (15-20)	1	.80
Long detection	826	163	110	55	13 (11-16)	0.95 (0.67-1.37)	
<b>Intention to Treat – Inappropriate Shocks</b>							
Standard-interval detection	830	85 Inappropriate detections	96	39	11 (9-14)	1	.008
Long detection	826	40 Inappropriate detections	42	22	5 (4-7)	0.55 (0.36-0.85)	

Time to first inappropriate shock





**OBJECTIVE** The purpose of the PainFree SmartShock Technology (SST) study was to investigate new-generation ICDs to reduce inappropriate and unnecessary shocks through novel discrimination algorithms with modern programming strategies. the adoption of novel enhanced detection algorithms in conjunction with routine implementation of modern programming strategies led to a very low inappropriate shock rate.

# The S-ICD Evolution at a glance >> 100000 patients worldwide



9ª Edizione



**UNTOUCHED** - arruolamento di 2000 pazienti

Studio randomizzato **PRAETORIAN** - arruolamento di 850 pazienti

1ª Generazione

Studio per il marchio  
CE<sup>1</sup> 55 pazienti

**EFFORTLESS** 1000 pazienti

Sperimentazione **IDE** 132 pazienti

US Registry: 3717 pts  
Friedman DJ; JAMA Cardiol.  
2016;1(8):900-911

- 2 incision tech.
- Intermuscular appr.
- Automated screening

New 3501  
lead

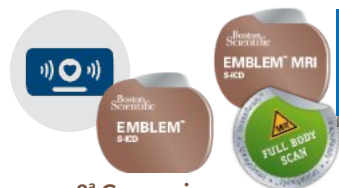


THE NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

**An Entirely Subcutaneous Implantable Cardioverter-Defibrillator**

Gust H. Bardy, M.D., Warren M. Smith, M.B., Margaret A. Hood, M.B., Ian G. Crozier, M.B., Iain C. Melton, M.B., Luc Jordaens, M.D., Ph.D., Dominic Theuns, Ph.D., Robert E. Park, M.B., David J. Wright, M.D., Derek T. Connelly, M.D., Simon P. Fynn, M.D., Francis D. Murgatroyd, M.D., Johannes Sperzel, M.D., Jörg Neuzner, M.D., Stefan G. Spitzer, M.D., Andrey V. Ardashov, M.D., Ph.D., Amo Odunso, M.B., B.S., Lucas Boersma, M.D., Ph.D., Alexander H. Maass, M.D., Isabelle C. Van Gelder, M.D., Ph.D., Arthur A. Wilde, M.D., Ph.D., Pascal F. van Dessel, M.D., Reinoud E. Knops, M.D., Craig S. Barr, M.B., Pierpaolo Lupo, M.D., Riccardo Cappato, M.D., and Andrew A. Grace, M.B., Ph.D.



2ª Generazione

Inclusion in  
ESC  
guidelines  
(Class IIA)

THE NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

**Subcutaneous or Transvenous Defibrillator Therapy**

R.E. Knops, L.R.A. Olde Nordkamp, P.-P.H.M. Delnoy, L.V.A. Boersma, J. Kuschyk, M.F. El-Chami, H. Bonnemeier, E.R. Behr, T.F. Brouwer, S. Kaab, S. Mittal, A.-F.B.E. Quast, L. Smeding, W. van der Stuijt, A. de Weger, K.C. de Wilde, N.R. Bijsterveld, S. Richter, M.A. Brouwer, J.R. de Groot, K.M. Kooiman, P.D. Lambiasi, P. Neuzil, K. Vernooij, M. Alings, T.R. Betts, F.A.L.E. Bracke, M.C. Burke, J.S.S.G. de Jong, D.J. Wright, J.G.P. Tijssen, and A.A.M. Wilde, for the PRAETORIAN Investigators\*