



**CONGRESSO**

ROMA, 25 - 27 Giugno 2026



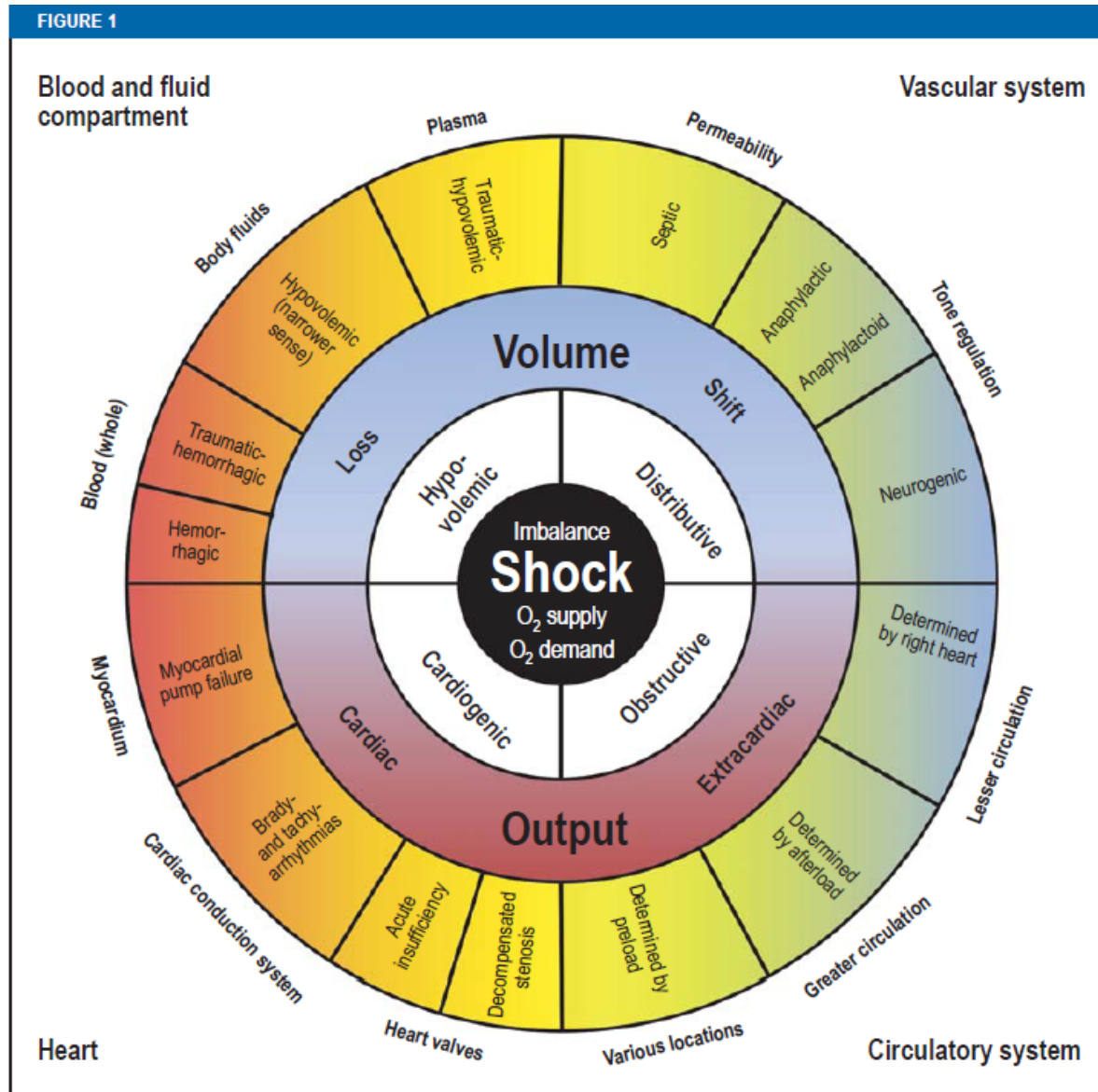
# **Shock cardiogeno e shock misto: diagnosi differenziali e implicazioni terapeutiche**

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# Synoptic view of the four types of shock



- Hypovolemic shock
- Distributive shock
- Cardiogenic shock
- Obstructive shock

## CARDIOGENIC SHOCK

Impaired contractility

- Myocardial ischemia and complications
- Myocarditis
- Myocardial contusion
- Septic shock
- Poisoning or toxic exposure
- End stage cardiomyopathy

Dysrhythmia

- Tachycardias
- Bradycardias

Valvular dysfunction

- Severe aortic regurgitation
- Severe aortic or mitral stenosis

Left ventricular outflow obstruction

- Hypertrophic cardiomyopathy

## OBSTRUCTIVE SHOCK

Within the circulatory system

- Massive pulmonary embolus
- atrial thrombus or myxoma
- occlusive valvular lesion
- Cardiac tamponade
- abdominal compartment syndrome
- Tension pneumothorax
- Dynamic hyperinflation (e.g. severe asthma)
- Tension pneumomediastinum
- caval compression (e.g. supine hypotension syndrome in the pregnant female)

## HYPOVOLAEMIC SHOCK

Hemorrhage

- Traumatic/Non-traumatic

Fluid loss

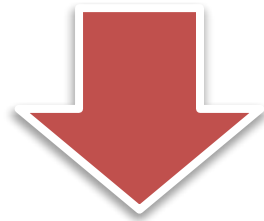
- GI losses (vomiting, diarrhoea, short gut, etc)
- Excessive diuresis (diabetes insipidus, diuretics)
- Excessive diaphoresis (heat-related illness)
- Diabetic ketoacidosis
- Burns
- “Third spacing” (pancreatitis, severe sepsis, anaphylaxis)
- Iatrogenic (post-dialysis)

## DISTRIBUTIVE SHOCK

- neurogenic shock
- liver failure
- adrenal insufficiency
- anaphylaxis
- septic shock
- post-bypass vasoplegia
- drugs and toxic exposures, e.g. calcium channel blockers, epidural anaesthesia
- Adrenal insufficiency
- Hypothyroidism
- Hyperthyroidism
- Diabetic ketoacidosis
- Severe acidosis/alkalosis and electrolyte

# Step by step approach to CS Definition & Intervention

1. CS Clinical Definition/Identification
2. CS Etiological Definition
3. CS Definition/Phenotypization
4. CS Staging Definition (Stratification)



**Intervention**

# Step by step approach to CS Definition & Intervention

**1. CS Clinical Definition/Identification**

2. CS Etiological Definition

3. CS Haemodynamic Definition/Phenotypization

4. CS Staging Definition (Stratification)

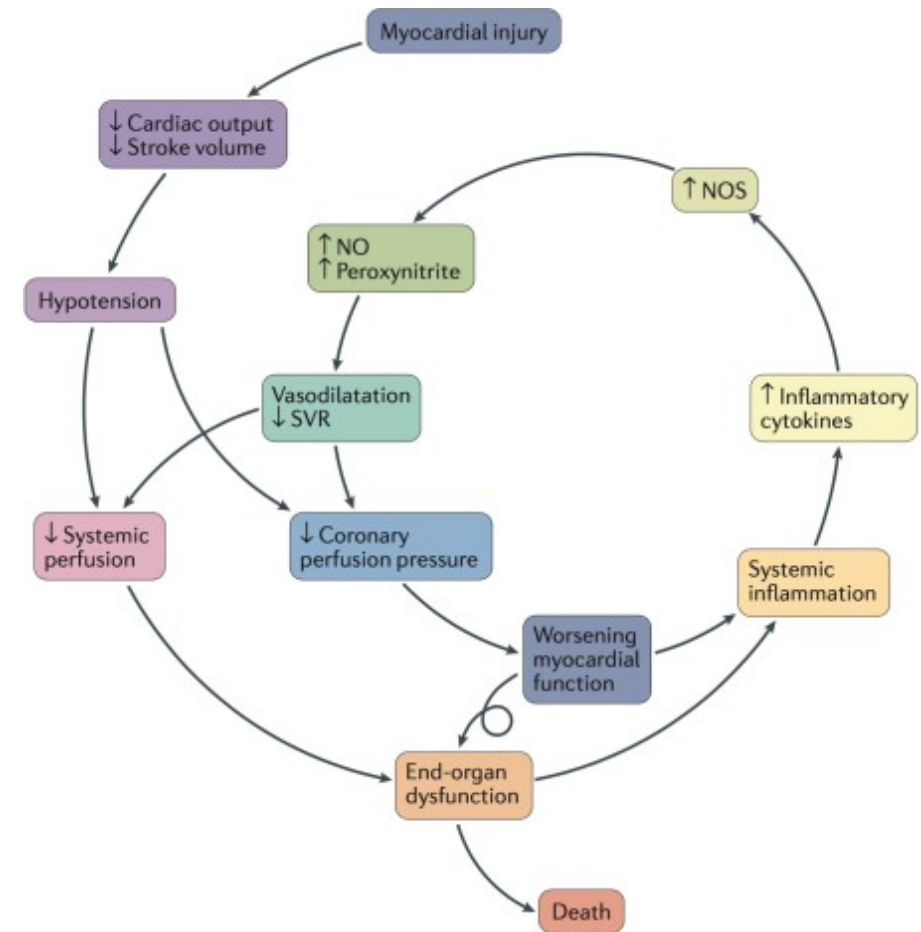


Intervention

# CS Definition & Clinical Identification

A syndrome caused by a primary cardiovascular disorder in which **inadequate CO** results in a life-threatening state of **tissue hypoperfusion** associated with impairment of tissue oxygen metabolism and hyperlactatemia which, depending on its severity, may result in multi-organ dysfunction and death.

**30-days death 45-75%**



# CS Definition & Clinical Identification (II)

|                                                                   |                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|-------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>ESC Heart Failure Guidelines 2021</b>                          | <ul style="list-style-type: none"> <li>• Diagnosis of cardiogenic shock mandates the presence of clinical signs of hypoperfusion (cold extremities, oliguria, mental confusion, dizziness, narrow pulse pressure).</li> </ul>                                  | <ul style="list-style-type: none"> <li>• Biochemical manifestations of hypoperfusion (elevated serum creatinine and lactate, metabolic acidosis).</li> <li>• Hypoperfusion is not always accompanied by hypotension</li> </ul>                                                                                                                                                                                                                                                                              |
| <b>ACVC position statement 2020</b>                               | <p>All of the following:</p> <ul style="list-style-type: none"> <li>• Systolic blood pressure &lt;90mmHg for &gt;30 min <b>OR</b> need of vasopressors to maintain systolic pressure &gt;90mmHg</li> </ul>                                                     | <p>Clinical signs/ symptoms (At least one of the following):</p> <ul style="list-style-type: none"> <li>• Altered mental status <b>OR</b> Cold, clammy skin and extremities <b>OR</b> Oliguria with urine output &lt;30 ml/h <b>OR</b> <u>Arterial lactate &gt;2.0 mmol/l</u></li> </ul> <p>And elevated left ventricular filling pressures:</p> <ul style="list-style-type: none"> <li>• Pulmonary congestion <b>OR</b> PCWP/LVEP &gt;20 mm Hg</li> </ul>                                                  |
| <b>Shock Academic Research Consortium</b><br>(Clinical trial def) | <ul style="list-style-type: none"> <li>• Systolic blood pressure &lt;90 mm Hg for ≥30 min (or the need for vasopressors, inotropes or mechanical circulatory support to maintain systolic blood pressure ≥90 mm Hg) with evidence of hypoperfusion.</li> </ul> | <p>Hemodynamic criteria (optional)</p> <ul style="list-style-type: none"> <li>• Cardiac index &lt;2.2L/min/m<sup>2</sup> <b>AND</b></li> <li>• Hypoperfusion (1 of the following): <u>arterial lactate &gt;2mmol/L</u>, Acute kidney injury (creatinine ≥2× upper limit of normal) <b>OR</b> oliguria (e.g. urine output &lt;0.5mL/(kg·h), Acute hepatic injury (eg, ALT &gt;3× upper limit of normal), Cool or mottled extremities, Altered mental status not explained by an alternative cause</li> </ul> |

<sup>1</sup>Eur Heart J. 2021 Sep 21;42(36):3599-3726

<sup>2</sup>Eur Heart J Acute Cardiovasc Care. 2020 Mar;9(2):183-197

<sup>3</sup>Circulation. 2023 Oct 3;148(14):1113-1126

# CS Definition & Clinical Identification (II)

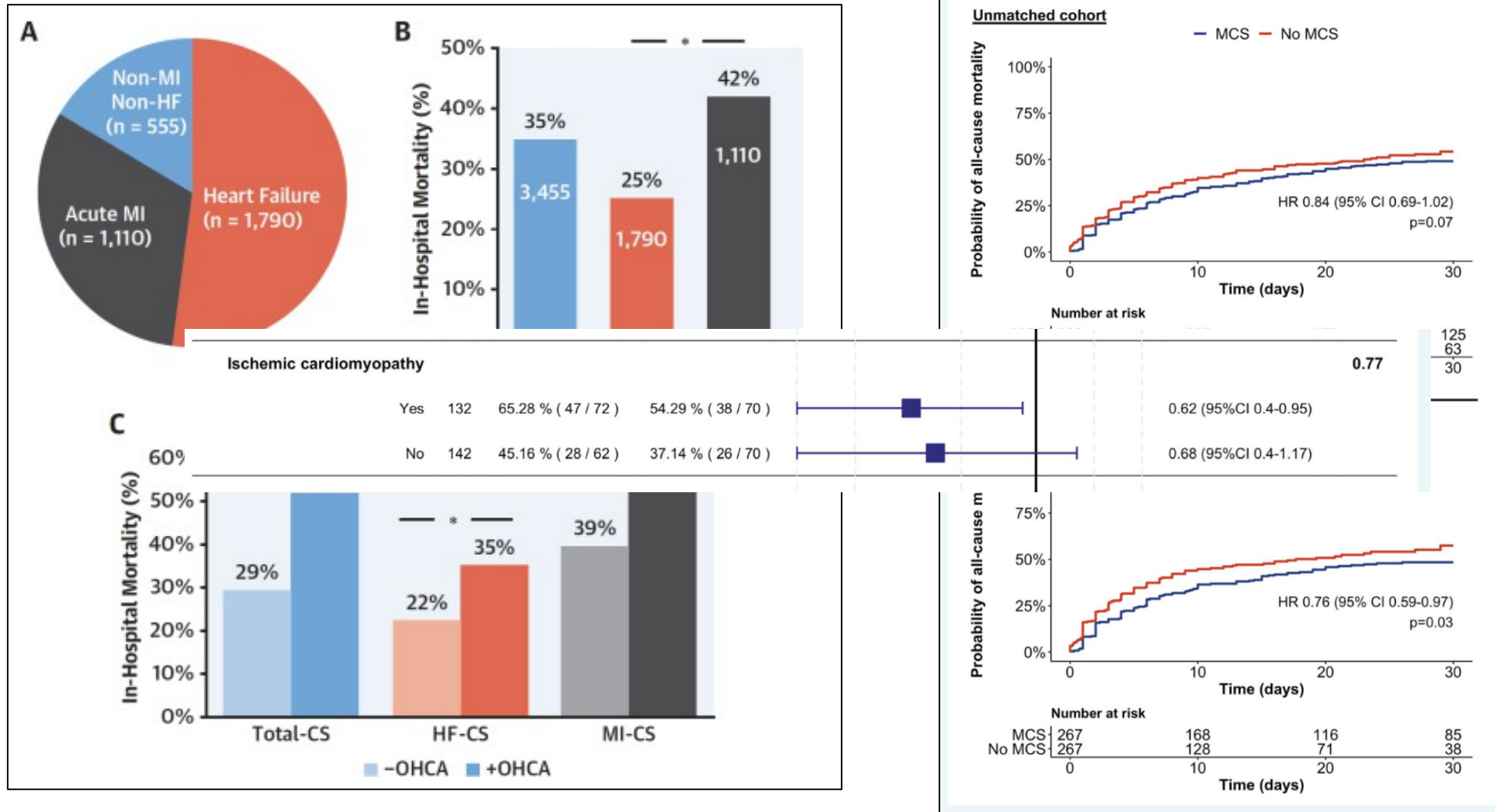
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|----------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| IABP-SHOCK II <sup>1</sup> | <ul style="list-style-type: none"><li>• Acute myocardial infarction</li><li>• Systolic blood pressure &lt;90 mmHg for more than 30 minutes or needed infusion of catecholamines to maintain a systolic pressure above 90 mmHg,</li><li>• Clinical signs of pulmonary congestion, and had impaired end-organ perfusion.</li></ul> | <ul style="list-style-type: none"><li>• The diagnosis of impaired end-organ perfusion required at least one of the following: Altered mental status, Cold, clammy skin and extremities</li><li>• Oliguria with urine output &lt;30 ml per hour; or <u>Serum lactate level &gt;2.0 mmol/L.</u></li></ul> |
| ECLS Shock <sup>2</sup>    | <ul style="list-style-type: none"><li>• Acute myocardial infarction</li><li>• Systolic blood pressure &lt;90 mmHg for &gt;30 min or catecholamines required to maintain systolic blood pressure &gt;90 mmHg</li></ul>                                                                                                            | <ul style="list-style-type: none"><li>• Signs of impaired organ perfusion with at least one of the following criteria: Altered mental status, Cold, clammy skin and extremities</li><li>• Oliguria with urine output &lt;30 ml/h</li><li>• <u>Arterial lactate &gt;3 mmol/l</u></li></ul>               |
| DanGer Shock <sup>3</sup>  | <ul style="list-style-type: none"><li>• Acute myocardial infarction</li><li>• systolic blood pressure less than 100mmHg and/or need for vasopressor therapy (dopamine/norepinephrine or epinephrine)</li></ul>                                                                                                                   | <ul style="list-style-type: none"><li>• peripheral signs of tissue hypoperfusion (<u>arterial blood lactate ≥2.5mmol/l</u> and/or <b>SvO2 &lt;55%</b> with a normal PaO2)</li></ul>                                                                                                                     |

<sup>1</sup>N Engl J Med. 2012 Oct 4;367(14):1287-96

<sup>2</sup>N Engl J Med. 2023 Oct 5;389(14):1286-1297

<sup>3</sup>N Engl J Med. 2024 Apr 18;390(15):1382-1393

# Cardiogenic Shock Etiological Definition

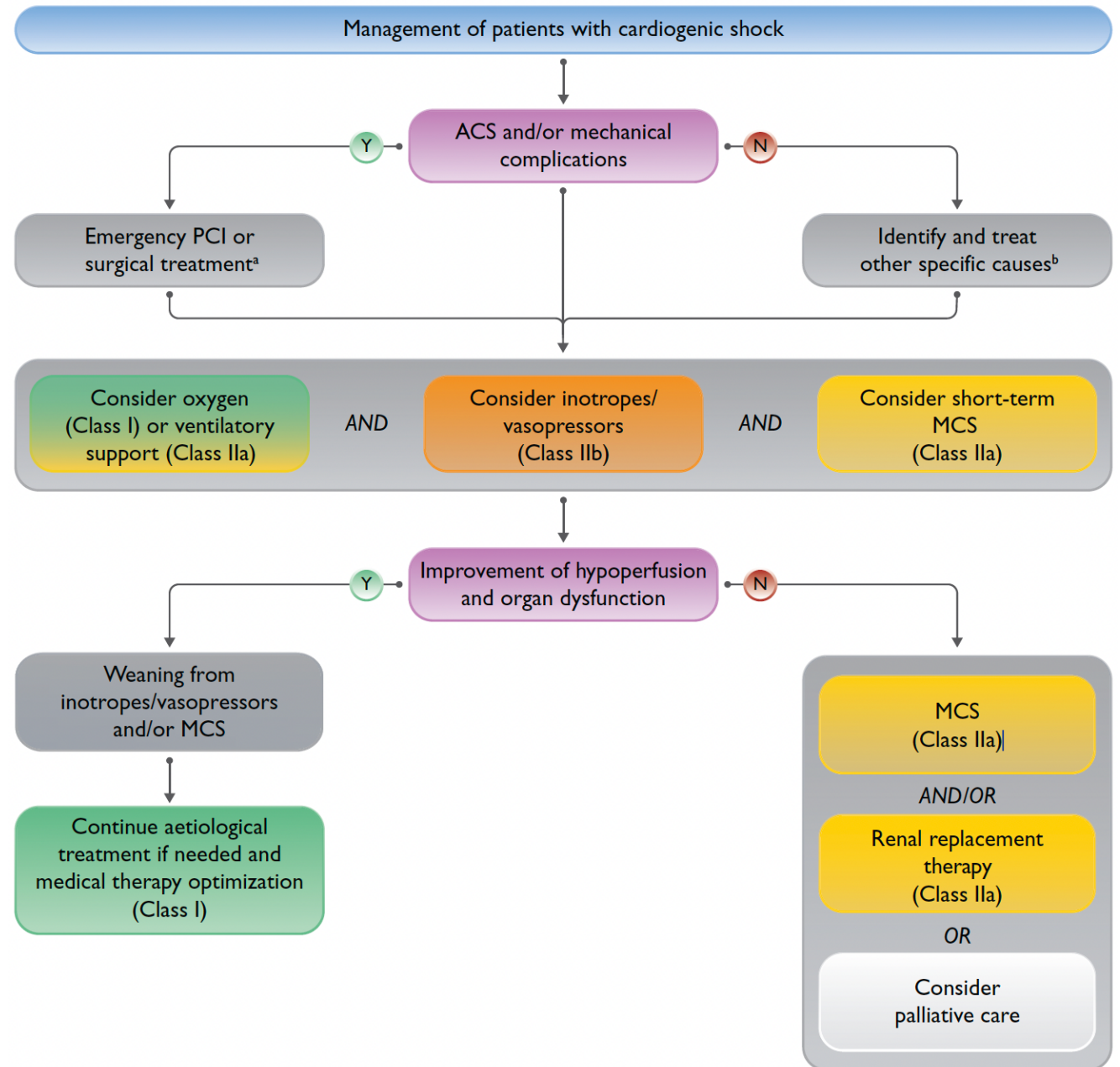


# **CS – more questions than answers**

- **Few solid evidence-based data on inotropes/vasopressors in CS**
- **Interplay between medical therapy and MCS**
- **Different CS phenotypes – one size does not fit all**
- **Challenges in performing proper RCTs in this setting**
- **Adverse effects of common adrenergic drugs**



# 2021 ESC Guidelines



# 2021 ESC Guidelines

**Table 22** Inotropes and/or vasopressors used to treat acute heart failure

| Drug           | Infusion rate                                                                             |
|----------------|-------------------------------------------------------------------------------------------|
| Dobutamine     | 2–20 µg/kg/min (beta+)                                                                    |
| Dopamine       | 3–5 µg/kg/min; inotropic (beta+)<br>>5 µg/kg/min: inotropic (beta+), vasopressor (alpha+) |
| Milrinone      | 0.375–0.75 µg/kg/min                                                                      |
| Enoximone      | 5–20 µg/kg/min                                                                            |
| Levosimendan   | 0.1 µg/kg/min, which can be decreased to 0.05 or increased to 0.2 µg/kg/min               |
| Norepinephrine | 0.2–1.0 µg/kg/min                                                                         |
| Epinephrine    | 0.05–0.5 µg/kg/min                                                                        |

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## Inotropic agents

Inotropic agents may be considered in patients with SBP <90 mmHg and evidence of hypoperfusion who do not respond to standard treatment, including fluid challenge, to improve peripheral perfusion and maintain end-organ function.<sup>387</sup>

**IIb**

**C**

Inotropic agents are not recommended routinely, due to safety concerns, unless the patient has symptomatic hypotension and evidence of hypoperfusion.<sup>387,467,478</sup>

**III**

**C**

## Vasopressors

A vasopressor, preferably norepinephrine, may be considered in patients with cardiogenic shock to increase blood pressure and vital organ perfusion.<sup>485–487</sup>

**IIb**

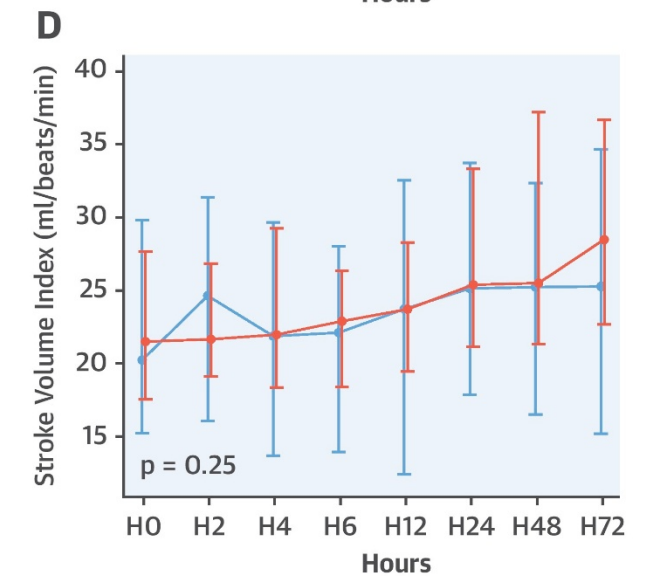
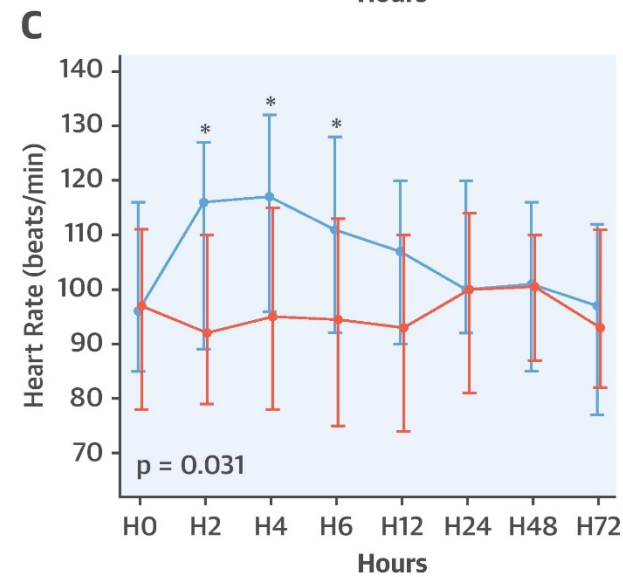
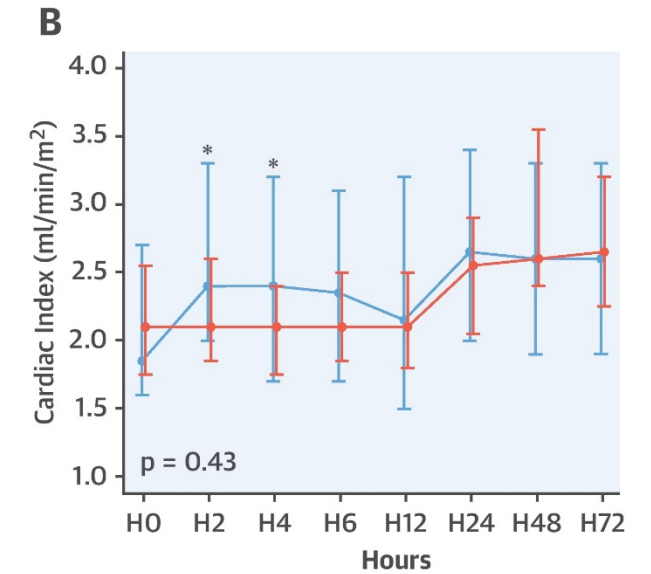
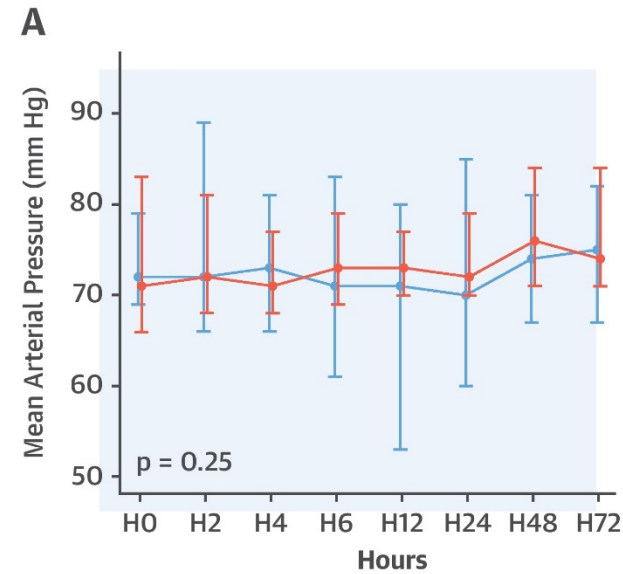
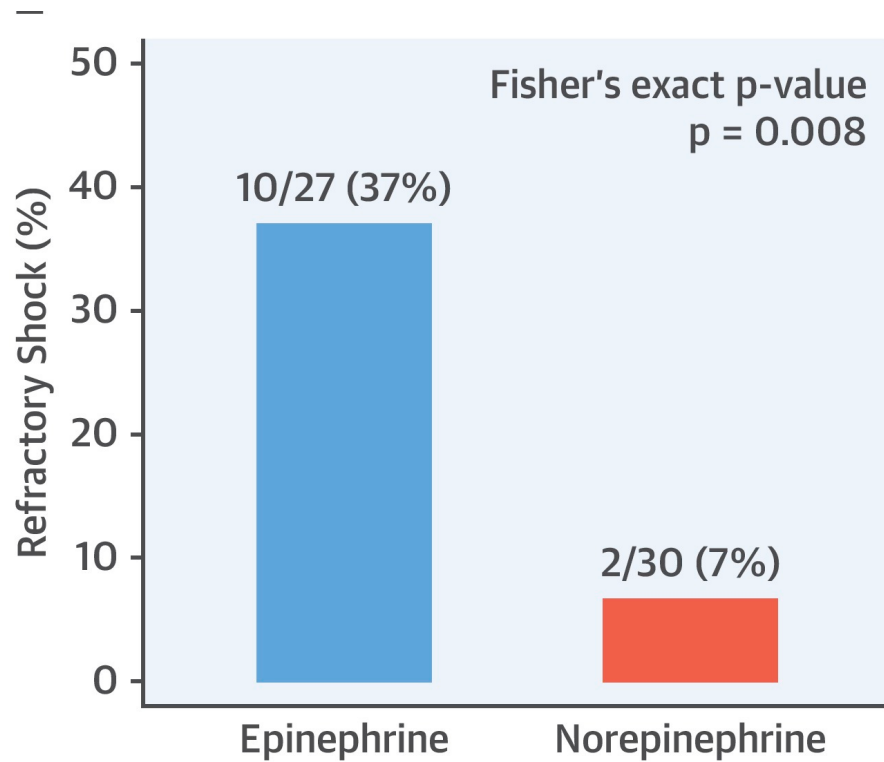
**B**

# Key recommendations by different guidelines

|                                      |                                                                                            |                                                                           |                                                                 |                                                                                             |                                |
|--------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------------------------------------|--------------------------------|
| Indication to commence therapy       | Hypotension (systolic blood pressure <90 mm Hg) and/or evidence of end-organ hypoperfusion |                                                                           |                                                                 |                                                                                             |                                |
| Societal guideline                   | ESC HF                                                                                     | ACC/AHA HF                                                                | ESC STEMI                                                       | AHA CS                                                                                      | AHA AMI-CS                     |
| Recommendation and level of evidence | IIb - B/C                                                                                  | IIa - B                                                                   | IIb - C                                                         | N/A                                                                                         | N/A                            |
| First-line agent                     | Hypotensive:<br>Norepinephrine<br><br>Low output: No recommendation                        | Hypotensive: Clinician preference<br><br>Low output: Clinician preference | Hypotensive:<br>Norepinephrine<br><br>Low output:<br>Dobutamine | Hypotensive:<br>Norepinephrine or Dopamine<br><br>Low output:<br>Norepinephrine or Dopamine | Hypotension:<br>Norepinephrine |

# OptimaCC trial

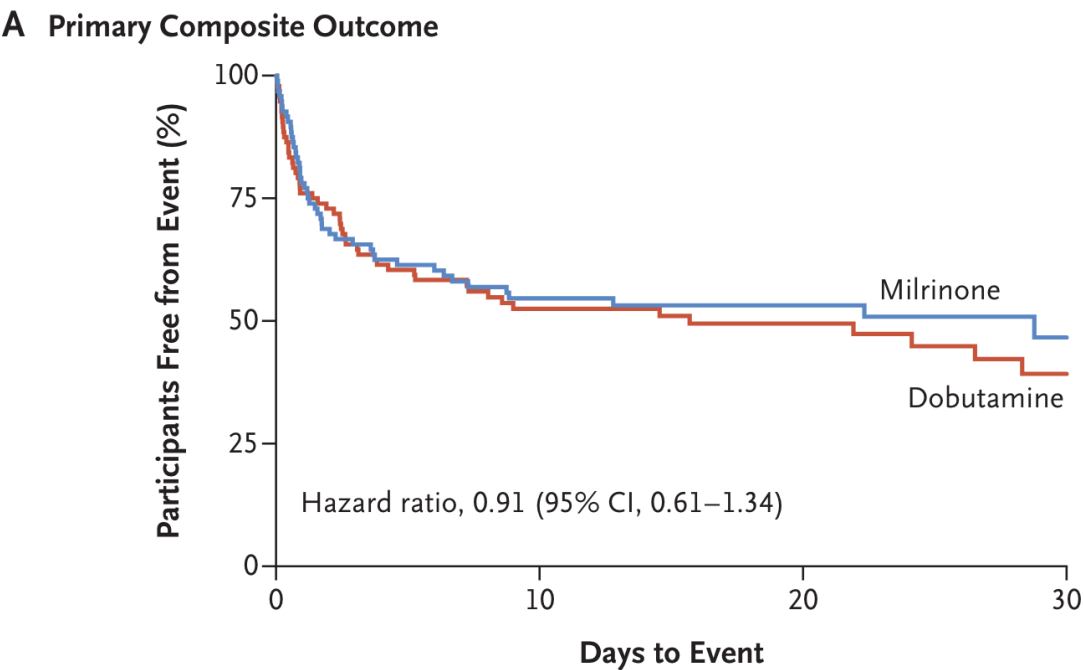
- N = 57 AMICS patients



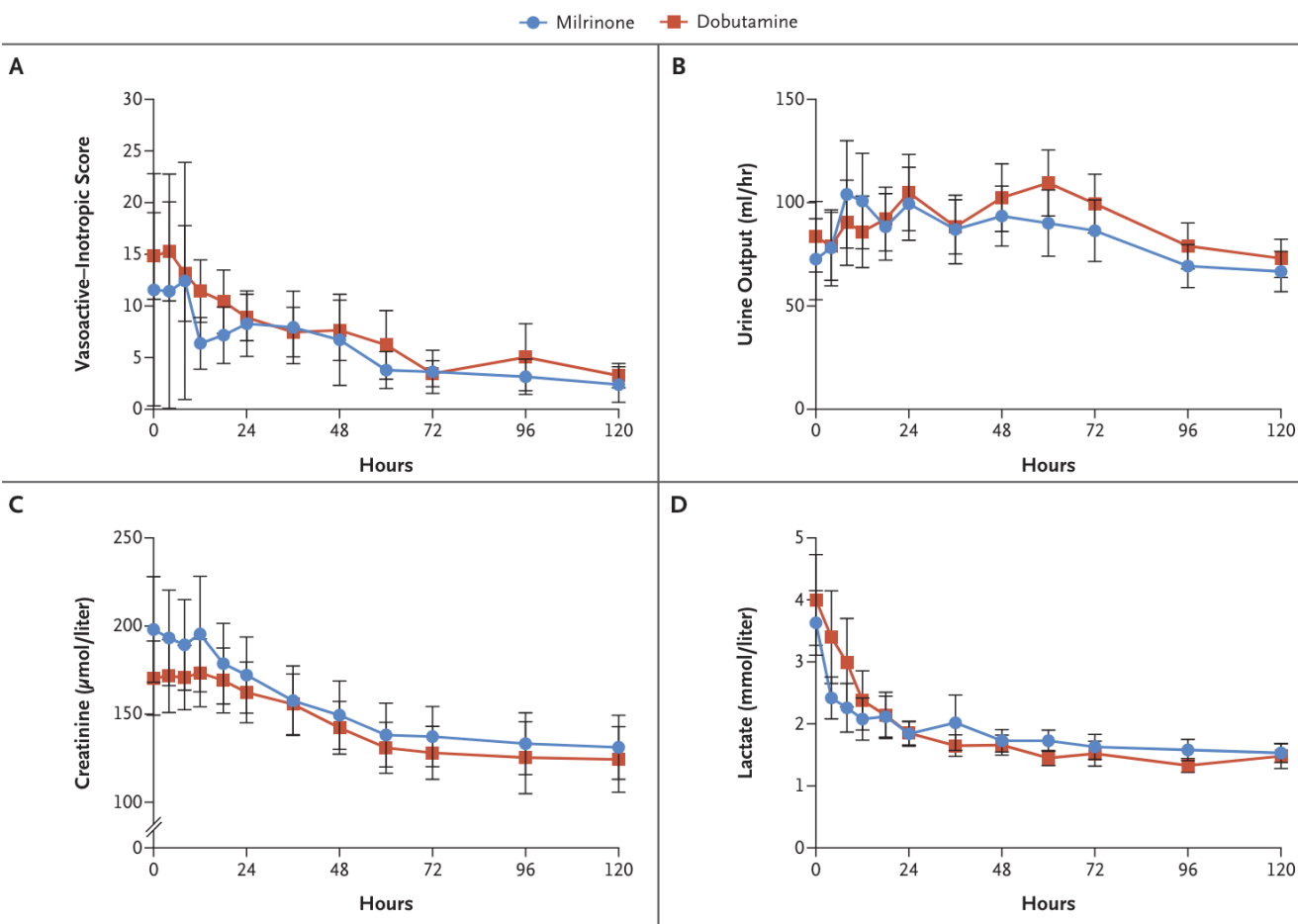
● Epinephrine ● Norepinephrine

# DOREMI trial

- N = 192 CS patients (67% ischemic cause)



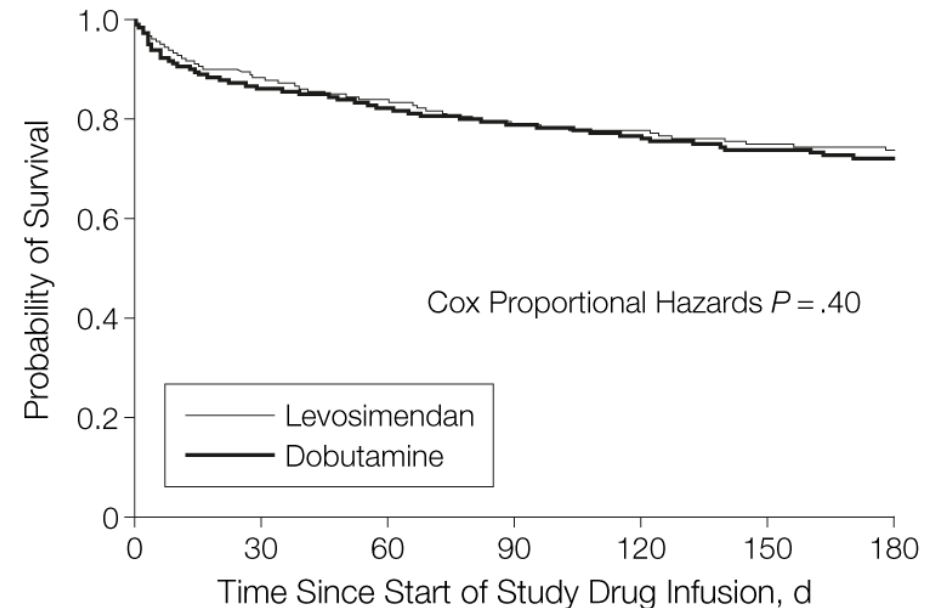
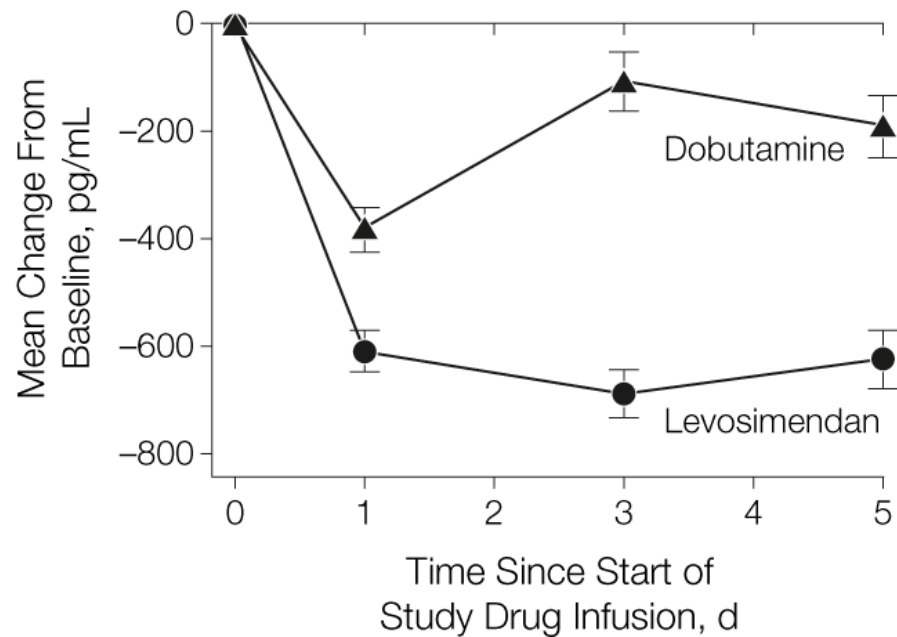
| No. at Risk |    |    |    |    |
|-------------|----|----|----|----|
| Milrinone   | 96 | 42 | 26 | 7  |
| Dobutamine  | 96 | 43 | 25 | 13 |



| Outcome                                                                                                                                                                                                                                                                                                            | Milrinone (N=96) | Dobutamine (N=96) | Relative Risk or Hazard Ratio (95% CI) <sup>†</sup> | P Value <sup>‡</sup> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------------|-----------------------------------------------------|----------------------|
| Primary outcome: composite of in-hospital death from any cause, resuscitated cardiac arrest, receipt of cardiac transplant or mechanical circulatory support, nonfatal myocardial infarction, transient ischemic attack or stroke diagnosed by a neurologist, or initiation of renal replacement therapy — no. (%) | 47 (49)          | 52 (54)           | 0.90 (0.69–1.19)                                    | 0.47                 |
| Secondary outcomes                                                                                                                                                                                                                                                                                                 |                  |                   |                                                     |                      |
| In-hospital death from any cause — no. (%)                                                                                                                                                                                                                                                                         | 35 (37)          | 41 (43)           | 0.85 (0.60–1.21)                                    |                      |

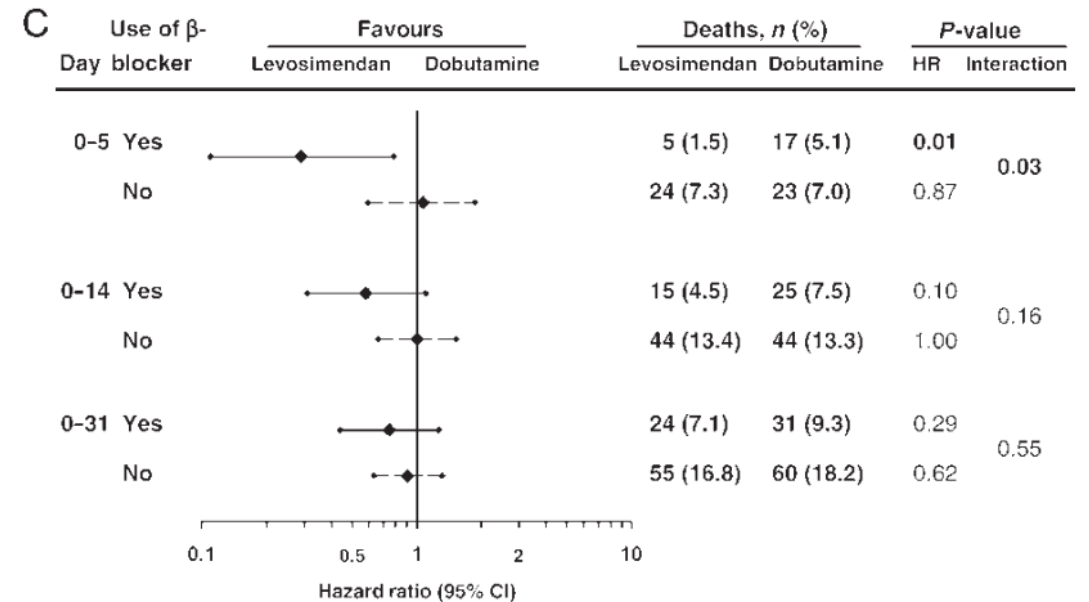
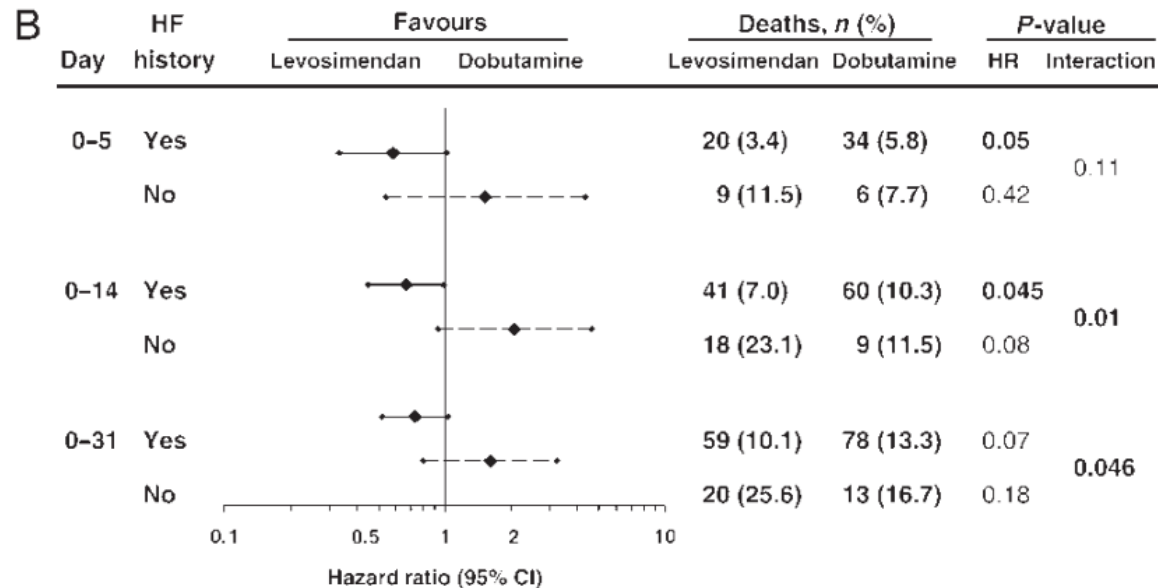
# SURVIVE trial

- N = 1372 patients with ADHF “*who required inotropic support*”
- Need of inotropic support based on insufficient response to IV diuretics and/or vasodilators and at least 1 of the following:
  - (1) dyspnea at rest or mechanical ventilation for ADHF
  - (2) oliguria not as a result of hypovolemia
  - (3) PCWP  $\geq 18$  mmHg and/or CI  $\leq 2.2$  L/min/m<sup>2</sup>



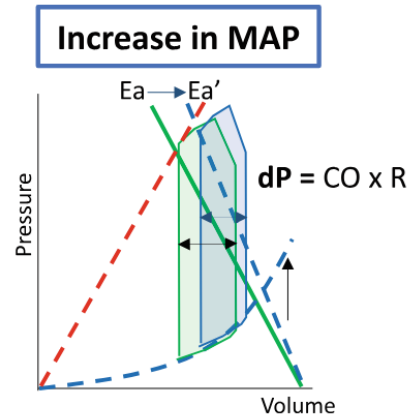
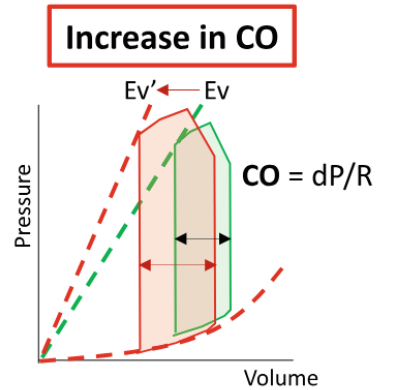
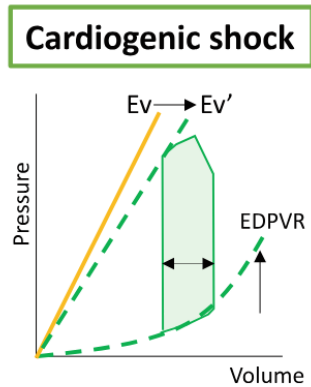
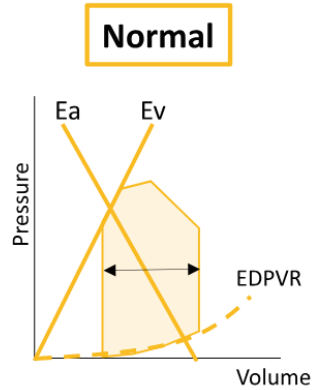
# SURVIVE trial

- N = 1372 patients with ADHF “*who required inotropic support*”
- Substudy according to history of previous HF and previous use of beta-blockers



# Pharmacodynamic effects

## Pathophysiology



## Inotropes

### Adrenergic

Isoproterenol

Dobutamine

Epinephrine

Dopamine

Norepinephrine

Phenylephrine



### Non adrenergic

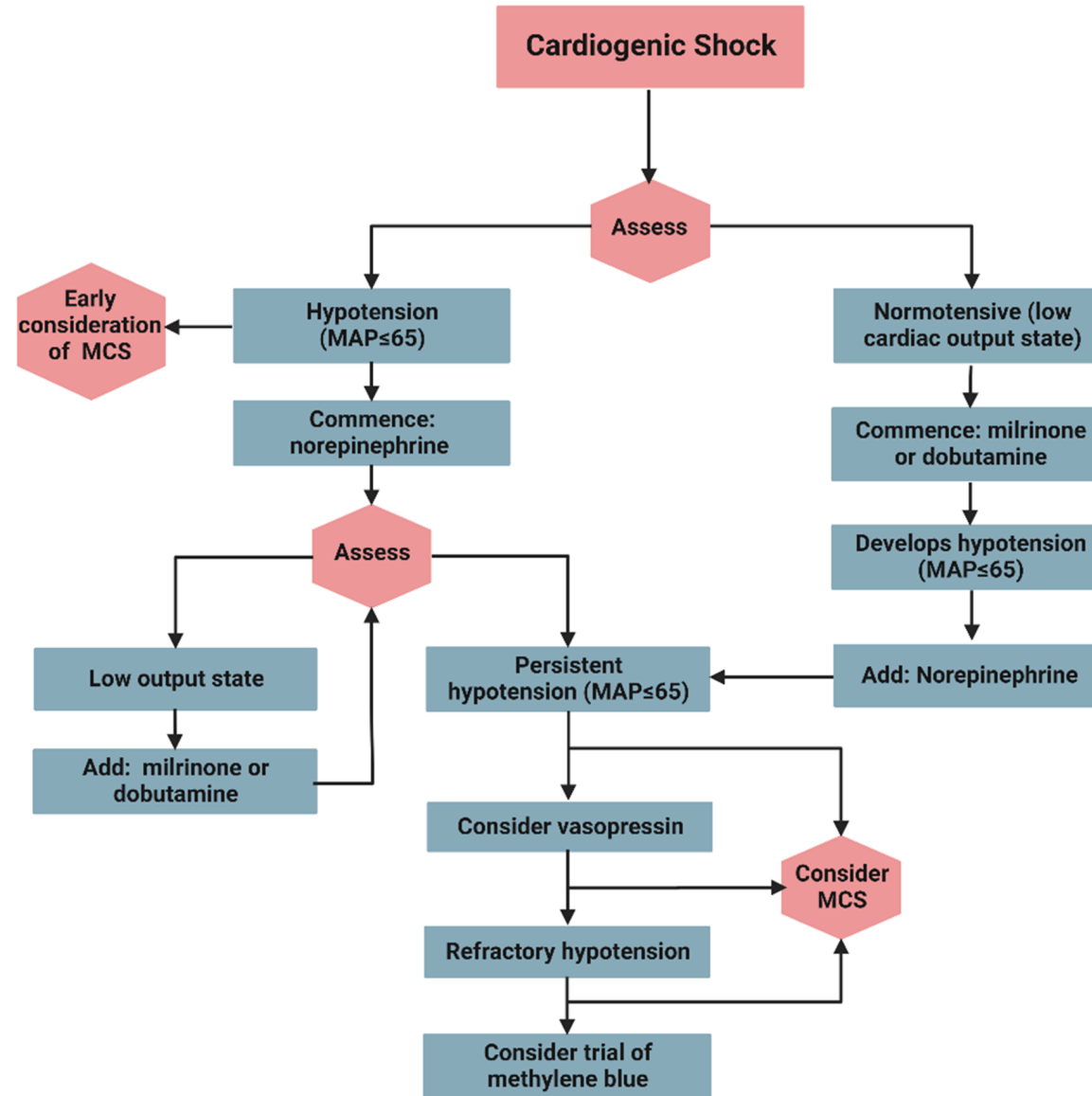
**Inodilators**  
PDE3 inhibitors  
Levosimendan

**Others**  
Istaroxime

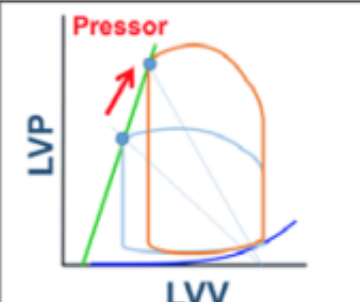
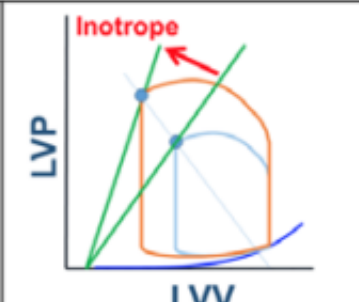
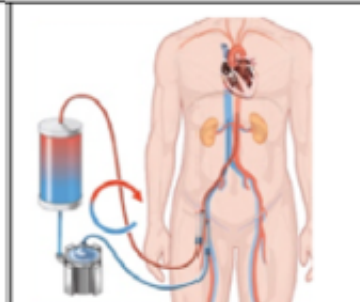
Vasopressin  
Methylene blue  
Angiotensin II

## Vasopressors

# Blood pressure-based approach?



# Cardiogenic Shock Hemodynamic Phenotypization (III)

|                  |  |  |  |  |  |
|------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|                  | Vasopressor                                                                       | Inotrope                                                                           | IABP                                                                                | IMPELLA                                                                             | VA-ECMO                                                                             |
| Mechanism        | Peripheral vasoconstriction                                                       | Increased myocyte calcium cycling                                                  | Aortic counter-pulsation                                                            | Left ventricle (LV) to aorta transvalvular circulatory support (LVADs)              | Right atrium (RA) to peripheral artery circulatory support with gas exchange unit   |
| LV Contractility | ↔ or ↑                                                                            | ↑                                                                                  | ↔                                                                                   | ↔                                                                                   | ↔                                                                                   |
| TPR              | ↑                                                                                 | ↔ or ↑ or ↓                                                                        | ↔                                                                                   | ↔                                                                                   | ↔                                                                                   |
| LV Flow          | ↓                                                                                 | ↑                                                                                  | ↑                                                                                   | ↓                                                                                   | ↓                                                                                   |
| Total CO         | ↓                                                                                 | ↑                                                                                  | ↑                                                                                   | ↑↑                                                                                  | ↑↑↑                                                                                 |
| CVP              | ↔ or ↑                                                                            | ↔                                                                                  | ↔ or ↓                                                                              | ↔ or ↓                                                                              | ↓                                                                                   |
| PCWP             | ↔ or ↑                                                                            | ↔ or ↓                                                                             | ↔ or ↓                                                                              | ↓                                                                                   | ↔ or ↑                                                                              |
| MAP              | ↑                                                                                 | ↑                                                                                  | ↑                                                                                   | ↑↑                                                                                  | ↑↑                                                                                  |
| Total CPO        | ↔ or ↑                                                                            | ↑                                                                                  | ↑                                                                                   | ↑↑                                                                                  | ↑↑                                                                                  |
| PVA              | ↑                                                                                 | ↑                                                                                  | ↔ or ↓                                                                              | ↓↓                                                                                  | ↑↑                                                                                  |
| MVO2             | ↑                                                                                 | ↑                                                                                  | ↓                                                                                   | ↓↓                                                                                  | ↑↑                                                                                  |
| Sheath size      | NA                                                                                | NA                                                                                 | 7-8 French arterial                                                                 | 14 French arterial                                                                  | 15 – 17 French arterial<br>21-23 French venous                                      |

No effect on SpO2

No effect on SpO2

↑↑ SpO2

# Phenotype-based approach?



## CARDIOGENIC SHOCK

Inadequate cardiac output  
**PLUS**  
Clinical signs of hypoperfusion  
**AND/OR**  
Biochemical manifestations of hypoperfusion



**Few evidence-based data**

### AMI-CS

#### First-line therapy:

- ☞ Norepinephrine (if hypotension prevails)
- ☞ Dobutamine OR Milrinone OR Levosimendan (if CS «normotensive»)

#### Second-line therapy:

- ☞ Norepinephrine + Dobutamine/Levosimendan

### ADHF-CS

#### First-line therapy:

- ☞ Norepinephrine (if hypotension prevails)
- ☞ Dobutamine OR Milrinone OR Epinephrine + Sodium Nitroprusside OR Levosimendan (if CS «normotensive»)

#### Second-line therapy:

- ☞ Norepinephrine + Dobutamine/Levosimendan

### RV-predominant CS

#### First-line therapy:

- ☞ Norepinephrine (if hypotension prevails)
- ☞ Milrinone OR Levosimendan (if CS «normotensive»)

#### Second-line therapy:

- ☞ Norepinephrine + Milrinone/Levosimendan/Dobutamine

# Multi-parametric approach?

### Cardiogenic shock, general rules derived from AMI

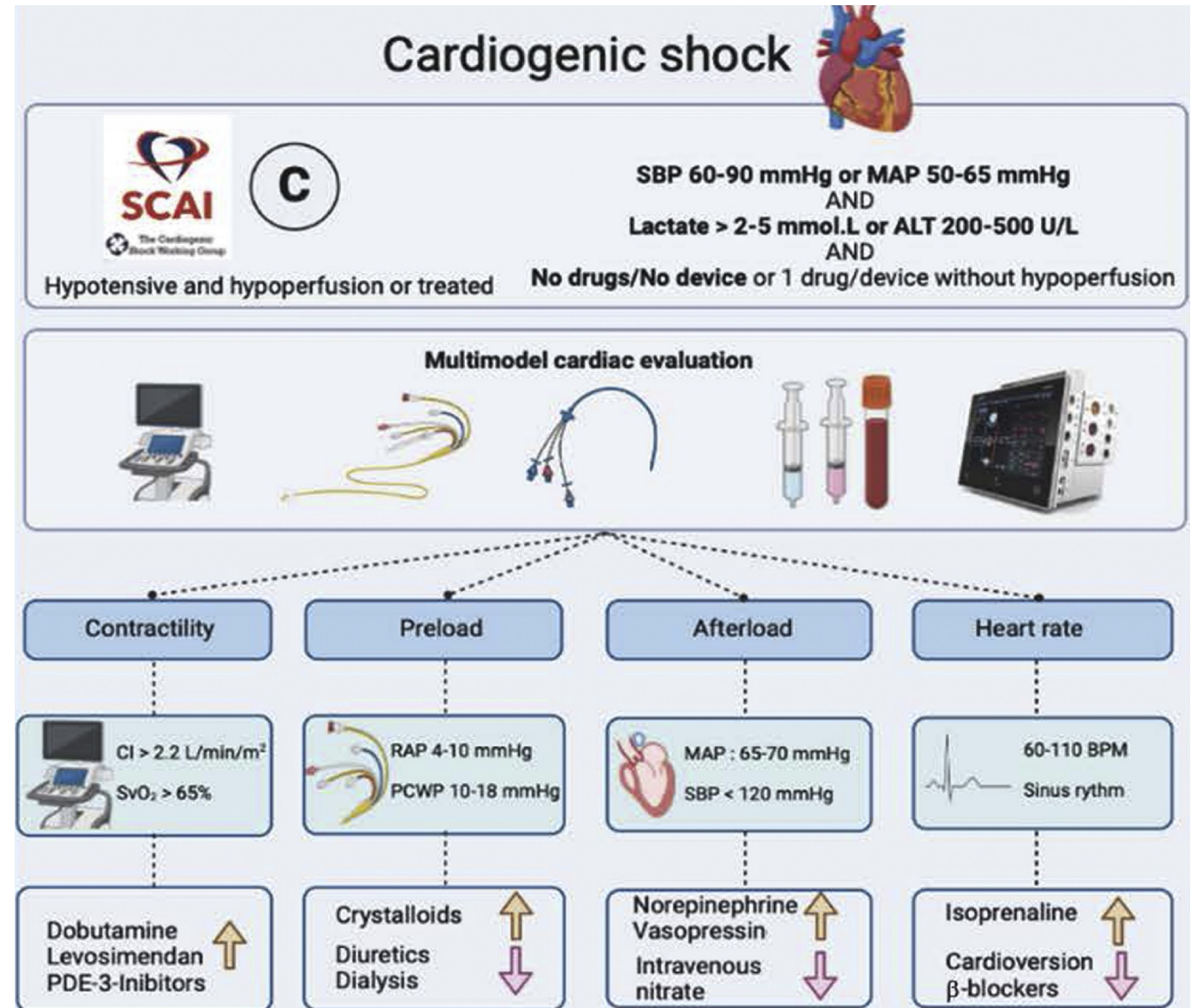
- Early revascularisation of the culprit artery
- Inotropic drugs (dobutamine) to target effective CO
- Consider vasopressors to target effective MAP
- Consider LV unloading (IABP) for mechanical complications of AMI in bridge to surgery

### Tako-Tsubo syndrome

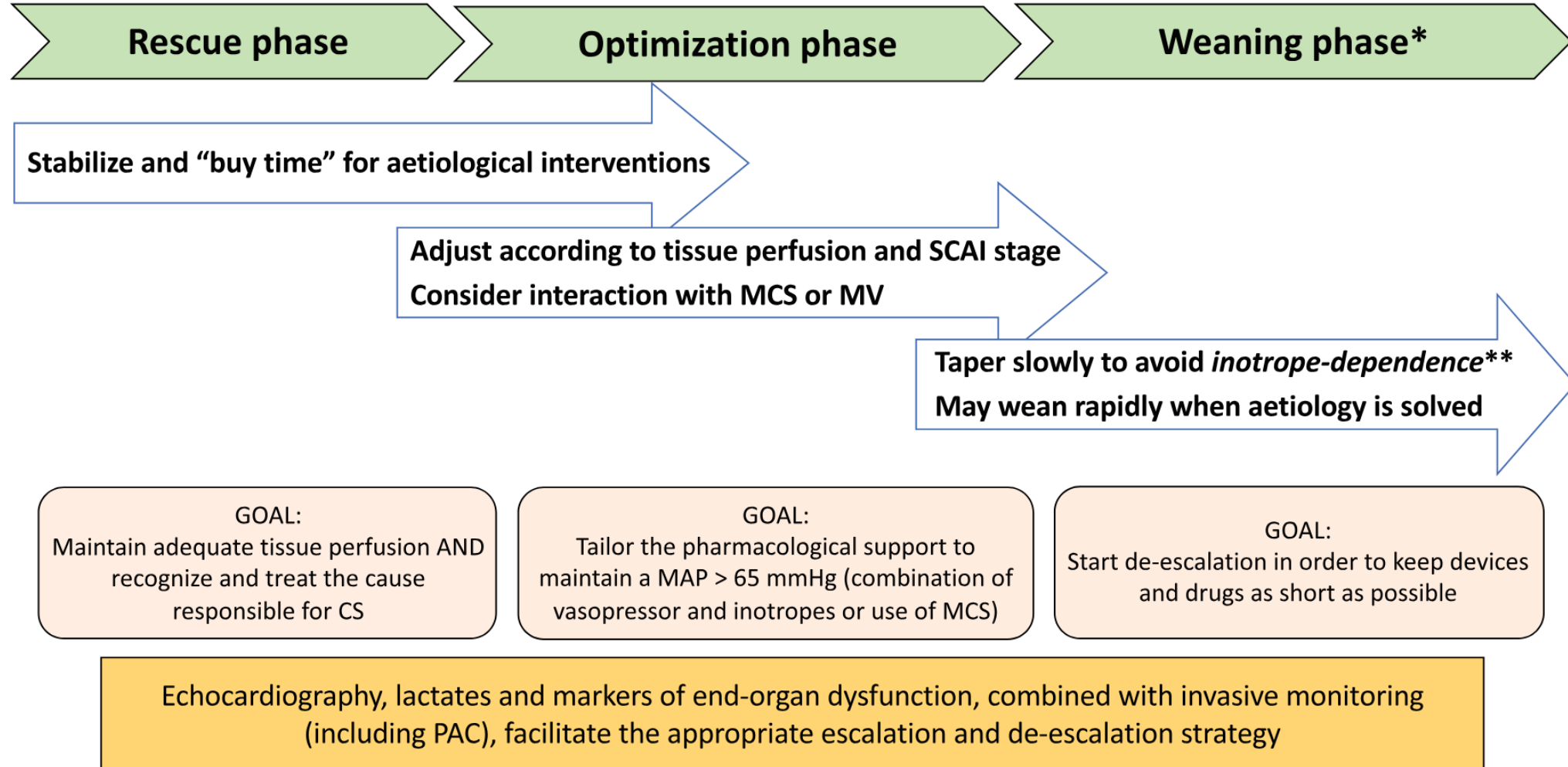
- Cessation of sympathomimetic drugs
- Consider non-adrenergic inotropic drug
- Identify LVOT obstruction
- $\beta$ -blockers

### Hypertrophic cardiomyopathy with LV obstruction

- Stop inotropic drugs
- Identify LVOT obstruction
- $\beta$ -blockers or verapamil
- Fluid challenge



# Multi-step tailored strategy

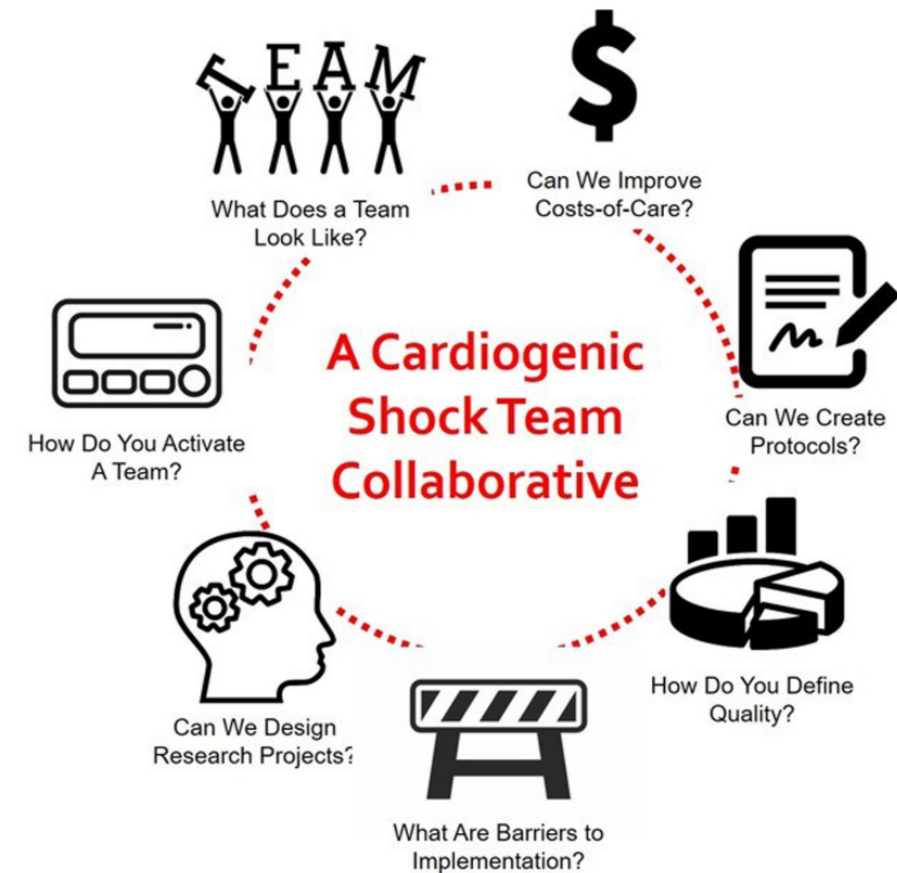


\*Dopa, Dob: 1 µg/kg/min per hour; NE: 0.1 µg/kg/min per hour

\*\*Worsening end-organ function, deteriorating hemodynamics, exacerbation of HF symptoms, or significant hypotension on attempted inotrope wean

# Strategy-based rather than drug-based approach?

- Develop and test a pharmacological care strategy (rather than compare 1:1 different single drugs)
- Develop and test a team-based comprehensive approach (shared decisions, drugs/MCS escalation/de-escalation)
- Develop and test different strategies based on patients' phenotype, hemodynamic/metabolic data, stage and trajectory
- Better define endpoints and therapeutic goals/needs



# Potential new targets/treatments

| Treatment                                   | Pathophysiology and benefits                                                                                                                                                        | Study population                                                                                                                                                                                                                       | Main results                                                                                                                                                                                 |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Adrecizumab<br>ACCOST HH <sup>[70]</sup>    | Endovascular chelation of adrenomedullin to enhance its vascular and myocardial protective effects                                                                                  | CS defined as low SBP + clinical pulmonary congestion + organ dysfunction (lactate, oliguria, altered mental status, clammy skin and limbs) Exclusion criteria: cardiac arrest with CPR >60 min, sustained bradycardia or tachycardia. | On day-30, number of days free from any CV support (vasopressor, inotropes, mechanical circulatory support) Failed to improve CV support free survival days.                                 |
| OM ATOMIC<br>HF <sup>[74,75]</sup>          | Cardiac myosin activator. Increases systolic ejection time and inotropism without increasing MVO <sub>2</sub>                                                                       | Elevated BNP/NTBNP and reduced LVEF and dyspnea refractory to IV loop diuretics<br>Exclusion criteria: eGFR <20 mL/min/m <sup>2</sup> , stenotic valvular disease, recent AMI (<30 day), uncontrolled blood pressure                   | Primary outcome: dyspnea relief after OM infusion vs. placebo. Only the highest dose (targeting blood concentration ≈ 310 ng/mL) improved dyspnea relief at 48 h                             |
| iDPP3                                       | Increased DPP3 found in CS DPP3 injection in murine models induces myocardial depression Murine model of isuprel induced heart failure, injection of iDPP3 resolve cardiac function | Pre-clinical studies only                                                                                                                                                                                                              | –                                                                                                                                                                                            |
| Istaroxime SEISMIC<br>trial <sup>[79]</sup> | Positive stimulation of SERCA Ca <sup>2+</sup> re-uptake and Na/K ATPase plasmatic membrane pump Increases inotropism and lusitropism without increased heart rate.                 | SCAI stage B pre-CS: acute HF + LVEF <40% + SBP <75–90 mmHg Exclusion criteria: recent AMI < 3 months; IV drugs; venous lactate >2 mmol/L; eGFR <30 mL/min/m <sup>2</sup> ; Tp° >38 °C; recent stroke.                                 | Primary outcome: AUC of SBP along the first 6 h of infusion was significantly higher in the Istaroxime group TTE ΔCO improvement: +0.2 L/min/m <sup>2</sup> Adverse events: nausea, vomiting |

# Available phase 2 trials on istaroxime

# Etiology-based management algorithms?

# Ongoing RCTs in CS

| Mechanical circulatory support |            |                                           |                                         |     |                                                                                                                                                      |                                           |
|--------------------------------|------------|-------------------------------------------|-----------------------------------------|-----|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|
| ECMO-RRT (NCT02870946)         | AMI and HF | VA-ECMO plus RRT                          | VA-ECMO only                            | 362 | Mortality at 30 days                                                                                                                                 |                                           |
| HEMO-ECMO (NCT03729763)        | AMI and HF | VA-ECMO plus hemoperfusion                | VA-ECMO                                 | 60  | Change in IL-6 level at 3 days                                                                                                                       |                                           |
| ANCHOR (NCT04184633)           | AMI        | VA-ECMO plus IABP                         | Best medical therapy                    | 400 | Mortality or VA-ECMO at 30 days                                                                                                                      |                                           |
| UNLOAD-ECMO (NCT05577193)      | AMI and HF | VA-ECMO plus Impella CP                   | VA-ECMO                                 | 198 | Mortality at 30 days                                                                                                                                 | Lactate level >5 mmol/liter for inclusion |
| ULYSS (NCT05366452)            | AMI        | Impella CP                                | Best medical therapy                    | 204 | Either composite of all-cause death, ECMO, LVAD, or heart transplantation at 30 days                                                                 |                                           |
| RECOVER IV (NCT05506449)       | AMI        | Impella CP                                | Best medical therapy including IABP     | 558 | Mortality at 30 days                                                                                                                                 | Stopped early for safety                  |
| ICONE (NCT05699003)            | AMI and HF | Individualized transfusion during VA-ECMO | Conventional transfusion during VA-ECMO | 138 | Total number of PRBCs transfused during support, adjusted for VA-ECMO duration                                                                       |                                           |
| REMAP ECMO (NCT05913622)       | AMI and HF | VA-ECMO plus IABP                         | VA-ECMO                                 | 430 | Successful weaning from VA-ECMO at 30 days                                                                                                           | Bayesian analysis, adaptive design        |
| Transcatheter interventions    |            |                                           |                                         |     |                                                                                                                                                      |                                           |
| MINOS (NCT05298124)            | AMI and HF | M-TEER                                    | Best medical therapy                    | 144 | Composite of in-hospital death from any cause, cardiac transplantation, implantation of durable LVAD, or discharge with palliative inotropic therapy | Mitral regurgitation grade 3+ or 4+       |
| RESCUE-SHOCK (NCT05527717)     | AMI        | Immediate multivessel PCI with VA-ECMO    | Culprit-lesion only PCI with VA-ECMO    | 560 | Composite of death from any cause, LVAD, or heart transplantation at 90 days                                                                         |                                           |

| Inotropes, vasopressors, and hemodynamic agents |              |                                                   |                      |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                        |
|-------------------------------------------------|--------------|---------------------------------------------------|----------------------|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| LevoHeartShock (NCT04020263)                    | AMI and HF   | Levosimendan                                      | Placebo              | 610 | Composite of death from any cause, VA-ECMO, or dialysis at 30 days                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                        |
| CAPITAL DOREMI-2 (NCT05267886)                  | AMI and HF   | Dobutamine or milrinone                           | Placebo              | 346 | Composite of in-hospital death from any cause and the occurrence of any of the following ≤12 hr after start of intervention: <ul style="list-style-type: none"><li>Sustained hypotension (MAP ≤55 mm Hg) or sustained use of high-dose vasopressors</li><li>Lactate level &gt;3.5 mmol/liter at 6 hr or thereafter</li><li>Need for MCS</li><li>Atrial or ventricular arrhythmia leading to emergent electrical cardioversion</li><li>Cardiac arrest</li></ul> | SCAI shock C or D                                                                      |
| NorShock (NCT05168462)                          | AMI          | MAP ≥55 mm Hg                                     | MAP ≥65 mm Hg        | 776 | Composite of death from any cause and severe renal failure leading to renal replacement therapy                                                                                                                                                                                                                                                                                                                                                                |                                                                                        |
| PACCS (NCT05485376)                             | HF           | PAC                                               | No PAC               | 400 | In-hospital mortality                                                                                                                                                                                                                                                                                                                                                                                                                                          | Lactate level >2 mmol/liter                                                            |
| Systemic approaches and antiplatelet agents     |              |                                                   |                      |     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                        |
| DAPT-SHOCK (NCT03551964)                        | AMI          | Cangrelor plus DAPT with ticagrelor               | DAPT with ticagrelor | 605 | Laboratory end point, platelet reactivity index; clinical end point, MACE                                                                                                                                                                                                                                                                                                                                                                                      | Primary laboratory end point met; primary clinical end point not met                   |
| DOBERMANN (NCT05350592)                         | AMI preshock | Tocilizumab or dobutamine (or both)               | Placebo              |     | Pro-B-type natriuretic peptide plasma concentration <48 hr                                                                                                                                                                                                                                                                                                                                                                                                     | 2×2 factorial design; patients with preshock, no overt cardiogenic shock; double-blind |
| COCCOA (NCT03773822) — Completed                | AMI and HF   | Combination of hydrocortisone and fludrocortisone | Placebo              | 380 | Free of corticosteroid therapy at day 7                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                        |

# Hemo-Metabolic Shock has a Poor Prognosis

Treat Shock Before Metabolic Failure Begins

Time from Onset of Cardiogenic Shock

Hemodynamic Shock

GFR > 47 ml/min  
Non-Mixed LFT Profile  
36% patients (50/140)

Lactates < 4 mmol/L

27%

The  
Door to Support  
Time

Hemometabolic Shock

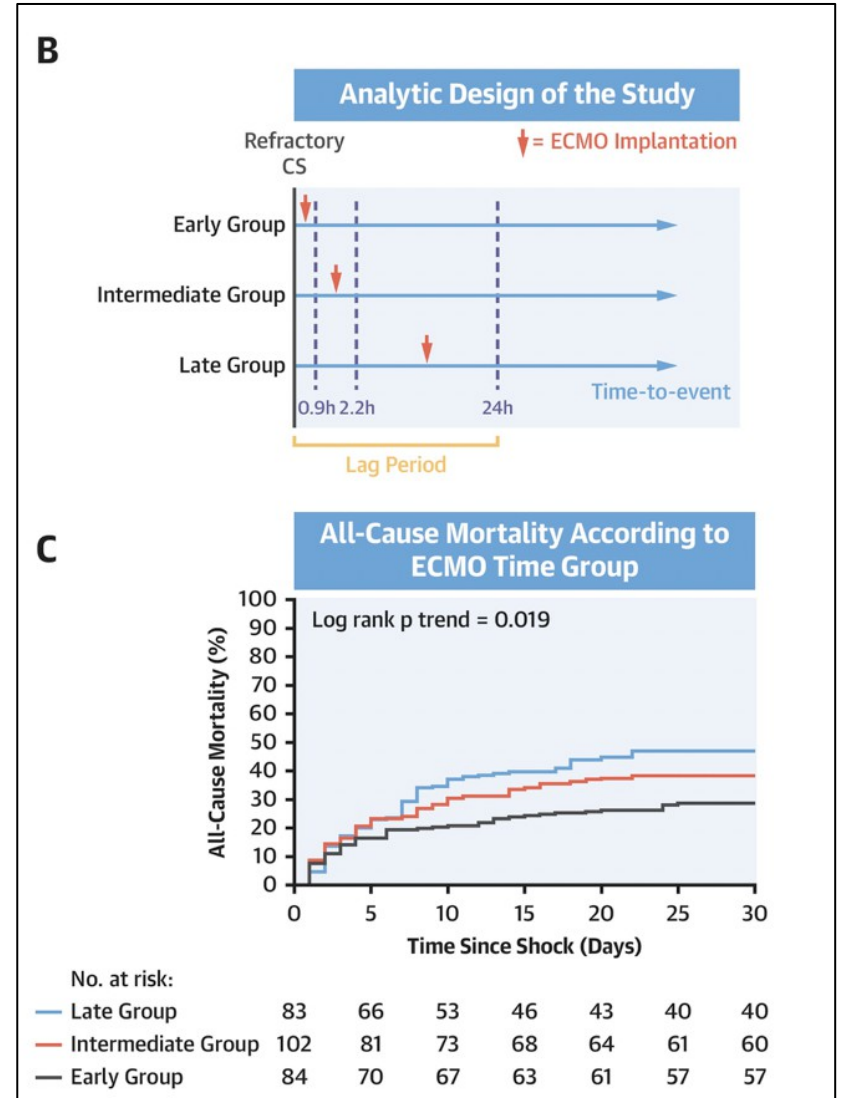
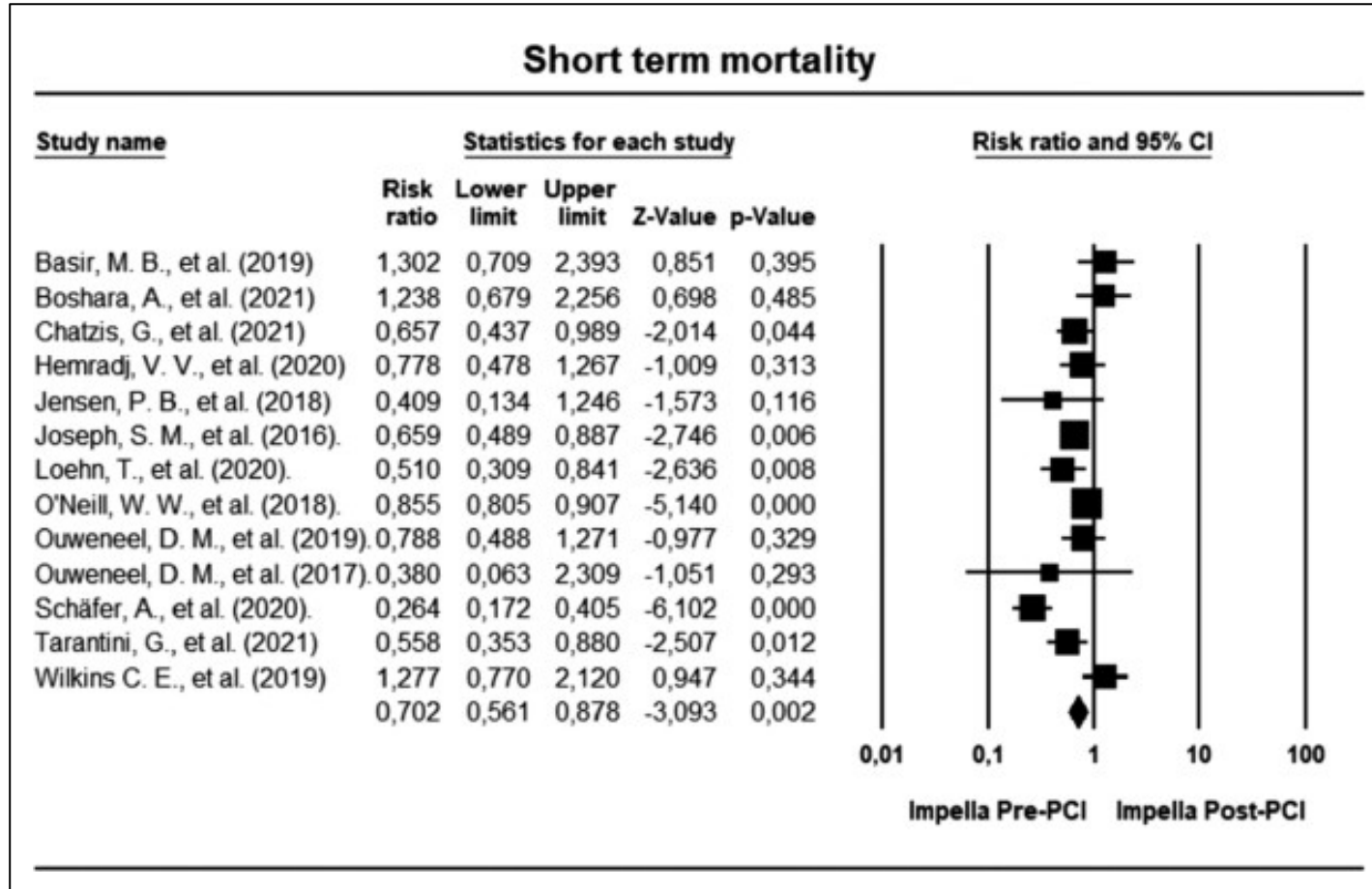
GFR ≤ 47 ml/min  
Mixed LFT Profile  
30% patients (42/140)

Lactates > 4 mmol/L

71%

In Hospital Mortality

# Timing of Intervention

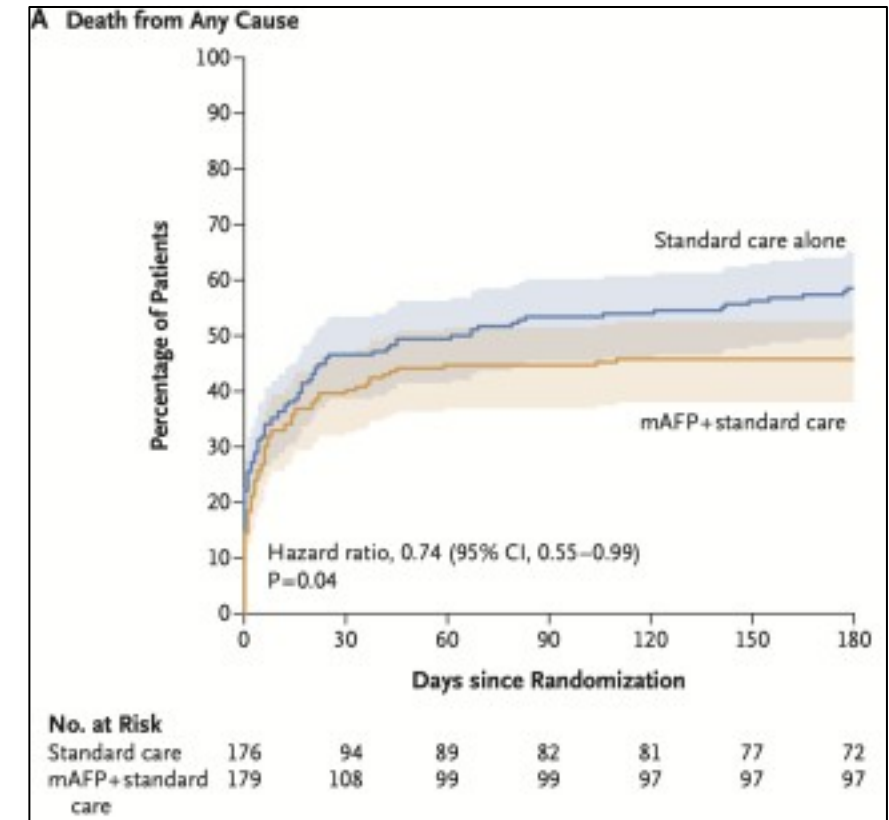


# Timing of Intervention (II)

| Management                                                                                       | Microaxial Flow Pump<br>plus Standard Care<br>(N = 179) | Standard Care<br>Alone<br>(N = 176) |
|--------------------------------------------------------------------------------------------------|---------------------------------------------------------|-------------------------------------|
| <b>Revascularization</b>                                                                         |                                                         |                                     |
| PCI — no. (%)                                                                                    | 171 (95.5)                                              | 172 (97.7)                          |
| Non-culprit vessel PCI — no./no. of patients with multivessel disease (%)                        | 59/127 (46.5)                                           | 55/129 (42.6)                       |
| Immediate CABG — no. (%)                                                                         | 1 (0.6)                                                 | 4 (2.3)                             |
| Median time from admission to balloon inflation (IQR) — min                                      | 58 (36–114)                                             | 45 (31–81)                          |
| <b>Mechanical circulatory support</b>                                                            |                                                         |                                     |
| Placement of Impella CP device — no. (%)†                                                        | 170 (95.0)                                              | 3 (1.7)                             |
| Randomization occurred before PCI and microaxial flow pump placed before PCI — no./total no. (%) | 84/99 (84.8)                                            | 3/3 (100)                           |
| Median time from randomization to placement of microaxial flow pump (IQR) — min                  | 14 (8–29)                                               | 15 (8–31)                           |

## ORIGINAL ARTICLE

### Microaxial Flow Pump or Standard Care in Infarct-Related Cardiogenic Shock



# Conclusions

1. Cardiogenic shock represents a complex clinical condition characterized by a common definition but varying diagnostic criteria.
2. Accurate identification of **CS etiology, clinical/hemodynamic phenotype, stratification, and risk modifiers** is essential to determine which patients will most likely benefit from an interventional approach.
3. In **SCAI Stage B**, the “B” stands not for *benign*, but for *beginning*—a stage that is **not clinically stable or safe** (*strict monitoring*).
4. When **percutaneous mechanical circulatory support** is indicated, **early initiation is critical** to stop or reverse the progression from **cardiogenic shock to hemo-metabolic shock**.

**Thanks for your attention!**